

# DeVille

Apartment & Builders Inc.

4811 Whipple Avenue NW Suite 101 • Canton, OH 44718

## Holiday Office Hours

Labor Day is Monday, September 5th and we hope everyone will be able to relax and enjoy the holiday with friends and family. The office will be closed for the day, so our staff can also have time to spend with their loved ones.

## Happening in September...

**Labor Day, Sept. 5.** Celebrate the American labor movement, and the social and economic achievements of workers everywhere.

**Patriot Day, Sept. 11.** A national day of Service and Remembrance in memory of the nearly 3,000 people killed in the September 11, 2001 attacks.

**National Grandparents Day, Sept. 11.** Send Grandma and Grandpa a card, call them, celebrate their lives.

**Pollution Prevention Week, Sept. 19-25.** Pollution Prevention Week highlights the efforts of the Environmental Protection Agency, its partners, and the public in making pollution prevention a cornerstone of sustainability. The best way to protect the Earth and its people is to stop creating pollution in the first place.

**Talk Like a Pirate Day, Sept. 19.** Avast, matey! This is the day to celebrate your inner Captains: Kidd, Hook, or Jack Sparrow.

**National Cholesterol Education Month.** More than 102 million American adults (20 years or older) have high cholesterol levels, but anyone can have high cholesterol, regardless of age. September is a good time to get your blood cholesterol checked, and take steps to lower it if it's high.

## It's Children's Good Manners Month

September is designated as the month for children to learn good manners and practice using them. If you have children, you can teach them important lessons by giving them tips about respecting property while they play in the community. Sometimes it's helpful to remind children that everything belongs to someone, even sidewalks, fences, buildings, lawns and flowerbeds. Taking good care of the community they live in is a good way to be polite and respectful of neighbors. As a parent, you can make sure your child receives proper supervision after school and point out appropriate and inappropriate play areas and activities. At DeVille Apartments & Builders Inc., we're as proud as you are of our polite younger residents!

## 'Where Are My Keys?'

To maintain the security of your home, you should be able to immediately identify the location of all keys. Here are some additional tips: • If you have a "keyboard" with extra keys to your home, car, etc. don't keep it in plain sight for anyone coming in to see. • When you have additional keys of any kind, keep them labeled and in a secure place so you won't forget where they are or what they unlock. • Don't hide keys outside your home where burglars can find them. • Never attach anything to your key ring that lists your name, address, or telephone number. • Separate the keys to your residence from your car keys when leaving the car for service or parking. • Always lock the door when you leave your home, an obvious safety measure that's not always taken.



September 2016

Inside this issue

Food storage tips

Benefits of drinking tea

Movie previews and more!

# Lifestyle

### YOUR COMMUNITY STAFF

#### Chalet DeVille

330-492-8650

#### Chateau DeVille

330-834-1396

#### DeVille Northgate

330-492-8650

#### DeVille Regency

330-492-8650

#### DeVille Village

330-834-1396

#### DeVille Grandeur

330-834-1396

#### Fontaine DeVille

330-488-1051

#### Little Williamsburg

330-488-1051

#### London Square

330-477-6717

#### Perry Hills Colony

330-478-2246

#### Woodlawn Village

330-478-1467

### OFFICE HOURS

#### Monday thru Friday

8:00 am-6:00 pm

#### Saturday

Closed

#### Sunday

Closed

### CONTACT DIRECTORY

#### Corporate Office

(330) 492-8650

#### Corporate Fax

(330) 492-8671

#### Website

[www.devilleapts.com](http://www.devilleapts.com)

#### Corporate E-Mail

[deville@devilleapts.com](mailto:deville@devilleapts.com)





# Protect your food from spoilage — and yourself from getting sick

**D**oes something smell foul inside your refrigerator? It may be food gone bad. Two kinds of bacteria that can spoil food: pathogenic bacteria, which causes foodborne illness; and spoilage bacteria, which causes food to smell, taste, and look bad. Keep these tips in mind for storing food safely:

- **Watch the temperature.** Bacteria grow the fastest between temperatures of 40

degrees Fahrenheit and 140 degrees Fahrenheit. A refrigerator set at 40 degrees Fahrenheit or lower will protect most foods.

- **Eat or refrigerate promptly.** Don't eat food that's been stored at temperatures above 40 degrees Fahrenheit for longer than two hours.

- **Divide up.** Divide large dishes, like stew or soup, into small portions and put them in shallow containers before you refrigerate them.

