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VOLUME 12 ISSUE 12

Silver Sky Assisted Living

NEVADA HAND

COMMUNITY NEWS

July 2019

FUN FACTS ABOUT INDEPENDENCE DAY

On this federal holiday, marking the Colonies' adoption of the Declaration of Independence on July 4, 1776, which declared independence from Great Britain and its king, we will share some fun facts about this historic day. Everyone is already familiar with the fireworks, parades, barbeque and festivities like picnics, fairs, concerts and parties that take place on this day, but there are some things many people don't know about the Fourth.

- **1.** Congress made Independence Day an official unpaid holiday for federal employees in 1870. In 1938, Congress changed Independence Day to a paid federal holiday.
- 2. Only John Hancock actually signed the Declaration of Independence on July 4, 1776. All the others signed later.
- **3.** The Declaration of Independence was signed by 56 men from 13 colonies.
- The average age of the Signers of the Declaration of Independence was 45. The youngest was Thomas Lynch, Jr (27) of South Carolina. The oldest delegate was Benjamin Franklin (70) of Pennsylvania. The lead author of The Declaration, Thomas Jefferson, was 33.
- **5.** One out of eight signers of the Declaration of Independence were educated at Harvard (7 total).
- 6. The only two signers of the Declaration of Independence who later served as President of the United States were John Adams and Thomas Jefferson.
- **7.** The stars on the original American flag were in a circle so all the Colonies would appear equal.
- 8. The first Independence Day celebration took place in Philadelphia on July 8, 1776. This was also the day that the Declaration of Independence was first read in public after people were summoned by the ringing of the Liberty Bell.
- **9.** The White House held its first 4th July party in 1801.
- **10.** President John Adams, Thomas Jefferson and James Monroe all died on the Fourth. Adams and Jefferson (both signed the Declaration) died on the same day within hours of each other in 1826.
- **11.** Benjamin Franklin proposed the turkey as the national bird but was overruled by John Adams and Thomas Jefferson, who recommended the bald eagle.
- **12.** In 1776, there were 2.5 million people living in the new nation. Today the population of the U.S.A. is 316 million.
- **13.** Fifty-nine places in the U.S. contain the word "liberty" in the name. Pennsylvania, with 11, has more of these places than any other state. Of the 59 places nationwide containing "liberty" in the name, four are counties.

- 14. The most common patriotic-sounding word used within place names is "union" with 136. Pennsylvania, with 33, has more of these places than any other state.
- **15.** Fireworks are part of the tradition of celebrating this national holiday. The U.S. imported \$227.3 million worth of fireworks from China in 2012. U.S. exports of fireworks, by comparison, came to just \$11.7 million in 2012, with Israel purchasing more than any other country (\$2.5 million).
- **16.** In 2012, vast majority of imported U.S. flags (\$3.6 million) was made in China.
- Barbecue is also big on Independence Day. Approximately 150 million hot dogs and 700 million pounds of chicken are consumed on this day.
- Every 4th of July the Liberty Bell in Philadelphia is tapped (not actually rung) thirteen times in honor of the original thirteen colonies.
- **19.** Traditions place the origins of "Yankee Doodle" as a pre-Revolutionary War song originally sung by British military officers to mock the disheveled, disorganized colonial "Yankees" with whom they served in the French and Indian War. It is believed that the tune comes from the nursery rhyme Lucy Locket.
- **20.** The tune of the National Anthem was originally used by an English drinking song called "to Anacreon in Heaven." The words have nothing to do with consumption of alcohol but the "melody that Francis Key had in mind when he wrote those words did originate decades earlier as the melody for a song praise of wine."



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BIRTHDAYS... WELCOME... INFORMATION...

