

# DeVille

Apartment Builders Inc.



April 2023

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## Happening in April...

**April Fools' Day, Apr. 1.** Play a joke on a friend—and be a good sport when someone does the same to you.

**National Scrabble Day, April 13.** Challenge your friends to a war of words on this day that pays homage to the game and the birthday of the man who created it, Alfred Mosher Butts.

**National Volunteer Week, April 16-22.** Let a cause near and dear to your heart inspire you to take action. Go to [AllForGood.org](http://AllForGood.org) to find a service project in your area and get involved this week.

**Income Tax Day, April 18.** Not exactly a holiday, but one day you shouldn't forget.

**Earth Day, April 22.** Since 1970, people around the world have focused on issues that affect our planet. The theme of this year's campaign is "Invest in our planet." Go to [EarthDay.org](http://EarthDay.org) to find out how you can be an environmental steward.

**National Humor Month.** Laughter truly is the best medicine, so why not strengthen your funny bone? Visit [HumorMonth.com](http://HumorMonth.com) to find projects and resources that will help bring the laughter.

## Happy Earth-Day to You!

The world's problems can seem overwhelming. How can just one person make a difference? On Earth Day, April 22, commit to make one small change to positively impact the environment. Make a pledge and make a difference. "I promise to \_\_\_\_\_ (turn off the lights when I leave the room; turn off the water while shaving or brushing my teeth; send fewer items to the dry cleaner; eliminate unnecessary magazine subscriptions; avoid using postal mail and instead use e-mail or voice mail; copy on both sides of the paper; buy refillable pens and pencils; substitute burned-out light bulbs with energy-saving compact fluorescent fixtures; carpool; turn off computers, televisions, CD players and other electronic devices when not in use)."

## Use It or Lose It!

Scientists suggest that keeping your brain active and challenged is the key to improving memory and overall brain power. Follow these basic tips to maintain a healthy brain: • Exercise your body regularly. All the good physical benefits help your brain, too. • Mental exercise (reading, writing, problem solving, games and crosswords) keep your mind sharp and reduces the risk of Alzheimer's. • Vitamins nourish the brain. • Diet is important for a sharp memory (fiber, fish & greens).

## Speeding Is Risky Business

Why risk damaging your car or inflicting harm on pedestrians? There is a posted speed limit in our community that was designed to prevent accidents and save lives. There are hundreds of reasons to take it slow when driving through our community—the men, women and children who have made our community home. Thank you for your attention in this very important matter!

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#### Saturday

Closed

#### Sunday

Closed

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# Smart Driving Tips

**H**igh gas prices and an uncertain economy are putting vehicle fuel efficiency at the top of many drivers' priority lists. A survey by Consumer Reports found that 62 percent of those surveyed are planning on making their next car much more fuel efficient. But what if a new vehicle isn't in your budget? Take heart — there are steps you can take now that can help increase fuel efficiency in what you're driving today.

**Maintenance.** Perform smart maintenance before you drive, including:

- **Make sure tires are not over- or under-inflated.** Proper air pressure cuts down on fuel used while driving. Keeping tires at the correct pressure can improve your gasoline mileage by more than 3 percent.

- **Keep your engine well tuned and repair problems immediately.** If your car has failed an emissions test or is noticeably out of tune, repairing the problem could improve your gasoline mileage by 4 percent, on average.

**Actions.** Practice smart actions and behaviors while you're behind the wheel:

- **Avoid the highs and find the lows.** Speeding, rapid acceleration and braking can lower gasoline mileage by five percent at lower speeds and by 33 percent at highway speeds. You should assume that each five mph driven over 60 mph is like paying an additional \$0.29 per gallon for gas (savings based on an assumed fuel price of \$3.65 per gallon).

- **Avoid idling.** Idling gets zero miles per gallon.

