

4811 Whipple Avenue NW Suite 101 • Canton, OH 44718

## Happening in October...

National Cyber Security Awareness Month. National Cyber Security Awareness Month is designed to engage and educate public and private sector partners with events and initiatives aimed at raising awareness about cyber security and increasing the resiliency of the nation in the event of a cyber incident.

International Music Day, Oct. 1. Initiated in 1975 by Yehudi Menuhin to encourage and foster musical diversity worldwide.

World Teachers' Day, Oct. 5. Celebrating the dedication and commitment of the world's teachers, and spotlighting the shortage of teachers needed to achieve the goal of universal primary education by 2030.

Day of the Girl, Oct. 11. Established by the United Nations to "help galvanize worldwide enthusiasm for goals to better girls' lives, providing an opportunity for them to show leadership and reach their full potential."

Halloween, Oct. 31. Trick or treat!

## Carve Out Some Time for Family Fun

One pleasant way to spend a day in October is to carve Halloween pumpkins with your family. Here are some tips on carving the perfect jack-o-lantern:

- Draw a pattern for the pumpkin face on a piece of paper.
- Trace your design onto the pumpkin's exterior.

• Cut into the top of the pumpkin at a 45-degree angle to create a "ledge" that won't allow the top to fall back inside when you place it back on.

• Scoop out the seeds and insides of the pumpkin, leaving about one inch in thickness.

• Slice out the pattern, working from the center of the design outward. Cut the larger areas in chunks to make them easier to remove.

## Warmest October Wishes

Whether you choose to celebrate this October by dressing up in a costume, decorating your home with warm, fall colors or just love to watch the leaves change color...we wish you all the best of the season. If you have any questions or comments regarding your home, please stop by the Management Office. We're always glad to see you and are available if you should need assistance.

## **Test Your Street Smarts IO**

October is National Crime Prevention Month and it's the perfect time to see how street savvy you are. Ask yourself the following questions. Do you: • Jog or walk by yourself early in the morning or late at night when the streets are quiet or deserted? • Stuff your purse with cash, keys, credit cards, checkbook-and then leave it wide open on a counter, a desk, the floor? Put your wallet in a jacket, which you then hang up or throw over a chair? • Let your mind wander-thinking about your job, or all the things you have to do-when walking or driving? • Think it's a waste of time to lock your car when you'll be back in a few minutes?

If you answered "yes" to any question, you need to change a few habits. Stay alert and use common sense to stay safe!



### October 2015 Inside this issue

Tips for blending two families How to stash some cash Movie previews and more!

# Lifest

#### **YOUR COMMUNITY STAFF**

**Chalet DeVille** 330-492-8650 **Chateau DeVille** 330-834-1396 **DeVille Northgate** 330-492-8650 **DeVille Regency** 330-492-8650 **DeVille Village** 330-834-1396 **DeVille Grandeur** 330-834-1396 **Fountaine DeVille** 330-488-1051 **Little Williamsburg** 330-488-1051 **London Square** 330-477-6717 **Perry Hills Colony** 330-478-2246 **Woodlawn Village** 330-478-1467

#### **OFFICE HOURS**

Nonday	8:00 am-5:00 pm
Tuesday	8:00 am-6:00 pm
Nednesday	8:00 am-5:00 pm
Thursday	8:00 am-6:00 pm
Friday	8:00 am-5:00 pm
Saturday	9:00 am-3:00 pm
Sunday	Closed

**CONTACT DIRECTORY** 

**Corporate Office** (330) 492-8650 **Corporate Fax** 

(330) 492-8671 Website www.devilleapts.com **Corporate E-Mail** 

deville@devilleapts.com

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## Two families into one: How to make it work

Blending two families together is more and more common these days, but it remains a challenge for everyone involved. You may not be able to completely avoid the rough patches, but with some work (and these tips) you can ease the transition from two separate families into a single harmonious one:

• Exercise some patience. Let things develop gradually, not on demand. Trust takes time to build.

#### Develop new traditions.

They can be celebrations unique to your new family, like a special dinner during report-card season, or dessert in the living room.

#### • Don't ignore the past.

Encourage each other to share their family histories. The more people know about their new family members, the quicker they'll get to know and understand each other.

 Develop one-on-one relationships. Give some individual attention to each member of your new family. Developing relationships is most effective when done on a oneon-one basis.

• Give each child a special spot. Let your children have one place in the household they can call their own, even if it's merely one shelf in the bookcase. This allows each one to feel a sense of belonging.

• **Communicate.** Eat meals together, hold regular family meetings, and keep everyone talking as much as possible.

#### STASH SOME CASH

Looking for ways to save a little money? Here are a few quick ideas that don't require very much thought or effort:

• Empty your pockets. Stash all loose change in a jar or piggy bank. You'll probably bank more than a dollar a day.

