

# DeVille

Apartment & Builders Inc.



March 2018  
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Social media wisdom  
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Movie previews and more!

## Lifestyle

4811 Whipple Avenue NW Suite 101 • Canton, OH 44718

## Happening in March...

**Women's History Month.** Celebrate the achievements of women like Juliette Gordon Low, who founded the Girl Scouts in 1912, before women had the right to vote and despite her severe hearing impairment.

**National Day of Unplugging, sundown March 9-sundown March 10.** Remember what life was like before everyone had a smartphone? Somehow we managed to have meaningful face-to-face conversations and get to places on time without getting lost. Unplug and live authentically for these 24 hours.

**St. Patrick's Day, March 17.** Break out the green, read some James Joyce, and try to catch a leprechaun.

**Act Happy Week, March 19-25.** The third week of the month is devoted to embracing your inner joy and sharing it with others. If you're looking for a reason to be happy, think spring.

**Make Up Your Own Holiday Day, March 26.** Why not observe a cause that's near and dear to your heart?

**Take a Walk in the Park Day, March 30.** Walking is a great way to decrease stress. Take a break to enjoy the scenery and breathe the fresh spring air today.

## Daylight Saving Time Begins

Get ready to spring forward into longer days and warmer weather. Daylight Saving Time begins at 2 am on Sunday, March 11th. Don't forget to set your clocks forward one hour before going to bed Saturday night.

## Details, Details, Details

Keeping our community looking its best is a joint effort between management and resident. We do everything we can to ensure that our maintenance department stays on top of both routine and emergency requests as well as the general upkeep of the property, but we need your help with the details. If you see problems such as burnt out light bulbs, broken latches, broken glass or icy stairways, let us know. We'll promptly take care of the situation.

## Hidden Treasures

Need a hiding place for your great grandmother's pearls? According to "Checklists For Life" by Kirsten M. Lagatree (Random House), the worst places to hide your valuables are in a jewelry box, on top of a dresser or in one of its drawers or under either the bed or mattress. Bungle burglars by hiding your stuff in a closet, sewing kit, decoy, bathroom or kitchen. Just don't forget where you hid it!

## We're Lucky to Have You Here

DeVille Apartments & Builders Inc. has been granted a bit o' luck—with warm, friendly residents like you. Our good fortune probably makes other properties green with envy! We want you to know that we genuinely care and appreciate you. By continuing to provide the quality service you deserve, we hope to keep both luck and you on our side!

### YOUR COMMUNITY STAFF

**Chalet DeVille**

330-492-8650

**Chateau DeVille**

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**London Square**

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**Perry Hills Colony**

330-478-2246

**Woodlawn Village**

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### OFFICE HOURS

**Monday thru Friday**

8:00 am–5:00 pm

**Saturday**

Closed

**Sunday**

Closed

### CONTACT DIRECTORY

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# How to use social media responsibly

Here are some tips for both parents and children to follow to help create an atmosphere of positive citizenry on social media channels:

- **Pause before you press “enter.”** You leave a permanent footprint on everything you post, creating the likelihood it can resurface at any time and call your character into question later. Resist the urge to be impulsive, spread gossip, or promote hate.

- **Apply the Golden Rule.** You are what you post, retweet, and share. Ask yourself these three questions of anything you feel inspired to post: Is it true? Will it cause anyone harm? What is my motivation for posting this?

- **Get permission/Give permission.** Before sharing someone else’s photos or content, make sure you have their OK and ask the same of your contacts.

- **Review your privacy settings.** They are there for a reason—to limit who can access your

information and how they can use it. You have locks on the doors and windows of your home to keep unwanted guests out; do the same for your social media profiles and feeds.

- **Police the content that appears on your page.** Not everyone is mindful of the content they post. Occasionally, that inappropriate material will make its way onto your social media feed, where it can be viewed by your contacts and misinterpreted as something you favor. Don’t hesitate to block contacts and remove posts from your feed if they are offensive.

- **Exercise caution.** You wouldn’t allow your children to walk around with a sandwich board displaying their legal name, age, address, and other personal information, so don’t allow them to create detailed profiles that can be accessed by strangers the world over. Never divulge too much information about yourself, your current location, or future plans unless you want to fall victim to unscrupulous internet trolls.



## How to start your morning off right

Starting your day on the wrong foot can make the rest of it more difficult, but the opposite also holds true. Here are three simple things you can do to start your day off right.