	Happy, Happy Birthday					
	Selma K.	7/5	Jo M.	7/16		
	Mary Ann B.	7/9	Bill B.	7/18		
at 2:30pm in the Dining Room . Birthday Cake & Musical Entertainment by Tommy & Susan						



TRIPS, TOURS AND SHOPPING

Mondays, Wednesdays & Fridays are Doctor Appointment Days Tuesdays & Thursdays Trips, Tours and Shopping

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Day	Date	Time	Location of Activity
Tuesday	2	9:00 - 11:30	Wal-Mart
		2:00 - 4:00	Wal-Mart
Thursday	4	0.00 11.20	
		9:00 - 11:30	No Outings due to Holiday
		2:00 - 4:00	
Tuesday	9	9:00 - 11:30	Wal-Mart
		2:00 - 4:00	The Bank / Post Office
Thursday	11	9:00 - 11:30	Nellen Tree
			Dollar Tree
		2:00 - 4:00	Smith's Grocery
Tuesday	16	9:00 - 11:30	Wal-Mart
		2:00 - 4:00	Wal-Mart
Thursday	18	9:00 - 11:30	Hobby Lobby / Barnes & Noble
		2:00 - 4:00	99 Cents Store / Sprouts Grocery
		9:00 - 11:30	Wal-Mart
Tuesday	23	2:00 - 4:00	TJ Maxx / Marshalls / JOANNs Fabrics & Crafts
Thursday	25	9:00 - 11:30	Breakfast at IHOP
		2:00 - 4:00	Rampart / Sun Coast Casino
Tuesday	30	9:00 - 11:30	Wal-Mart
		2:00 - 4:00	Wal-Mart

FRIED, BUT NOT FRENCH

July 13 is French Fries Day, but are these delicious fried potatoes actually French? Potatoes did not originate in Europe, but in South America. Spanish explorers brought them back to Europe, where they became beloved for their versatility, especially in France. Fried potatoes became a common street food in Paris—sold not as long fries but in chunks. It is said that Thomas Jefferson grew so fond of the food while acting as ambassador to France that he introduced fries to America via his kitchen in Monticello. It is in Belgium, however, that the history of *frites* began a

century before France's fried potatoes. Frites (pronounced *FRITS*) are so dear a food to Belgium that in 2014 the country petitioned UNESCO to make the frite the official symbol of its cultural heritage. So when did Belgian frites become French fries? The story goes that American soldiers marching through French-speaking Belgium during World War I discovered the fried potatoes. In the Americans' confusion, they dubbed the newfound food *French fries*.



ARE YOU A BELIEVER?

July 2 is World UFO Day. Whether you celebrate by watching reruns of *Star Trek* or hosting a sky-watching party in hopes of identifying an unidentified flying object, be sure to keep an open mind when considering that humans might not be alone in the universe.

There have been many recorded observations of strange flying objects throughout history, but it wasn't until 1947 that a UFO sighting captured the public imagination. Businessman Kenneth Arnold was flying a small plane near Mount Rainier in Washington when he spied nine objects flying together. He described them as looking "flat like a pie pan" and "saucer like." From his experience, the term *flying saucer* was born.

Did Arnold actually see an alien spaceship? The United States Air Force determined that Arnold saw a mirage. Yet in mid-1947, UFOs again captured the public's attention when a mysterious craft crash-landed at a ranch near Roswell, New Mexico. Representatives from the Roswell Army Air Field reported that the object was a high-altitude weather balloon, but the government has been accused of covering up an alien encounter ever since.

Is it just coincidence that the U.S. government began Project Sign in 1948? This project, conducted by the Air Force, was an investigation into UFO encounters in order to determine their veracity and whether or not any UFO was a

threat to national security. The program lasted for 20 years and concluded that an alien UFO had never been observed. It seems that the public had to wait until 2017 before a Navy pilot, Retired Commander David Fravor, came forward with his firsthand account of what he believes was an alien UFO. Fravor was on a routine training mission off the coast of California in November of 2004 when a 40-foot-long wingless object, like a giant Tic Tac, sped past him. When asked to recall his experience, Fravor said, "I think it was not from this world."