- **Use the meat and vegetable drawers.** They provide the optimal storage environment for these types of foods.

- **Don't let foods dry out.** Cover foods or wrap them in plastic to retain moisture.

- **Eat promptly.** A general rule of thumb for cooked leftovers is to toss after four days; one to two days for raw poultry and meats.



## Tea Time!

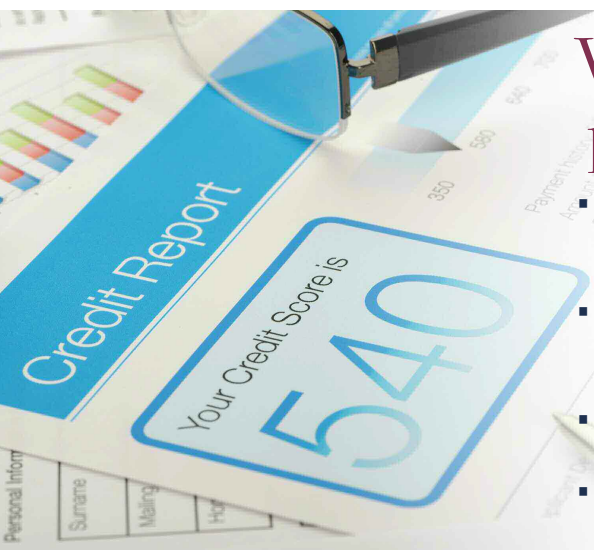
Drinking three cups of tea a day can have important health benefits, according to researchers. Among its potential advantages, tea may help in these areas:

- **Cancer.** Tea, especially the green variety, has been shown in some studies to be linked to a decreased risk of breast cancer, as well as prostate and other cancers. It seems to stimulate the production of certain enzymes that detoxify carcinogens and reduce inflammation.

- **Obesity.** Some studies with animals have suggested that green tea and oolong tea may contribute to better weight management. The caffeine in tea might boost the body's metabolism and help the body burn off calories from fat.

- **Brain activity.** Green tea may help prevent cognitive impairment among older people, as suggested by some epidemiological studies.

- **Heart disease.** Antioxidants in tea can help the body better regulate its insulin production, which can aid in preventing diabetes and heart disease. In addition, tea can reduce risk factors such as high blood pressure and high cholesterol.



## What's in a name? Plenty if it could potentially harm your credit.

- **INCLUDE YOUR COMPLETE NAME ON APPLICATIONS.** The more complete your name, the better your chances that it won't get mixed up with another person with a similar name. Be sure to use the Jr. or Sr. designation, if applicable.
- **USE YOUR NAME CONSISTENTLY.** All your credit cards should have the same exact name. If one has Jane Davis, another has Jane J. Davis, and yet another J.J. Davis, mistakes can easily creep in.
- **WRITE CLEARLY ON ALL DOCUMENTS.** If you're hasty, your "J" initial can look like an "I" to a busy application processor.
- **CORRECT ERRORS RIGHT AWAY.** Contact creditors directly and be persistent. The last thing you want to do is argue with a collection agency over a bill that isn't yours.



**THE MAGNIFICENT SEVEN** With the town of Rose Creek under the deadly control of industrialist Bartholomew Bogue (**Peter Sarsgaard**), the desperate townspeople employ protection from seven outlaws, bounty hunters, gamblers and hired guns – Sam Chisolm (**Denzel Washington**), Josh Farraday (**Chris Pratt**), Goodnight Robicheaux (**Ethan Hawke**), Jack Horne (**Vincent D'Onofrio**), Billy Rocks (**Byung-Hun Lee**), Vasquez (**Manuel Garcia-Rulfo**), and Red Harvest (**Martin Sensmeier**). As they prepare the town for the violent showdown that they know is coming, these seven mercenaries find themselves fighting for more than money.



**MASTERMINDS** In this action comedy based on true events, David Ghannt (**Zach Galifianakis**) discovers the true meaning of adventure far beyond his wildest dreams. He is an uncomplicated man stuck in a monotonous life. Day in and day out he drives an armored vehicle, transporting millions of other people's money with no escape in sight. The only glimmer of excitement is his flirtatious work crush Kelly Campbell (**Kristen Wiig**) who soon lures him into the scheme of a lifetime.

