



COVID-19 RESOURCES FOR OUR RESIDENTS

STAY
SAFE

During these challenging and uncertain times, supporting our residents is more important than ever. As a result, we've created the following list of helpful links that are available. Please know we are taking all the recommended precautions to make sure we're doing what we can to keep your community and our residents safe. Please reach out with any questions – we are all in this together!

GOVERNMENT FINANCIAL ASSISTANCE

IRS News Releases

www.irs.gov/newsroom/news-releases-for-current-month

Tax Returns & Deadlines

www.irs.gov/newsroom/payment-deadline-extended-to-july-15-2020

Economic Impact Payments & Eligibility

www.irs.gov/newsroom/economic-impact-payments-what-you-need-to-know

Refundable Tax Credits For Paid Leave - Small To Midsize Employers

www.irs.gov/newsroom/covid-19-related-tax-credits-for-required-paid-leave-provided-by-small-and-midsize-businesses-faqs

U.S. Department Of Education - Federal Student Aid

www.studentaid.gov/announcements-events/coronavirus

Public Assistance Programs

www.usa.gov/benefits

Customer Financial Protection Bureau

www.consumerfinance.gov/about-us/blog/protect-yourself-financially-from-impact-of-coronavirus/

EMPLOYMENT RESOURCES

How to File for Disability or Unemployment Benefits

www.edd.ca.gov

Families First Coronavirus Response Act: Paid Leave Rights

www.dol.gov/agencies/whd/pandemic/ffcra-employee-paid-leave

Families First Coronavirus Response Act: FAQ

www.dol.gov/agencies/whd/pandemic/ffcra-questions

FOOD AND NUTRITION RESOURCES

San Diego Food Bank

www.sandiegofoodbank.org/gethelp/

Feeding San Diego

www.feedingsandiego.org/

CalFresh

www.sandiegocounty.gov/content/sdc/hhsa/programs/ssp/food_stamps.html

GENERAL RESOURCES

2-1-1 San Diego

www.211sandiego.org/

County of San Diego Testing

www.sandiegocounty.gov/content/sdc/hhsa/programs/phs/community_epidemiology/dc/2019-nCoV/testing.html

Up2SD

www.up2sd.org/

San Diego Behavioral Health Services

www.sandiegocounty.gov/hhsa/programs/bhs/

American Red Cross

www.redcross.org/

Guide to Mental Health & Wellness

www.helpguide.org