

MEMORY CARE

SAMPLE ACTIVITY CALENDAR

			1 9:30 Drums Alive 11:00 Card Making 2:00 Garden Club 4:00 Happy Hour 6:00 Puzzles & Games	2 9:30 Yoga 11:00 Courtyard Stroll 2:00 Bingo 4:00 Happy Hour 6:00 Family Feud in TV Room	3 9:30 Chair Exercise to Music 11:00 Painting for Fun 2:00 Afternoon Drive 4:00 Happy Hour 6:00 Card Games	4 9:30 Beach Ball Toss 11:00 Dominoes or Adult Coloring 2:00 Courtyard Stroll 4:00 Happy Hour 6:00 Movie Night
5 10:00 Worship Service 2:00 Chair Exercise 4:00 Dominoes or Adult Coloring 6:00 Movie Night	6 9:30 Drums Alive 11:00 Lunch Outing 2:00 Farm to Table 4:00 Happy Hour 6:00 Puzzles & Games	7 9:30 Yoga 11:00 Dominoes or Adult Coloring 2:00 Bingo 4:00 Happy Hour 6:00 Wheel of Fortune	8 9:30 Drums Alive 11:00 Card Making 2:00 Garden Club 4:00 Happy Hour 6:00 Puzzles & Games	9 9:30 Yoga 11:00 Courtyard Stroll 2:00 Bingo 4:00 Happy Hour 6:00 Family Feud in TV Room	10 9:30 Chair Exercise to Music 11:00 Painting for Fun 2:00 Afternoon Drive 4:00 Happy Hour 6:00 Card Games	11 9:30 Beach Ball Toss 11:00 Dominoes or Adult Coloring 2:00 Courtyard Stroll 4:00 Happy Hour 6:00 Movie Night
12 10:00 Worship Service 2:00 Chair Exercise 4:00 Dominoes or Adult Coloring 6:00 Movie Night	13 9:30 Drums Alive 11:00 Lunch Outing 2:00 Farm to Table 4:00 Happy Hour 6:00 Puzzles & Games	14 9:30 Yoga 11:00 Dominoes or Adult Coloring 2:00 Bingo 4:00 Happy Hour 6:00 Wheel of Fortune	15 9:30 Drums Alive 11:00 Card Making 2:00 Garden Club 4:00 Happy Hour 6:00 Puzzles & Games	16 9:30 Yoga 11:00 Courtyard Stroll 2:00 Bingo 4:00 Happy Hour 6:00 Family Feud in TV Room	17 9:30 Chair Exercise to Music 11:00 Painting for Fun 2:00 Afternoon Drive 4:00 Happy Hour 6:00 Card Games	18 9:30 Beach Ball Toss 11:00 Dominoes or Adult Coloring 2:00 Courtyard Stroll 4:00 Happy Hour 6:00 Movie Night
19 10:00 Worship Service 2:00 Chair Exercise 4:00 Dominoes or Adult Coloring 6:00 Movie Night	20 9:30 Drums Alive 11:00 Lunch Outing 2:00 Farm to Table 4:00 Happy Hour 6:00 Puzzles & Games	21 9:30 Yoga 11:00 Dominoes or Adult Coloring 2:00 Bingo 4:00 Happy Hour 6:00 Wheel of Fortune	22 9:30 Drums Alive 11:00 Card Making 2:00 Garden Club 4:00 Happy Hour 6:00 Puzzles & Games	23 9:30 Yoga 11:00 Courtyard Stroll 2:00 Bingo 4:00 Happy Hour 6:00 Family Feud in TV Room	24 9:30 Chair Exercise to Music 11:00 Painting for Fun 2:00 Afternoon Drive 4:00 Happy Hour 6:00 Card Games	25 9:30 Beach Ball Toss 11:00 Dominoes or Adult Coloring 2:00 Courtyard Stroll 4:00 Happy Hour 6:00 Movie Night
26 10:00 Worship Service 2:00 Chair Exercise 4:00 Dominoes or Adult Coloring 6:00 Movie Night	27 9:30 Drums Alive 11:00 Lunch Outing 2:00 Farm to Table 4:00 Happy Hour 6:00 Puzzles & Games	28 9:30 Yoga 11:00 Dominoes or Adult Coloring 2:00 Bingo 4:00 Happy Hour 6:00 Wheel of Fortune	29 9:30 Drums Alive 11:00 Card Making 2:00 Garden Club 4:00 Happy Hour 6:00 Puzzles & Games	30 9:30 Yoga 11:00 Courtyard Stroll 2:00 Bingo 4:00 Happy Hour 6:00 Family Feud in TV Room	31 9:30 Chair Exercise to Music 11:00 Painting for Fun 2:00 Afternoon Drive 4:00 Happy Hour 6:00 Card Games	

