

A Luxury Pacifica Senior Living Community

IT'S A NEW DAY.
AND IT'S YOURS.

# **OUR MISSION**

Privately owned, Pacifica Senior Living strives to create a lifestyle of independence and peace of mind for each individual and their family.

We do what we love and what we truly believe in – providing compassionate, personalized care services with dignity and respect.

Our dedicated, professional team supports each resident and goes above and beyond to help them feel at home.

At The Meridian at Lantana, we don't expect our residents to "fit" into our community. We've designed a unique environment to fit them – to meet their different needs, preferences, dreams and goals. From distinguished Independent Living to compassionate Assisted Living, our community welcomes residents to live by their own design.

We provide residents with every service and amenity they need, want and deserve to live each day as they choose. We respect their individuality and understand that each person is in charge of the direction his or her life takes. We're simply here to support them. Every step of the journey.

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### SENIOR LIVING SERVICES

Pacifica Senior Living communities offer a variety of care and lifestyle choices to support our residents in living well.

### **Independent Living**

Active seniors retire to carefree living at its best.

No housework. No yardwork. No worries. Just time to spend as they choose. Our communities feature spacious apartment homes, amenities, services and engaging programs – all designed to provide residents with a lifestyle to which they have aspired.

### **Respite Care**

There are times in our lives when we need a little extra help. Pacifica's Respite Care program is available to allow families an opportunity to rest from the daily tasks required for a loved one.

Our program is also perfect for individuals who are recuperating from a hospital/rehabilitation stay, or to just simply experience the Pacifica lifestyle.

Trained team members work together to enhance continued dignity and trust. We know the difference a kind smile and word can make.

### Heartland™ Assisted Living

Delivering the optimal balance of independence and support, Heartland™ Assisted Living helps our residents live fulfilling, dignified lives. Each resident has a customized service plan that meets his or her individual needs. With support available 24 hours a day, our residents have access to:

- 24-hour, certified caregiving
- Nursing services
- Assistance with meals
- Housekeeping & laundry
- Medication management
- Bathing & dressing
- Mobility assistance
- Transportation
- Restorative therapies
- And more!



### DESIGNED FOR LIVING WELL

Our community is designed to help our residents live well, surrounded by extraordinary services, amenities and programs.

### Dining

Dining is a delight at Pacifica Senior Living. Meals are prepared fresh daily by our on-site chefs and are served in beautifully appointed, restaurant-style settings by attentive dining room staff.

### Life Enrichment

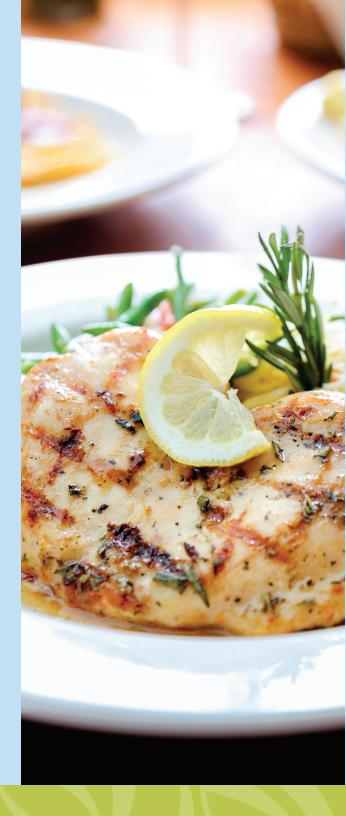
Our life enrichment programs offer a variety of opportunities to meet new friends, discover new interests, exercise and maintain health, enjoy exciting outings and excursions ... and so much more.

### Transportation

A full-time, certified driver is available through the community's transportation department. Scheduled services take residents to nearby medical appointments, shopping trips, religious services, banks, postal services and more.

### Pet Friendly

Pets are part of the family, so all Pacifica Senior Living communities are pet friendly\* and have designated pet areas for convenience.



<sup>\*</sup>Weight limitations

### WELCOME

Whether you're searching for a comfortable place to live your retirement or are in the search for a place that offers your loved one all the necessary support and care, The Meridian at Lantana, A Pacifica Senior Living Community offers older adults a simplified lifestyle without chores or responsibilities of maintaing a home.