WHAT'S HAPPENING IN YOUR COMMUNITY

Stay active this summer! SilverSneakers Fitness & Exercise Class is held every Tuesday & Thursday



Paint & plant w/ CareMore





Keep an eye out for the next Jewelry & Beading class!

GET TO KNOW YOUR NEIGHBOR MAGGIE W.



"People Person"

Maggie was born in New York City and grew up in the Bronx. She spent 30 years in New York before moving to Huntington Beach in Southern California with her husband. Maggie and her husband owned a ServiceMaster franchise and spent many years helping people recover from fire and water damage in their homes. That's where Maggie honed her skills in assessing people's needs and helping them to meet the needs.

Although the work was fulfilling and provided time for other interests and personal growth, Maggie's favorite job was driving a NYC cab for two years! Maggie thought the job was fascinating and it afforded her the opportunity to meet many people from all walks of life and from all over the world. Maggie drove a cab for two years during the day shift at a time when there were very few female drivers. She kept up with the best... following fire trucks and driving

on sidewalks if necessary to get around traffic jams! Being a woman and at the time, driving into unsafe neighborhoods did not deter Maggie although she followed all of the tips of the trade to be safe. One lesson Maggie learned while driving the cab was that the rich passengers often tipped less well than the non-rich. One her best tips was from a man and his German Shepherd who gave Maggie a \$10 tip on a \$4 ride as he said that no other cab driver would pick him up with a dog, which brings us to Maggie's love of animals.

Maggie has always loved animals and has had many throughout her life. At one time, while living in Big Bear, CA, Maggie had 3 dogs and 4 cats! Today, Maggie is the mother to Daisy and Lobo. Daisy is an eight-year-old three-legged cat that she rescued as a kitten and Lobo is a fourteen-year-old cat that she's also had since he was a kitten. Maggie was active in cat rescue for 12 years in Las Vegas.

Maggie made her way to Las Vegas to live with her only sibling, a younger brother. They bought a house together and lived there for many years before Maggie moved to Silver Sky in December of 2018. As a relatively new resident, Maggie is involved and is currently President of the Resident Council committee. Maggie believes in a "we presidency" where the residents can accomplish more as a team than any one individual.

As she did while working, Maggie enjoys seeing needs and helping people meets those needs. In addition to the Council, Maggie enjoys playing poker and Mexican Train (a dominoes game) at Silver Sky. Maggie's brother also visits often and she's happy for their time together. Maggie's words to live by are "let go and let God". Maggie "loves this place [Silver Sky] and the people". Maggie cares deeply about people and it shows.



RELIGIOUS SERVICES

Wednesdays	2:30pm	Torah Class w/ Rabbi Chaiton (Every Other Wednesday/AR)
Thursdays	2:00pm	Catholic Services & Communion w/ Joe or Ray (TH)
Saturdays	10:00am	Prayer Group & Communion w/ Jenny (TH)
Sundays	10:00am	Bible Study w/ Resident Judy (AR)

INDEPENDENCE DAY



WHO'S WHO AT YOUR COMMUNITY

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Robert Colbert, RN, RFA - Vice President Assisted Living Mike Trail, CPhT, RFA - Administrator Jeanne Koester, RN - Director of Wellness Joe Leininger - Executive Chef Sabrina Severson - Medication Care Specialist Barbara Phillips - Activity Coordinator Karen Rodriguez - Activity Specialist Jorge Reyes - Dining Services Coordinator Jose Monroy - Lead Facilities Technician Yvonne Vera & Lisa Cecere - Receptionist Crystal Johnson - Transportation Office Hours: Monday - Sunday 8:00AM - 6:00PM If you have any questions, Please call or come by, (702) 835-9040 8220 Silver Sky Dr. Las Vegas, NV 89145



Resident Council Is the Last Monday of the month at 2:00PM (MR)

