









March 2023

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Beat spring allergies

Spot removal tip and more!

4811 Whipple Avenue NW Suite 101 • Canton, OH 44718

Happening in March...

Red Cross Month. Every eight minutes, the American Red Cross brings help and hope to people in need, thanks to heroes like you. Whether you donate funds, give blood, or volunteer, the Red Cross depends on your support to make a difference in communities across the country. March is a chance to honor and celebrate the everyday heroes who help fulfill its mission.

National Poison Prevention Week, March 19–25. A week dedicated to raising awareness of poison control centers and the Poison Help Hotline (1-800-222-1222).

World Wildlife Day, March 3. A day to celebrate and raise awareness of the world's wild animals and plants.

Pi Day, March 14. Divide any circle's circumference by its diameter; the answer is always approximately 3.14. Keep calculating its digits and you'll discover they go on literally forever.

St. Patrick's Day, March 17. Break out the green, read some James Joyce, and try to catch a leprechaun.

Daylight Saving Time Begins

Get ready to spring forward into longer days and warmer weather. Daylight Saving Time begins at 2 am on Sunday, March 12th. Don't forget to set your clocks forward one hour before going to bed Saturday night.

March Is Women's History Month

Do you ever wonder why different months are given certain designations? Here are a few great reasons why March has been chosen as National Women's History Month: • Edith Nourse Rogers, born March 19, 1881, was the first woman to have her name attached to major legislation, creating the Women's Auxiliary Corps. • The anniversary of the first Women's Collegiate Basketball Game is March 22, 1893. • Susan B. Anthony, who was arrested and fined for the outrageous act of voting, died March 3, 1906. • Sandra Day O'Connor, born March 26, 1930, was the first woman appointed to the Supreme Court. • The Equal Rights Amendment passed March 22, 1972, prohibiting discrimination on the basis of sex. • "Cagney & Lacey," the first female television crime show, premiered on March 25, 1982.

We're Lucky to Have You Here

DeVille Apartments & Builders Inc. has been granted a bit o' luck—with warm, friendly residents like you. Our good fortune probably makes other properties green with envy! We want you to know that we genuinely care and appreciate you. By continuing to provide the quality service you deserve, we hope to keep both luck and you on our side!

Clear the Way for Maintenance Workers

Before a scheduled maintenance visit, we kindly ask that you do your part in preparing the area in need of repair. Clear a path, empty the space, adjust the furniture, etc. so our maintenance workers can spend less time on preparation and more on repairs. Thanks for your cooperation.

YOUR COMMUNITY STAFF

London Square

330-477-6717

Perry Hills Colony

330-478-2246

Woodlawn Village

330-478-1467

OFFICE HOURS

Monday thru Friday

8:00 am-4:30 pm

Saturday

Closed

Sunday

Closed

CONTACT DIRECTORY

Corporate Office

(330) 492-8650

Corporate Fax

(330) 492-8671

Website

www.devilleapts.com

Corporate Email

deville@devilleapts.com





Spring cleaning is aptly named, because it's best to do it when bright light highlights dust and dirt that has accumulated over the winter. As you're cleaning, plan to de-clutter as much as possible.

- De-cluttering and tidying Tackle clutter room by room, including drawers and cupboards, and evaluate and deal with things in the following ways.
- **Discard** Look for anything that can be thrown away, recycled, donated to a thrift store or sold online or at a garage sale. Don't forget the pantry, fridge and freezer.
- **Keep** Hold onto papers to be filed and anything that needs to be put away. Replace

all items in their correct place. Use storage boxes.

• Take action Identify anything that needs cleaning, repairing or replacing, paperwork that needs action or photos to put in albums, and so on.

Assemble your cleaning tools
Before you start work, think
about what you'll need to clean
everything in the room you're
tackling. Don't forget the windows, heavy-duty cleaners for
any stains, something to reach
cobwebs (such as a broom
with its head wrapped in a
clean, soft cloth), plenty of
cloths and dusters, and
stepladders for high places.

Your cleaning strategy Start at the top of the house and work down. Work through

each room in the following pattern, always finishing a room before starting the next.

- Take down curtains and launder them, or take to the dry cleaner.
- Remove all pictures and other decorations from the walls.
- Think dry then wet—start with the dusting, sweeping and vacuuming, then move on to wet cleaning, such as that for windows and floors.
- Move all furniture to clean underneath it and blitz any neglected corners.
- Use the gentlest cleaning methods first, before moving onto something more aggressive for stubborn marks and stains.

Homemade treatment for a set grease stain

An easy fix for a grease spot on your pants is grease-cutting dish detergent... if you get to it fast enough. But what if you couldn't get to it right away and that tiny puddle on your pants has set for a while (like for a day, a week, after a regular wash and dry)?

Here's what you do: Soak the grease spot with a good squirt of dish detergent. Then take a finger full of cornstarch and rub that into the soapy detergent. Try not to use too much cornstarch. You want to use just enough so that it combines with the dish detergent and forms a smooth thin paste in the surface. Let set for 15 minutes, then wash as usual. The stain should be gone.