**BRIDGET JONES'S BABY** Breaking up with Mark Darcy (**Colin Firth**) leaves Bridget Jones (**Renée Zellweger**) over 40 and single again. Feeling that she has everything under control, Jones decides to focus on her career as a top news producer. Suddenly, her love life comes back from the dead when she meets a dashing and handsome American named Jack (**Patrick Dempsey**). Things couldn't be better, until Bridget discovers that she is pregnant. Now, the befuddled mom-to-be must figure out if the proud papa is Mark or Jack.

**SULLY** Tom Hanks stars as Capt. Chesley Sullenberger, a pilot for more than four decades, who is catapulted to fame after birds fly into the engines of flight 1549 on January 15, 2009, crippling the jet. He lands the plane safely on the surface of the Hudson River, saving the lives of all 155 passengers on board. **Laura Linney** and **Aaron Eckhart** also star.

**DEEP WATER** Horizon Based on the true events that occurred on an oil rig in the Gulf of Mexico on April 20, 2010, the story chronicles the courage of those who worked on the Deepwater Horizon and the extreme moments of bravery and survival in the face of what would become one of the biggest man-made disasters in world history. **Mark Wahlberg**, **Kurt Russell** and **John Malkovich** star.

**WHEN THE BOUGH BREAKS** John and Laura Taylor (**Morris Chestnut** and **Regina Hall**) are a young, professional couple who desperately want a baby. After exhausting all other options, they finally hire Anna (**Jaz Sinclair**), the perfect woman to be their surrogate—but as she gets further along in her pregnancy, so too does her psychotic and dangerous fixation on the husband. The couple becomes caught up in Anna's deadly game and must fight to regain control of their future before it's too late.

**MORGAN** A corporate troubleshooter (**Kate Mara**) is sent to a remote, top-secret location, where she is to investigate and evaluate a terrifying accident. She learns the event was triggered by a seemingly innocent "human," who presents a mystery of both infinite promise and incalculable danger.

**SNOWDEN** Joseph Gordon-Levitt stars in the untold personal story of Edward Snowden, the polarizing figure who exposed shocking illegal surveillance activities by the NSA and became one of the most wanted men in the world. He is considered a hero by some, and a traitor by others.

#### THIS MONTH ON DVD & BLU-RAY

September 6	Darkness
September 6	Money Monster
September 6	Love & Friendship
September 6	Now You See Me 2
September 6	Whiskey Tango Foxtrot
September 13	Captain America: Civil War
September 20	Free State of Jones
September 27	Central Intelligence
September 27	Warcraft
September 27	The Shallows

Release dates subject to change without notice.

# LABOR DAY: SUMMER'S LAST FLING HAS A SERIOUS PAST

Nap in the hammock, have a barbecue or dive into the swimming pool. Whatever you do, you are celebrating the last weekend of summer, though the calendar might disagree.

After much ado for many years, President Grover Cleveland signed the Labor Day proclamation in 1894. It is the only holiday in the year that does not focus on an individual or a national event.

The path to this proclamation was not a simple one. Rather, it was marked with hard work and risk by labor leaders and many thousands of workers.

While the work toward getting a labor day began years before, it was a celebration by the Knights of Labor in 1882 that brought the cause to the public's attention.

More than 20,000 demonstrators paraded in New York City. Many carried signs that said "8 hours for work, 8 hours for rest, 8 hours for recreation."

In addition to a day of rest for workers, they paraded for better working conditions.

The Labor Day movement spread from East to West over the following years. In 1887, Colorado was the first state to declare Labor Day a state holiday. By 1893, more than half of the states had an official Labor Day.

Then, a bill for a national Labor Day was introduced in Congress. When President Cleveland signed it on June 28, 1894, he thought it was a good political move. But he was not reelected.



## Sept. 2016

				thursday	friday	saturday
sunday	monday	tuesday	wednesday	1	2	3
4 Pet Rock Day	5 Labor Day Have a Safe & Happy Labor Day!	6 Read a Book Day	7	Rent Due	Lazy Mom's Day	World Beard Day
8 Grandparents Day	9 September is Baby Safety Month	10 Hug Your Boss Day	11 Swap Ideas Day	12 September is National Courtesy Month	13 Play Doh Day	14 Constitution Day
15 Gymnastics Day	16 Miniature Golf Day	17 First day of Fall!	18 Native American Day	19 Punctuation Day	20	21
22 Comic Book Day	23 Batman Day	24 Ancestor Appreciation Day	25 Good Neighbor Day	26 World Heart Day	27	28
29	30					