If your loved one only needs a short-term living arrangement to recover from a recent medical intervention or just a safe and comfortable place to stay while you are out of town, our Respite Care program is the right fit. At The Meridian at Lantana, we do what we love and what we believe in—providing compassionate, personalized services that ensure dignity and respect. Whether seniors require assisted Living or Independent living we ensure they experience the best senior living has to offer. Residents benefit from care programs completely customized to help improve quality of life.

At The Meridian at Lantana, you'll find everything from professional staff available 24-hours, medication management and wellness checks, to modern floor plans, an on-site heated pool and jacuzzi, and delicious chef prepared meals. Located within easy reach of entertainment venues like Duncan Theater and Lake Worth Playhouse, The Meridian at Lantana is the perfect setting for your retirement lifestyle and located less than 30 minutes from Downtown West Palm Beach.

At The Meridian at Lantana, It's A New Day - and It's Yours! Make the most of it right here.



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3061 Donnelly Drive Lantana, FL 33462 561.965.7200 MeridianAtLantana.com



Follow these driving directions to reach our senior living community in Lantana, Florida:

### From 95 Highway

- Head west on Lantana to Congress Ave.
- Make a left going south on Congress Ave.
- Left at Donnelly Dr. (First traffic light after turning down Congress Ave.)
- · Make an immediate left turn into the community

# FLOOR PLANS



Cypress Spacious Suite

> Ocean Breeze Spacious Two-Bedroom, One Bath





Sea Pine Spacious One-Bedroom



## **FLOOR PLANS**

South Palm I Spacious Two-Bedroom, Two Bath





South Palm II Spacious Two-Bedroom, Two Bath



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Other floor plans may be available.



# HEARTLAND™ ASSISTED LIVING AT THE MERIDIAN AT LANTANA

The Meridian at Lantana Heartland™ Assisted Living program is ideal for those who may benefit from assistance to remain living independently while enjoying a fulfilling lifestyle. Offering a unique combination of people, lifestyles, services and care, Heartland™ Assisted Living delivers the optimal balance of independence and support.

Our dedicated staff provides personalized, 24-hour assistance, ensuring residents enjoy freedom of choice, dignity, respect and the comfort of care. Families enjoy the peace of mind that comes from knowing their loved ones are happy and well cared for.

### Assisted Living services include:

- Private studio, one-bedroom or two-bedroom apartment of your choice
- Restaurant-style dining room serving three meals each day
- Personal laundry and housekeeping services

- Scheduled transportation services
- 24-hour, on-site staff
- · All apartment suite maintenance
- Social, cultural, recreational activities and programs
- Access to rich community amenities

## HEARTLAND™ ASSISTED LIVING AT THE MERIDIAN AT LANTANA

#### Assisted Living services include:

- Certified caregivers available 24/7
- LPN (Licensed Practical Nurse)
- · Life-enrichment programs and activities
- · Weekly housekeeping and linen services
- Scheduled transportation and day trips
- · Personal laundry facilities
- Restaurant-style dining room serving three meals each day



# INDEPENDENT LIVING AT THE MERIDIAN AT LANTANA

#### Independent Living services include:

- Private studio, one or two-bedroom apartment of your choice
- Restaurant-style dining room serving three meals each day
- · Weekly linen and housekeeping services
- Scheduled outings and medical transportation services
- 24-hour, on-site staff
- All apartment home maintenance
- Social, cultural and recreational activities and programs
- · Access to rich community amenities and spaces
- Priority access to continuum of care services on campus



### RESPITE CARE AT THE MERIDIAN AT LANTANA

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Our program is also perfect for individuals who are recuperating from a hospital/rehabilitation stay, or to just simply experience the Lantana lifestyle. Trained team members work together to enhance continued dignity and trust.

We know the difference a smile and kind word can make.

#### Respite Care includes:

- · A beautiful home-like environment
- Furnished apartment
- 24-hour personal care and assistance
- Heartland<sup>TM</sup> Assisted Living











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For a list of Pacifica Senior Living communities, visit our website at www.PacificaSeniorLiving.com