

# DeVille

Apartment Builders Inc.



June 2016

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Saving on Summer travel

Movie previews and more!

## LifeStyle

4811 Whipple Avenue NW Suite 101 • Canton, OH 44718

### Happening in June...

**National Zoo and Aquarium Month.** Summer is a great time to explore your local zoo and aquarium and enjoy the wonders of the animal and aquatic kingdoms. Go to the Association of Zoos and Aquariums website for a collection of links to their accredited zoos and aquariums.

**National Cancer Survivors Day, June 5.** A celebration of life for cancer survivors, their friends, family members, and medical professionals.

**Flag Day, June 14.** This day commemorates the adoption the Stars and Stripes as the national flag by the Continental Congress in 1777.

**Father's Day, June 19.** Send a card, make a call, visit—and honor fathers everywhere for their role in raising children.

**Summer Solstice, June 21.** An instant in time when the Earth's axial tilt is most inclined toward the sun in the northern hemisphere, and when summer traditionally begins.

### National Sun Safety Week: June 5-11

Practice sun safety this week and all year round to protect your skin and eyes. For example: Beware of sunburn, which increases your risk of developing skin cancer. Check your local UV Index for important information to help you plan your outdoor activities and prevent overexposure to the sun. The UV Index forecast is issued each afternoon by the National Weather Service and EPA.

### How to Save on Travel Costs

- Buy your tickets six weeks or more in advance. Or wait until the last minute and check you favorite airline's costs on twitter.
- Don't forget baggage costs. A cheap ticket may not be worth it if your family has to pay for five or six bags. Southwest and JetBlue allow at least one free checked bag per passenger.
- According to Family Circle, if you reserve your hotel room through Tingo.com (part of Smarter Travel Media, a Trip Advisor company), your reservation will get automatically rebooked at a lower rate if the hotel drops its prices, and you'll be refunded the difference.
- Bid for a vehicle through Priceline or Hotwire, which both use major car rental companies, or browse Breezenet.com.

### Know Your ABZZZ's

Have you ever found going to sleep impossible due to noises coming from a neighboring apartment? Please practice the "Golden Rule" by not slamming doors and by keeping TV, stereo and conversation levels within the confines of your own home. Your neighbors will be happy and we appreciate your consideration!

### Summertime and the Living is Easy!

We are pleased to welcome all of our new residents to DeVille Apartments! We're so happy you've chosen our community to call home. If there is anything we can do to make your stay more enjoyable, please don't hesitate to contact us!

#### YOUR COMMUNITY STAFF

##### Chalet DeVille

330-492-8650

##### Chateau DeVille

330-834-1396

##### DeVille Northgate

330-492-8650

##### DeVille Regency

330-492-8650

##### DeVille Village

330-834-1396

##### DeVille Grandeur

330-834-1396

##### Fontaine DeVille

330-488-1051

##### Little Williamsburg

330-488-1051

##### London Square

330-477-6717

##### Perry Hills Colony

330-478-2246

##### Woodlawn Village

330-478-1467

#### OFFICE HOURS

Monday	8:00 am–6:00 pm
Tuesday	8:00 am–7:00 pm
Wednesday	8:00 am–6:00 pm
Thursday	8:00 am–7:00 pm
Friday	8:00 am–6:00 pm
Saturday	9:00 am–3:00 pm
Sunday	Closed

#### CONTACT DIRECTORY

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# How to Love Running (or Trick Yourself Into Loving It)

By Sari Beth Rosenberg

**H**ave you ever watched runners glide past you and wonder how they get the motivation to do it—and look so gleeful at the same time? Here are some tips on how you can make running as fun and painless as possible, too.

**1. Use the buddy system.** Partner with a friend, and you'll be more likely to get motivated to hit the road. Just be sure to pick someone who is on the same wavelength as you. In other words, if you are not a morning person, don't run with that "early bird catches the worm" friend.

**2. Turn it up.** There is nothing like a running playlist to distract you from the fact that you're running. If you don't have time to make your own special mix, get to clicking: Apple Music and Spotify have running playlists for every mood and music genre. If you have a favorite instructor at your gym, ask her if she's made any playlists she can share.

**3. Get "lit."** If you want to learn and run at the same time, listen to a podcast or audiobook. Or, catch up on your reading list while running, by downloading an audiobook app, and "reading" on the run.

**4. Break it Down:** Sure, running can have a meditative effect, but sometimes you can't help but to count down the minutes until you're done. Battle boredom by alternating sprinting with jogging intervals. The added bonus: Studies show you can burn more fat with high intensity interval training vs. a long, slow run.

**5. Get Insta-spired:** Follow running-related Instagram accounts for instant inspiration. Some favorites: @lolojones, @karagoucher, @shalaneflanagan, @instarunners, and @runnersayings.



By Michelle Seitzer

## 3 Ways to Save on Summer Travel

With Memorial Day behind us, there's no time like the present to start planning your summer vacation. Land the best deals for your sunny season adventures with these unconventional tips.

**1. Think outside the (calendar) box.** A Saturday morning or afternoon flight seems to be the desirable choice when you're factoring in time off from work. However, to avoid crowds, potential delays, and higher rates, choose an off-peak day and departure time.

**2. Plan ahead—or procrastinate!** Planning ahead is typically the best way to save, but sometimes, it's worth waiting for last-minute travel deals if you have the luxury of being able to plan on the fly.