- **Products.** Purchase smart products at the right price without sacrificing quality:

- **Choose a high-quality gasoline.** Lower-quality gasolines can leave harmful carbon deposits or "gunk," which can build up on intake valves and fuel injectors. This negatively impacts engine performance, vehicle responsiveness and reduction of fuel flow — all potentially leading to reduced fuel economy.

- **Use a loyalty or rewards payment card to save.** The Taylors suggest stretching your budget by using a loyalty or rewards payment card for your gasoline purchases. Smarter Driving can go a long way to help you stretch your budget while helping protect your vehicle.



## EGGS, EGGS EVERYWHERE!

Eggs used for dyeing and hunting need to be handled carefully if you want to eat them later. A few simple rules to eat by:

- Only eggs hard-boiled in plain water and then dyed in natural or commercial dye are suitable for eating. This is called the "cold dyeing method."

- Eggs cooked and dyed at the same time in boiling water ("hot dyeing method") are for decoration only.

- Hard-cooked eggs for an egg hunt must be prepared with care to prevent cracking the shells. If the shells crack, bacteria could contaminate the inside.

- Make sure your eggs do not stay outside of refrigeration for longer than two hours.

- Eat hard-cooked eggs (in the shell or peeled) within one week.

*Source: Whole Foods Market*

## HERE'S WHAT RESEARCHERS SAY YOUR MUSICAL TASTES REVEAL

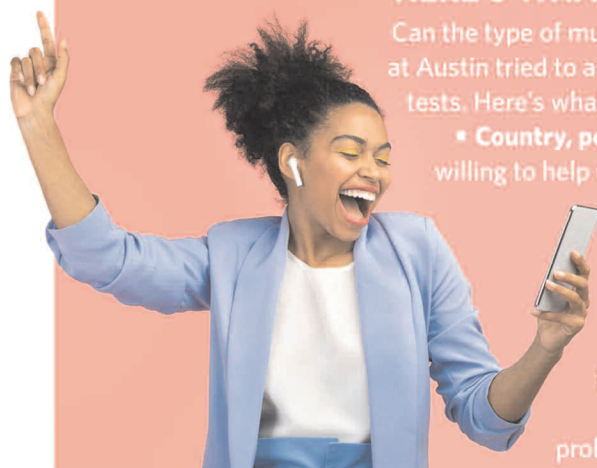
Can the type of music you listen to reveal what kind of person you are? A study at the University of Texas at Austin tried to answer that question. The study had 3,500 participants who also took IQ and attitude tests. Here's what the researchers determined about musical tastes:

- **Country, pop or religious music.** People who enjoy these genres tend to be good neighbors, willing to help others, and generally outgoing, agreeable and reliable. They're not usually adventurous, preferring to stick to a routine.

- **Classical, blues or jazz.** These aficionados tend to be tolerant, open to other people's opinions, open to new experiences, and curious. They probably don't stick to conventional wisdom, and are probably not very athletic.

- **Heavy metal, rock or alternative music.** These fans tend to speak their minds freely and take risks.

- **Hip-hop, dance or soul.** These fans are probably talkative or energetic. Though probably not very argumentative, they'll fight if they have to.







# Earth Day, Every Day

**W**hether you take shorter showers, reduce food waste or make eco-minded choices at the grocery store, adopting one simple habit can make a difference in protecting Earth's natural resources. These simple, renewable lifestyle changes may even affect your personal mindset.

**Turn Off the Tap.** The average faucet releases about three gallons of water a minute, so shut it off while you brush your teeth or shave.

**Use a Water-Filter Pitcher.** Bottled water isn't necessarily cleaner or better for you than tap water. Get a Brita water-filter pitcher (\$23, amazon.com) or a faucet mount water filter. Take

advantage of what you already pay for and save the environmental cost of transporting bottled water to the grocer's shelf.

**Curtail Junk Mail.** The Direct Marketing Association's website, DMAchoice.org, spells out how to remove yourself from lists. If everyone in the US reduced the junk mail they receive every week, 100 million trees would be spared each year.

