

December 2018 Inside this issue Safe driving tips Holiday stress busters

Movie previews and more!

Lifesty

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Happening in December...

National Stress Free Holidays Month. Don't let the hectic demands of the December holiday season get you down. Learn to recognize signs of stress, keep expectations realistic, and practice saying no before you burn out. Also, watch your diet and stick to your exercise schedule to stay healthy and calm.

World AIDS Day, Dec. 1. World AIDS Day is an opportunity for people worldwide to unite in the fight against HIV, show their support for people living with HIV, and commemorate those who have died.

National Influenza Vaccination Week, Dec. 3-9. The Centers for Disease Control and Prevention recommends a yearly flu vaccine for everyone 6 months of age and older as the first and most important step in protecting against this serious disease. Getting the flu vaccine as soon as it becomes available each year is always a good idea, and the protection you get from vaccination will last throughout the flu season.

Answer the Telephone like Buddy the Elf Day, Dec.18. If you don't know who Buddy the Elf is, then you probably don't believe in Santa, but those who do will embrace their inner child (or elf) and have some fun with this.

World Healing Day, Dec. 31. This nonpolitical, nondenominational day is about peace, love, understanding, forgiveness, harmony, and restoring balance.

Holiday Office Hours

The Office will be closed on Monday, December 24th and Tuesday, December 25th for the Christmas holiday. We will also close on Monday, December 31st and Tuesday, January 1st in observance of New Year's Day. Happy holidays!

Make Recycling a Holiday Tradition

Festivities make the holiday season memorable, but they also mean that many more recyclable products will be consumed. Besides planning guest lists, menus, decorations, and gift-giving, holiday revelers should also schedule recycling into holiday activities.

For parties at home, workplaces, and schools, place three receptacles close by beverage service areas and mark them with boldly lettered signs—glass, cans, plastics—to ensure that party beverage containers get recycled rather than disposed of.

If holiday gifts, such as appliances, sports, computer, and video equipment are packaged in brown cardboard boxes, don't throw them away! Remove tape, labels, and staples, collapse them, and take them to a recycling center.

If you receive payment for your recyclables, consider donating it to a favorite charity. Recycling for a better world can become a cherished holiday tradition.

May Your Days Be Merry and Bright

During the holiday season, as we treasure the gift of friends and family-we think of you. The entire staff of DeVille Apartments wants to thank all of you for making our community such a wonderful place to live. Whether you are traveling this holiday season or are enjoying the quiet comfort of home, our hope is that your heart is filled with the joy of the season. Happy holidays and best wishes for the coming new year!

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Stretch your yearend bonus dollars

Even a small year-end bonus can go a long way in helping you manage debt. Here are some ways you can make good use of an extra \$50:

- Cut your credit card debt. If you put \$50 toward a \$2,000 credit card balance, you'll cut your payback time by four months if you usually pay a minimum of \$40 month. Using the \$50 toward the debt can save you \$103 in interest (at 16 percent).
- Buy financial management software. Use the \$50 to help you manage your money better by buying financial management software like Quicken. It'll help you keep better control of your checking account. The programs also help you to identify other areas where you can save money.
- Pump up your relationships. Buy something nice for your spouse, partner, friends, family or co-workers. Invest in something by thinking that there's more to life than money.



SECOND ACT Jennifer Lopez stars as a big box store employee who reinvents her life and her lifestyle, which gives her the chance to prove to Madison Avenue that street smarts are as valuable as a college degree.

HOLMES & WATSON Detective Sherlock Holmes (Will Ferrell) and Dr. John Watson (John C. Reilly) join forces to investigate a murder at Buckingham Palace. They soon learn that they have only four days to solve the case, or the queen will become the next victim.

BUMBLEBEE On the run in the year 1987, Bumblebee finds refuge in a junkyard in a small Californian beach town. Charlie, on the cusp of turning 18 and trying to find her place in the world, discovers Bumblebee, battlescarred and broken.

STAN & OLLIE Laurel and Hardy (**John C. Reilly** and **Steve Coogan**), the world's most famous comedy duo, attempt to reignite their film careers as they embark on what becomes their swan song — a grueling theatre tour of post-war Britain.

BEN IS BACK Nineteen-year-old Ben Burns unexpectedly returns to his family's suburban home on Christmas Eve. Ben's mom, Holly, is relieved and welcoming but wary of her son's drug addiction. Over a turbulent 24 hours, new truths are revealed, and a mother's undying love gets put to the test as Holly does everything in her power to keep Ben clean. Julia Roberts stars.

MORTAL ENGINES Hundreds of years after civilization was destroyed by a cataclysmic event, a mysterious young woman, Hester Shaw (Hera Hilmar), emerges as the only one who can stop London — now a giant, predator city on wheels — from devouring everything in its path. Feral, and fiercely driven by the memory of her mother, Hester joins forces with Tom Natsworthy (Robert Sheehan), an outcast from London, along with Anna Fang (Jihae), a dangerous outlaw with a bounty on her head.

WELCOME TO MARWEN When a devastating attack shatters Mark Hogancamp (Steve Carell) and wipes away all memories, no one expected recovery. Putting together pieces from his old and new life, Mark meticulously creates a wondrous town where he can heal and be heroic. As he builds an astonishing art installation—a testament to the most powerful women he knows—through his fantasy world, he draws strength to triumph in the real one.

AQUAMAN Jason Momoa stars as Aquaman, king of Atlantis, born half-human as Arthur Curry and half-Atlantean. When he learns that he is the heir to the underwater kingdom of Atlantis, and must step forward to lead his people and be a hero to the world.

THE MULE Broke, alone and facing foreclosure on his business, Earl Stone (Clint Eastwood) takes a job as a drug courier for a Mexican cartel. His immediate success leads to easy money and a larger shipment that soon draws the attention of hard-charging DEA agent Colin Bates (Bradley Cooper). When Earl's past mistakes start to weigh heavily on his conscience, he must decide whether to right those wrongs before law enforcement and cartel thugs catch up to

HOME ENTERTAINMENT RELEASES

Dec. 4	Mission: Impossible-Fallout
Dec. 4	The Happytime Murders
Dec. 11	The Equalizer 2
Dec. 11	Smallfoot
Dec. 11	Peppermint
Dec. 18	A Simple Favor
Dec. 18	The Predator
Dec. 18	The House with a
	Clock in the Walls
Dec. 25	White Boy Rick



MERRY CHRISTMAS

and Happy New Year

				MEDITAL SERVICE		saturday
De		MID tuesdays			8 Filday	Rent Due.
2	3 Make a Gift Day	4 Cookie Day	International Ninja Day	6 St. Nicholas Day	Pearl Harbor Remembrance Day	G ingerbread Decorating Day
9 Worldwide Candle Lighting Day	Nobel Prize Day	II Have a Bagel Day	Poinsettia Day	Hot Cocoa Day	Roast Chestnuts Day	15
Chocolate Covered Anything Day	Wright Brothers Day	Bake Cookies Day	19	Go Caroling Day	Winter Solstice	22
Festivus	Egg Nog Day 31 Party Responsibly	25 Christmas Day	26 Kwanza	27 Fruitcake Day	28 Card Playing Day	7 Iick Tock Day