**3. Be social.** Is there an airline you love? A hotel chain with a stellar track record for customer service and pleasant stays? Follow their social media accounts for the inside scoop on special offers, package deals, and other travel perks.



## How to Redecorate on the Cheap

By Melissa A. Kay

Is it time to freshen up your home? These inexpensive ideas will help reinvent your space fast.

**Get Snappy with Seating.** New sofas and chairs can infuse life into a ho-hum home, but they can also be pricey. Instead, add throw pillows to the couch, layer blankets over armrests, and place cushions on chairs. Visit a discount shop for fabric to tie over the backs of chairs and change the color palate each season.

**Find Some Artsy Treasure** If your walls are bare, cover them with low-cost finds from garage sales, art festivals, and art schools. Get frames from discount stores and let the artwork shine through. Yard sales feature "another man's trash," but these trinkets could be perfect for you. Showcase them on shelves and windowsills. When it comes to vases, the cheaper the better, since the flowers are the true beauties. Use empty wine bottles as vases for recycling with purpose!





**FINDING DORY** reunites everyone's favorite forgetful blue tang, Dory (**Ellen DeGeneres**), with her friends Nemo (**Hayden Rolence**) and Marlin (**Albert Brooks**) on a search for answers about her past. What can she remember? Who are her parents? And where did she learn to speak Whale?



**CENTRAL INTELLIGENCE** The story follows a one-time bullied geek who grew up to be a lethal CIA agent (**Dwayne Johnson**), coming home for his high school reunion. Claiming to be on a top-secret case, he enlists the help of the former "big man on campus" (**Kevin Hart**), now an accountant who misses his glory days. But before the staid numbers-cruncher realizes what he's getting into, it's too late to get out, as his increasingly unpredictable new friend drags him through a world of shoot-outs, double-crosses and espionage that could get them both killed in more ways than he can count.

**FREE STATE OF JONES** **Matthew McConaughey** stars as a defiant Southern farmer, Newt Knight, who leads an armed rebellion against the Confederacy. Banding together with other small farmers and local slaves, Knight launched an uprising that led Jones County, Mississippi to secede from the Confederacy, creating a Free State of Jones. Knight continued his struggle into Reconstruction, distinguishing him as a compelling, if controversial, figure of defiance long beyond the War.

**INDEPENDENCE DAY RESURGENCE** We always knew they were coming back. After Independence Day redefined the event movie genre, the next epic chapter delivers global spectacle on an unimaginable scale. Using recovered alien technology, the nations of Earth have collaborated on an immense defense program to protect the planet. But nothing can prepare us for the aliens' advanced and unprecedented force. Only the ingenuity of a few brave men and women can bring our world back from the brink of extinction. **Jeff Goldblum, Liam Hemsworth, Vivica A. Fox** and **Judd Hirsch**, star.

**THE SHALLOWS** In this taut thriller, Nancy (**Blake Lively**) is surfing alone on a secluded beach when she is attacked by a great white shark and stranded just a short distance from shore. Though she is only 200 yards from her survival, getting there proves the ultimate contest of wills. It's Jaws for a new generation.

**GENIUS** **Colin Firth** and **Jude Law** star in this drama about the complex friendship and transformative professional relationship between the world-renowned book editor Maxwell Perkins (who discovered F. Scott Fitzgerald and Ernest Hemingway) and the larger-than-life literary giant Thomas Wolfe. **Guy Pearce, Nicole Kidman** and **Laura Linney** also star.

**NOW YOU SEE ME 2** The Four Horsemen (**Jesse Eisenberg, Woody Harrelson, Dave Franco, Lizzy Caplan**) return for a second mind-bending adventure, elevating the limits of stage illusion to new heights and taking them around the globe. One year after outwitting the FBI and winning the public's adulation with their Robin Hood-style magic spectacles, the illusionists resurface for a comeback performance in hopes of exposing the unethical practices of a tech magnate. The man behind their vanishing act is none other than Walter Mabry (**Daniel Radcliffe**), a tech prodigy who threatens the Horsemen into pulling off their most impossible heist yet. Their only hope is to perform one last unprecedented stunt to clear their names and reveal the mastermind behind it all.

#### NEW ON DVD & BLU-RAY

June 7	Daddy's Home
June 7	13 Hours: The Secret Soldiers of Benghazi
June 7	Hail, Caesar!
June 7	Zootopia
June 14	London Has Fallen
June 21	My Big Fat Greek Wedding 2
June 28	Kung Fu Panda 3

Release dates subject to change without notice.



# Just for laughs



"Must have been an old can of alphabet soup. No spell checker."



"Will this job require me to look up from my phone?"



"You're not retaining water. You're retaining cookies and ice cream and pizza..."

# June 2016

			wednesday	thursday	friday	saturday
			1	2	3	4
			Rent Due	National Bubba Day	National Doughnut Day	
sunday	monday	tuesday	8	9	10	11
5	6	7	Best Friends Day		Iced Tea Day	
Cancer Survivors Day	Drive-In Movie Day					
12	13	14	15	16	17	18
Race Unity Day		Flag Day	Smile Power Day		Flip-Flop Day	World Juggling Day
		Pause for the Pledge Day				
19	20	21	22	23	24	25
Father's Day			Stupid Guy Thing Day	Let it Go Day	Swim a Lap Day	Global Beatles Day
Happy Father's Day!	American Eagle Day	World Music Day				
26	27	28	29	30		
	Sunglasses Day	Insurance Awareness Day		Social Media Day		