Want to Green Up Your Spring Cleaning?

If you really want to green up your cleanser collection, it's a pretty easy thing to do. You just need five ingredients, all of which are affordable and readily available. With this stash you can clean anything in your home: distilled vinegar and antiseptic essential oil, liquid soap and detergent, washing soda and baking soda.

Vinegar and essential oils. These ingredients are neutralizers of stains and odors, they also dissolve scale and help remove the dirt trapped in wood. Make sure you use white distilled vinegar because apple cider vinegar can stain some upholsteries. If you need to kill bacteria and mold then antiseptic essential oils will be a big help. You can choose from the following list: birch, lavender, cinnamon, eucalyptus, clove, rose, lemongrass, sweet orange or tea tree.

Liquid soap or detergent. Soap is better for you and the environment. However, if you use soap to wash your clothes it can leave a graying film on them. When selecting a detergent, go for the most biodegradable one available.

Baking soda and washing soda. These are mineral neutralizers. They can cut grease and dissolve wax. Baking soda is also mildly abrasive. Washing soda is for heavy duty jobs, but it can be caustic, so make sure you wear gloves.

—adapted from Mother Earth News





A llergy season is upon us, creating misery for millions of Americans. Here are some tips for alleviating allergy attacks caused by pollen and mold:

- Keep your windows closed at night.
 Use air conditioning, which cleans, cools, and dries the air.
- Minimize early morning activities outdoors between 5 and 10 a.m. This is the time of day when pollen is most prevalent.
- Keep your car windows closed when you drive.
- Take a vacation during the height of the pollen season. Pick a place that's more pollen-free, like the beach or the sea.
- Take the medications prescribed by your allergist.
- Don't spend too much time outdoors when the pollen count, humidity, or wind factor is high.
- Avoid raking leaves or mowing lawns, which stirs up molds and pollens.

Delegate these tasks to someone who isn't allergic.

- Don't hang sheets or clothing out to dry. Pollens and molds may collect on these items.
- Don't grow too many indoor plants. Wet soil is a breeding ground for molds.

Pollen

The pollen of such trees as oak, western red cedar, elm, birch, ash, hickory, poplar, sycamore, maple, cypress, and walnut is often the cause of early spring seasonal allergic rhinitis (hay fever).

Late spring and early summer hay fever is usually caused by pollinating grasses, including timothy, bermuda, orchard, sweet vernal, red top, and some blue grasses. Other weeds that can cause pollen allergy include sagebrush, pigweed, tumbleweed, Russian thistle, and cockleweed.

Note that pollen from plants with bright flowers, such as roses, usually does not cause allergic problems, since these flowers have large and waxy pollens that are carried from plant to plant by insects such as bees. On the other hand, many trees, most grasses, and certain lowgrowing weeds are primarily wind-pollinated.

Mold

Molds are parasitic, microscopic fungi without stems, roots, or leaves. They contain no chlorophyll, and their spores float in the air like pollen. Mildew is caused by molds.

Outdoor mold spores begin to appear after a spring thaw and reach their peak in either July, August, September, or October in the northern United States.

Molds are present in almost every possible habitat. Outdoors, they can be found in soil, vegetation, and rotting wood. Inside, molds are found in attics, basements, bathrooms, refrigerators and other food storage areas, garbage containers, carpets, and upholstery.

SWEATER SMARTS. What's this? As you smooth the sweater down over your middle, you see your shirt showing through a small hole. Upon closer inspection, you find a half-dozen, randomly spaced little holes. The moths have done it again—they've chewed holes in your favorite cashmere sweater.

Here's a tip: Before stowing your sweaters for the season, place them in a Ziplock® storage bag and pop it in the freezer for 24 to 48 hours. The frigid temperature will kill any larvae and eggs that are present. After this, take them out for thawing and shake out the sweaters to remove any dead eggs.





| | | VA | wednesday | thursday | friday | saturday |
|---|---------------------------------------|-----------------------------------|------------------------------------|---|---|-----------------------------------|
| Mal sunday | rch | 23 tuesday | Rent Due | 2 National Read Across America Day | National Anthem Day | 4 National Grammar Day |
| 5 Cheese Doodle Day | Returned Borrowed Books Week | National Cereal Day | 8 International Women's Day | 9 Name Tag Day | 10 Middle Name Pride Day | 11 |
| 12 Daylight Saving Time Check Your Batteries Day | 13 National Napping Day | 14 National Pi Day | True Confessions Day | 16 National No Selfies Day | 17 St. Patrick's Day Happy Saint Patrick's Day! | 18 Forgive Mom & Dad Day |
| National Let's Laugh Day | 20 Won't You Be My Neighbor Day | World Down Syndrome Day | 22 As Young As You Feel Day | 23 March is National Women's History Month | 24 | 25 International Waffle Day |
| 26 Make Up Your Own Holiday Day | International Scribble Day | National Something on a Stick Day | 29 International Mermaid Day | Take a Walk in the Park Day | 31 National Crayon Day | 4. |