

Pacifica Tidings



PACIFICA
SENIOR LIVING

NORTHRIDGE

Assisted Living
Transitions • Memory Care

SEP-OCT 2021



A Note from the Executive Director

Falling into Place at Pacifica Northridge

Fall is my favorite time of the year. The mornings are cooler, the changing color of the leaves, back to school & Halloween. Oh, I can't forget Starbucks Pumpkin Spice...yum. Our renovation is nearing completion and our community is looking new and improved. Please stop by and enjoy a visit in our lobby, the floors look great and the new furniture is comfortable too. I wish, I could say things have returned to normal... We continue to fear COVID and the variant. We ask that when you come to visit, please wear a mask, sanitize and do the screening at the front desk. It is an ongoing effort trying to protect our residents/ your loved ones... LACDH and Licensing still does not allow families to be in the dining room, we hope this may change in the future where we can

enjoy meals together again. We invite our families to join our evening concert series where our residents enjoy live entertainment scheduled for September 9th and 23rd as well as October 14th and 28th 5:30pm to 6:30pm.

I leave you with this quote:

"If a year was tucked inside of a clock, then autumn would be the magic hour."

Victoria Erickson

Blessings and Be Safe.

Lisa Villasenor

Who am I?



Welcome to Our Community

**Kim N.
Malcom R.
Dora R.
Dr. Marshall S.
Jeff S.
Phil D.
Susan L.
Joseph S.
Ivo T.**

Special Events & Memorable Moments



Health & Fitness by

Internal Medicine

Dr. Siamak Etehad

Caregiver's Support Group

Dr. Jennifer Watson
2nd & 4th Saturdays
9:30am (Online)

Podiatrist

Dr. Joseph Binder
Appointment upon request

Geropsychiatry

Dr. Ronald Jacobs

Dental Hygienist

Brenda Kibbler, RDHAP
Appointment upon request

Beauty parlor

Zahra Zamani

Mondays

Call front desk to schedule
appointment

Family council meeting

**Open for all family
members and significant
others.**

**A venue to know more
about the community and
take part of future
events.**

2nd Saturday at 10:45am
(To be announced)

For more information.
Call our concierge at
(818) 886-5181

Birthdays

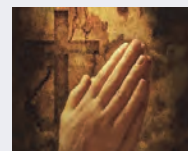
September

Helene G. 1
Lynda A. 11
Kim A. 12
Grace S. 16
Jerry A. 17
Linda P. 21
Gregg C. 22
Sondra N. 25
Robert B. 30

October

Ruth C. 8
Phil D. 10
Bernie M. 13
Grace R. 14
Helene C. 17
Shirley K. 23
Janice B. 24
Sylvia C. 27
Ivo T. 30

Spiritual Activities



Shabbat

A devotion on Saturday at
1:00pm
By Cantor Ter Lieberstein

Eucharist

1st Friday at 10 with
Fr. Dan of Our Lady of
Lourdes
Holy Communion are offered
Every Friday morning.
(Temporary Unavailable)

Who Am I?

(answer)

I was born in Iowa in the 1930's and was the youngest of 5 siblings. My father passed away when I was very young and my mother raised all of us on her own until she remarried. She married a farmer and I got to experience living on a farm. I had farm chores and I learned to take care of a farm. We lived in a small town of only 500 people! When I was in 9th grade, I unfortunately got pneumonia and ended up having to go to the hospital. While in the hospital the nurse that was taking care of me was so kind and caring. She inspired me to want to become a RN myself. When I graduated high school, I knew I wanted to pursue my dream of becoming a RN and I knew one day I wanted to move to Southern California. I did the 3 year program at St. Anthony. Our family doctor convinced me to go become a Surgical Nurse. When I was 27 I met my soon to be husband at a New Year's party. Three years later we had our first child. After having my children I decided to be a full time stay at home mom and spend as much time with my children. Afterwards I returned to Surgical Nursing and did that in St. Francis until I retired. My husband came for a large family of 16 who were all close in age, so retirement for us was lots of fun. We were all able to travel the US in our RV and 5th wheeler. My husband and I were happily married for 55 years.

I am smart, I am dedicated, I am nurturing. ***I am Bernie S.***

Management Team

LISA VILLASENOR
Executive Director

RUCHELLE UMALI
Business Office Director

ROMEO ANGELES
Resident Care Director

FRAN FECSKE
Community Relation Dir.

FRANCES NORBERTE
Memory Care Director

DELMY MARTINEZ
Dining Services Director

ALEX LIM
Environmental Service Dir.



Our Mission

*Privately owned, Pacifica Senior Living
strives to create a lifestyle of
independence and peace of mind
for each individual and their family.*

*We do what we love and
what we truly believe in –
providing compassionate, personalized
care services with dignity and respect.*

*Our dedicated, professional team supports
each resident and goes above and beyond
to help them feel at home.*



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8700 Lindley Ave
Northridge, CA 91325
(818) 886-5181

Lic. # 197609638

www.pacificaseniorliving.com

Welcome Home!