

ASSISTED LIVING

SAMPLE ACTIVITY CALENDAR

			1 9:00 Walking Club 10:00 Tai Chi 11:00 Bible Study 2:00 Scrabble 4:00 Happy Hour 6:00 Movie Night	2 9:30 Walmart Trip 10:00 Drums Alive 1:00 Poker 2:00 Painting for Fun 4:00 Happy Hour	3 9:00 Walking Club 10:00 Yoga 11:00 Lunch Outing 2:00 Bingo 4:00 Happy Hour with Live Music	4 10:00 Walking Club 11:00 Card Games 2:00 Matinee Movie 4:00 Happy Hour
5 10:00 Worship Service 3:00 Independent Activities - Puzzles, Dominoes, Card Games, and Adult Coloring.	6 9:00 Massage Clinic 10:00 Tai Chi 11:00 Garden Club 2:00 Movie Matinee 2:30 Farm to Table 4:00 Happy Hour	7 10:00 Yoga 11:00 Shopping Outing 1:00 Poker 2:00 Bingo 4:00 Happy Hour	8 9:00 Walking Club 10:00 Tai Chi 11:00 Bible Study 1:00 Pet Therapy 2:00 Scrabble 4:00 Happy Hour 6:00 Movie Night	9 9:30 Walmart Trip 10:00 Drums Alive 1:00 Poker 2:00 Painting for Fun 4:00 Happy Hour	10 9:00 Walking Club 10:00 Yoga 11:00 Lunch Outing 2:00 Bingo 4:00 Happy Hour with Live Music	11 10:00 Walking Club 11:00 Card Games 2:00 Matinee Movie 4:00 Happy Hour
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