• Use your coupons. Remember to use coupons only for the things you would normally buy. Take the money you saved and stash it away. This could add up to almost \$2 a day.

• Stash a dollar a wash. Whenever you do a load of laundry, put a dollar in a jar. Use the accumulated cash for laundry detergent and utility bills.



#### **STAY SAFE ON THE SCARIEST NIGHT OF THE YEAR**

Children and parents alike enjoy Halloween—the costumes, and the candy, and the chance to spend some time together. Just remember to keep your young trick-or-treaters safe as you go door to door. Here are some tricks for collecting treats without danger:

COSTUMES. Whether you buy your child a costume or make one, be sure it will be highly visible to cars and passersby. Bright colors and reflective tape will help youngsters show up on the dark streets.
SNACKS. Serve your kids dinner or a healthy snack (and eat something yourself) before going out. Children will be less likely to gorge themselves on the candy they collect if they're already full.

• **PROPS.** Masks are fun as long as they don't interfere with children's vision or obstruct their breathing when walking through the neighborhood. If their costumes include canes, toy swords, or any other sort of accessory, check that they're not too difficult to carry while walking or crossing the street.

• **ROUTE.** Decide on a clear and safe path through your neighborhood before you go out. Accompany small children, and discuss safety with older kids going out as a group. Give them flashlights and a cell phone, and carry those yourself.

• **INSPECTION**. Go through the bags before children eat anything, and get rid of any candy that looks suspicious. Don't let kids consume too many goodies at once—ration the candy out over a few days or weeks so they don't make themselves sick.

#### MOVIES



#### OCTOBER 2015 RELEASES

**THE MARTIAN** During a manned mission to Mars, Astronaut Mark Watney (**Matt Damon**) is presumed dead after a fierce storm and left behind by his crew. But Watney has survived and finds himself stranded and alone on the hostile planet. With only meager supplies, he must draw upon his ingenuity, wit and spirit to subsist and find a way to signal to Earth that he is alive. Millions of miles away, NASA and a team of international scientists work tirelessly to bring "the Martian" home, while his crewmates concurrently plot a daring, if not impossible rescue mission.

**LEGEND** The true story of the rise and fall of London's most notorious gangsters, Reggie and Ron Kray, both portrayed by **Tom Hardy** in a double performance. Legend is a classic crime thriller taking us into the secret history of the 1960s and the extraordinary events that secured the infamy of the Kray twins.



BIG STONE GAP Set in 1978, "Big Stone Gap" tells the story of the ever-ordinary Ave Maria Mulligan (Ashley Judd) who lives a simple life with her mother, runs the pharmacy, directs The Trail of the Lonesome Pine Outdoor Drama, and hopes that Theodore Tipton, her best friend and the high school band director will take their platonic friendship in a romantic direction. Ave Maria waits, and before she knows it, she turns 40. Now the old maid of Big Stone Gap, Ave Maria decides that happiness is for other people - that is, until a long-buried family secret throws her quiet life spectacularly offcourse. Whoppi Goldberg and Patrick Wilson also star.



BRIDGE OF SPIES A dramatic thriller set against the backdrop of a series of historic events, Bridge of Spies tells the story of James Donovan (Tom Hanks), a Brooklyn lawyer who finds himself thrust into the center of the Cold War when the CIA sends him on the near-impossible task to negotiate the release of a captured American U-2 pilot.

AUTOBAHN After a heist goes terribly wrong, Casey Stein (Nicholas Hoult) finds himself on the run from a ruthless gang headed by mob boss Hagen (Anthony Hopkins). Now Casey has precious cargo that belongs to Hagen, who will stop at nothing to retrieve it. Left with no choice, Casey calls his former employer and drug smuggler Geran (Ben Kingsley) to protect his long-time girlfriend Juliette before Hagen gets his hands on her. Casey sets out on an adrenaline-fueled car chase on the German highways to save the love of his life before it's too late.

GOOSEBUMPS After moving into a small town, Zach Cooper (Dylan Minnette) meets Hannah (Odeya Rush), his neighbor. Hannah's father R. L. Stine (Jack Black), who writes the Goosebumps stories, keeps all the monsters in the series locked up in his books. When Zach unintentionally releases the monsters from the books, the three team up in order to put the monsters back where they came from.

**STEVE JOBS** Set backstage at three iconic product launches and ending in 1998 with the unveiling of the iMac, Steve Jobs takes us behind the scenes of the digital revolution to paint an intimate portrait of the brilliant man at its epicenter.