- **Smell the Good** Scientists have discovered that smelling lemons releases serotonin (a feel-good hormone) and lowers norepinephrine (a stress hormone). Put lemon in your tea, use essential oils, or light a lemon-scented candle. Not into lemons? Try basil, juniper, or lavender.

- **Snag a Snuggle** Hugging is another serotonin kick. Grab your special someone and snuggle up!

- **Get Giggling** Some say reading a new joke each morning can help set your day up for delight. In fact, a recent study out of Loma Linda University in Southern California found that healthy, older adults who watched a funny video distraction-free for 20 minutes performed memory tests better than those who didn’t. They also showed a decrease in stress hormones.



## Redecorate on the Cheap

Is it time to freshen up your home? These inexpensive ideas will help reinvent your space fast.

- **Get Snappy with Seating.** New sofas and chairs can infuse life into a ho-hum home, but they can also be pricey. Instead, add throw pillows to the couch, layer blankets over armrests, and place cushions on chairs. Visit a discount shop for fabric to tie over the backs of chairs and change the color palette each season.

- **Find Some Artsy Treasure** If your walls are bare, cover them with low-cost finds from garage sales, art festivals, and art schools. Get frames from discount stores and let the artwork shine through. Yard sales feature “another man’s trash,” but these trinkets could be perfect for you. Showcase them on shelves and windowsills. When it comes to vases, the cheaper the better, since the flowers are the true beauties. Use empty wine bottles as vases for recycling with purpose!





Photo credit: Takashi Seida

**DEATH WISH** Dr. Paul Kersey (**Bruce Willis**) is a surgeon who often sees the consequences of the city's violence in the emergency room. When home intruders brutally attack his wife (**Elisabeth Shue**) and young daughter, Kersey becomes obsessed with delivering vigilante justice to the perpetrators. As the anonymous slayings grab the media's attention, the public begins to wonder if the deadly avenger is a guardian angel or the Grim Reaper itself.



**GRINGO** A mild-mannered American businessman (**David Oyelowo**) finds himself in over his head after traveling to Mexico. He soon crosses the line from citizen to criminal while tangling with shady colleagues, international mercenaries, drug lords and the DEA. **Charlize Theron** also stars.

**A WRINKLE IN TIME** Follows Meg Murry (**Storm Reid**), a young girl traumatized by the disappearance of her scientist father (**Chris Pine**) years before. She finds herself on an interplanetary journey with a schoolmate and her younger brother to find her father. They are aided by a trio of supernatural beings: Mrs. Whatsit (Reese Witherspoon), Mrs. Who (**Mindy Kaling**) and Mrs. Which (**Oprah Winfrey**).

**DEAR DICTATOR** A notorious dictator (**Michael Caine**) finds refuge with a single mother and her teenage daughter after a coup. While hiding out in the suburbs, he teaches the teen how to start a high school revolution by taking down the popular students. **Katie Holmes, Seth Green, and Jason Biggs** also star.

**THE HURRICANE HEIST** Centers on a team of hackers who break into a U.S. Mint facility on a small coastal town to steal \$102 million. But a disastrous Category 5 hurricane strikes at the same time, leaving only a meteorologist and a female treasury agent to stop the thieves from getting away with the heist.

**TOMB RAIDER** Lara Croft (**Alicia Vikander**) is the fiercely independent daughter of an eccentric adventurer who vanished years earlier. Hoping to solve the mystery of her father's disappearance, Croft embarks on a perilous journey to his last-known destination—a fabled tomb on a mythical island that might be somewhere off the coast of Japan. The stakes couldn't be higher as Lara must rely on her sharp mind, blind faith and stubborn spirit to venture into the unknown.

**FLOWER** Follows 17-year old Erica Vandross (**Zoey Deutch**) and her two friends as they spend their free time making money in unconventional ways, acting as self appointed, free-wheeling vigilantes of the San Fernando Valley. Everything changes for Erica when her mother (**Kathryn Hahn**) invites her boyfriend (**Tim Heidecker**) and his estranged son (**Joey Morgan**) to move in with them.

**RED SPARROW** Prima ballerina Dominika Egorova faces a bleak and uncertain future after she suffers an injury that ends her career. She soon turns to Sparrow School, a

secret intelligence service that trains exceptional young people to use their minds and bodies as weapons. Egorova emerges as the most dangerous Sparrow after completing the sadistic training process. As she comes to terms with her new abilities, Dominika meets a CIA agent who tries to convince her that he is the only person she can trust.