**Give Your Car—and Driving Habits—a Tune-Up.** Speeding, fast accelerations, and hard braking waste gas. Maintaining your car saves it. Tune up your car according to your owner's-manual schedule (usually every 30,000 miles) and raise your car's fuel efficiency anywhere from 4 to 40 percent.

**Reuse Everything.** Change your mind-set and think twice before throwing anything out. Resealable plastic bags that held carrots today can hold crayons tomorrow. Coffee-cup cardboard sleeves from this morning's brew can be tucked into a purse or pocket to be used again for tomorrow's cup o' Joe.

**Choose the Right Appliance for the Job.** Electric kettles use less energy than stovetop ones. A toaster oven uses up to half the energy of a conventional electric oven. An electric slow cooker makes soups and stews using less wattage than a stove. It truly pays to pick the right appliance.

## Recycling 101

**Fact:** Recycling one aluminum can saves enough energy to run a TV for three hours. So, yes, it pays off. Here's how to do it right wherever you live.

▪ **Don't recycle wet cardboard.** It can clog sorting machines. Throw it away to prevent it from contaminating the rest of the load.

▪ **Don't recycle bottle tops;** they're not made from the same plastic as recyclable bottles. But if you forget, don't sweat it. They'll be sorted down the line. (The energy saved by recycling one plast bottle can power a computer for 25 minutes.)

▪ **Rinse cans, but crushing isn't necessary.** The aluminum can is the most recycled item in the United States, as well as the most valuable. It can be recycled again and again, and so efficiently that a can is regenerated and back on the shelf in as little as 60 days.

▪ **Don't fret if you can't get the lime out of the beer bottle** or the last of the peanut butter from the jar. The recycler's machinery will zap all contaminants. But do empty and rinse glass jars and containers.

## POWER UP YOUR CLEANING ROUTINE WHEN SECONDS COUNT

At one time or another, everyone has found themselves racing around their home with an armful of cleaning supplies, scrambling to tidy up for unexpected guests. But the prospect of surprise visitors need not cause a full-scale panic. Cleaning and organizing expert Donna Smallin offers practical tips for completing a vigorous, efficient cleaning routine when every minute matters.

- **Conquer clutter.** An uncluttered entryway is warm and inviting. Do a quick lap around your entryway and living area with a laundry basket and/or trash can, tossing junk mail and collecting out-of-place items to be organized later.
- **Give furniture a facelift.** Take just two minutes to fluff sofa cushions and pillows to breathe a little freshness into your living room.
- **Speed-dust at eye level.** Microfiber picks up dirt like nobody's business. Grab a microfiber cleaner for a quick "dust-busting" of your bookshelves, lamp shades and coffee tables.
- **Make countertops sparkle.** Spritz kitchen and bathroom counters with a freshly scented all-purpose cleaner and quickly wipe away spots, crumbs and everyday grime.







# Happy Easter



## April 2023

saturday

sunday	monday	tuesday	wednesday	thursday	friday	saturday
2 National Peanut Butter and Jelly Day	3 World Party Day	4 April is Stress Awareness Month	5 National Go for Broke Day	6 International Fun at Work Day	7 National No Housework Day	8 National Zoo Lovers Day
9 Easter Sunday	10 National Siblings Day	11 April is Jazz Appreciation Month	12 Walk On Your Wild Side Day	13 National Scrabble Day	14 National Dolphin Day	15 Take a Wild Guess Day
16 Wear Your Pajamas to Work Day	17 International Haiku Poetry Day	18 Tax Filing Deadline	19 Bicycle Day	20 National High Five Day	21 National Tea Day	22 National Jelly Bean Day
23 National Picnic Day	24 April is National Poetry Month	25 World Penguin Day	26 Hug an Australian Day	27 Morse Code Day	28 Global Pay It Forward Day	29 International Astronomy Day
30 National Honesty Day						