**ROCK THE KASBAH Bill Murray** stars as Richie Lanz, a rock manager with a golden ear and a taste for talent, who has seen better times. When he takes his last remaining client on a USO tour of Afghanistan, she gets cold feet and leaves him penniless and without his passport in Kabul. While trying to find his way home, Richie befriends a band of misfits and discovers a young girl with an extraordinary voice. Against all odds, Richie will take his last shot at creating an unlikely superstar.

**BURNT** Chef Adam Jones (**Bradley Cooper**) had it all – and lost it. A two-star Michelin rockstar with the bad habits to match, the former enfant terrible of the Paris restaurant scene did everything different every time out, and only ever cared about the thrill of creating explosions of taste. To land his own kitchen and that third elusive Michelin star though, he'll need the best of the best on his side, including the beautiful Helene (**Sienna Miller**).

#### **NEW ON DVD & BLU-RAY**

10/2	Avengers: Age of Ultron
10/6	Insidious: Chapter 3
10/6	Magic Mike XXL
10/13	Dope
10/13	San Andreas
10/13	Tomorrowland
10/20	Jurassic World
10/20	Paper Towns
10/27	The Gift
10/27	Pixels
10/27	Southpaw
10/27	Max

## Halloween Fun: Yummy Mummy Madness

Eeek! Hosting a Halloween get-together doesn't have to be scary. With ghoulish party games, bowlfuls of candy, and an unexpected baked treat, a spooktacular party is a snap.

In addition to dressing up in a costume and trick-or-treating, Halloween party guests can have some fun helping out in the kitchen and preparing some cookies for the haunted holiday. Princesses, vampires and pirates alike can get creative by decorating their own Halloween treats, such as the Chocolate Mummy Cookie.

The Chocolate Mummy Cookie recipe uses a Betty Crocker cookie mix base, which makes the baking process quick and allows more time for decorating mummy with wrappings and frightening eyes. Or, if guests want to squeeze in more trick-or-treating than baking, cookies can be pre-baked and cooled, ready for the little ones to decorate.

If guests want to bring home some of the scare, these cookies also make great party favors. Hosts can slip each cookie into a clear bag, tie with a colorful ribbon and add a tag with a message like "Boo!"

Finally, carry out the mummy theme with a fun party game. Split up into teams and give each team a roll of toilet paper and

Courtesy of Family Features.

team should select one person to dress up as a mummy. The team that comes up with the most stylish, scary or creative mummy is the winner.

some props. Each

For more recipes and entertaining tips, including partyplanning ideas, visit

BettyCrocker.com.



#### Chocolate Mummy Cookies BettyCro

1 pouch Betty Crocker sugar cookie mix 2 tablespoons unsweetened baking cocoa 1/3 cup butter or margarine, softened 1 egg 1 container (1 pound) Betty Crocker Rich & Creamy vanilla frosting 12 small jellybeans, cut in half Betty Crocker black decorating gel

• Heat oven to 375°F. In medium bowl, stir together cookie mix and cocoa. Add butter and egg; stir until soft dough forms.

• On floured surface, roll dough to 1/4-inch thickness. Cut with 5-inch gingerbread man cutter. On ungreased cookie sheet, place 1 inch apart. Gather dough scraps; reroll until all dough is used.

 Bake 7 to 9 minutes or until cookies are just puffed and tops are dry. Cool 2 minutes; remove from cookie sheet to cooling rack. Cool completely, about 15 minutes.

• Spoon frosting into re-sealable freezer plastic bag; partially seal bag and cut 1/4inch hole in 1 bottom corner. Or, use decorating bag with flat tip with 1/4-inch wide opening.

• Gently squeeze bag to pipe frosting on cookies for bandages. Attach jellybeans for eyes; use black gel to make pupils in eyes. Store cookies in an airtight container, but avoid stacking. Makes 12 (5-inch) cookies.

Contraction of the				thursday	friday	saturday
Oct	tob	er2	015	] Rent Due	2 World Smile Day	3
sunday	monday	tuesday	wednesday			
4	5	6	7	8	9	10
National Taco Day	Day of Unity	Mad Hatter Day	You Matter to Me Day	World Octopus Day	Leif Erikson Day	National Handbag Day
11	12 Columbus Day	13	14	15	16	17
International Day of the Girl	Native American Day	Silly Sayings Day	Be Bald and Be Free Day	Get Smart About Credit Day	Black Poetry Day	National Pasta Day
18	19	20	21	22	23	24
National Chocolate Cupcake Day	Evaluate Your Life Day		Celebration of the Mind Day	Smart is Cool Day		Make a Difference Day
25	26	27	28	29	30	3] Halloween
Mother-in-Law Day	Lung Health Day	Cranky Co-workers Day	National Chocolate Day		Frankenstein Friday	Happy Halloween!