**READY PLAYER ONE** When the creator of a virtual reality world called the OASIS dies, he releases a video in which he challenges all OASIS users to find his Easter Egg, which will give the finder his fortune. Wade Watts (**Tye Sheridan**) finds the first clue and starts a race for the Egg.

**SHERLOCK GNOMES** In the heart of London, gnomes are disappearing from the gardens. Gnomeo (voiced by **James McAvoy**) and Juliet (voiced by **Emily Blunt**) join forces with the great Sherlock Gnomes (voiced by **Johnny Depp**) and Watson to discover what is behind the mystery.

**HOME ENTERTAINMENT RELEASES**

March 6	Thor: Ragnarok
March 13	Justice League
March 13	Ferdinand
March 13	I, Tonya
March 20	Pitch Perfect 3
March 20	Downsizing



## S'mores Ice Cream Birthday Pie



farmed vanilla beans," Curtis Stone said. "Also, it's made with milk and cream from cows not treated with artificial growth hormones."

Start making the most of family time by visiting [Breyers.com](http://Breyers.com) for more recipes and join in on the birthday celebration.

Makes 12 servings  
Prep Time: 20 minutes, plus 8 hours 40 minutes freezing time  
Cook Time: 2 minutes

### Ingredients:

- Nonstick cooking spray
- 8 ounces milk chocolate, coarsely chopped, divided
- 2 1/4 teaspoons canola oil
- 30 chocolate wafer cookies
- pinch of salt
- 5 graham cracker sheets, broken into bite-size pieces
- 6 cups Breyers Natural Vanilla Ice Cream, softened
- 4 large egg whites
- 1/2 cup sugar
- birthday candles (optional)

Lightly spray 9-inch springform pan with 3-inch high sides with cooking spray.

In small bowl over simmering water, stir 3 ounces chocolate and oil until melted and blended.

In food processor, grind chocolate wafer cookies into fine crumbs (about 1 1/3 cups).

Add chocolate mixture and pinch of salt and pulse until moistened. Press crumb mixture

evenly onto bottom and 1 1/2 inches up sides of pan. Freeze for about 10 minutes, or until crust hardens.

In large chilled bowl, fold graham cracker pieces and remaining chocolate into ice cream. Pour mixture into frozen crust and smooth top. Freeze for about 8 hours, or until ice cream hardens. Remove pie from pan and transfer to platter. Return pie to freezer.

In large bowl, using electric hand mixer or medium-high speed, beat egg whites until foamy. Gradually

add sugar and beat for about 5 minutes, or until firm glossy peaks form.

Using large spoon, dollop meringue onto pie and spread decoratively, making sure no ice cream is exposed. Using kitchen blowtorch, torch meringue until browned all over.

Freeze pie for about 30 minutes, or until meringue has stiffened. Decorate with lit birthday candles, if desired. Slice and serve immediately.

Courtesy: Family Features

**F**inding time to celebrate family moments is always sweeter with a delicious ice cream dessert.

Breyers partnered with celebrity chef Curtis Stone and his wife, actress Lindsay Price Stone, to celebrate its 150th birthday. The couple created 12 delicious ice cream recipes inspired by each month of the year using Breyers Natural Vanilla ice cream. From January's recipe featuring Fortune Cookies and Natural Vanilla Ice Cream with Mandarins and Oranges to December's Spicy Hot Chocolate Floats, families have desserts to celebrate everyday moments all year long.

"Beyond a great taste, Breyers Natural Vanilla offers families peace of mind with its simple ingredients like sustainably

# March 2018

				Thursday	Friday	Saturday
				1 Rent Due.	2 Old Stuff Day	3
Sunday	Monday	Tuesday	Wednesday	4 Hug a GI Day	5 World Tennis Day	6 Unique Names Day
7 March is Women's History Month	8 Popcorn Lover's Day	9 Barbie Day	10 Genealogy Day	11 Check Your Batteries Day	12 Napping Day	13 Pi Day
14 ides of March	15 No Selfies Day	16 Happy St. Patrick's Day	17 St. Patrick's Day	18 Forgive Mom & Dad Day	19 Won't You Be My Neighbor Day	20 Common Courtesy Day
21 As Young As You Feel Day	22 National Tamale Day	23 Waffle Day	24 Make Up Your Own Holiday Day	25 World Theatre Day	26 Manatee Appreciation Day	27 National Vietnam War Veterans Day
28 Take a Walk in the Park Day	29	30	31			