

NORTHGATE COMMUNITY NEWS, Autumn 2020

JUST THE FACTS...

Volume 31, Autumn

Hello Northgate Neighbors. We hope everyone is well and still managing to navigate life in this global pandemic. But we still see life around us. People marry, children play and are getting back to school, babies are born. It seems that we must be as flexible as ever, since "normal" doesn't look the same from day to day anymore.

In accordance with CDC, state and city guidelines, it is very important that everyone over the age of two (2) wear a face covering when in public. Also, be sure to physically distanced, avoid large crowds and wash your hand frequently.

Please remember that management staff is still working remotely. There is no one in the office or community building. Our answering service acts as a virtual front desk for us, delivering messages to staff. When you call, please state your request and the answering service will relay the message; you'll get a call back. All calls must be made to 802-658-2722. **No other lines are answered.**

The LAUNDRY FACILITIES are opening back up. Two appointments per day will be accepted; 10:00 am to 12:00 pm and 2:00 pm to 4:00 pm. Please call the answering service and leave a message. Your appointment will be scheduled when you speak with a management staff person (NOT the answering service). The facilities will be sterilized between appointments. **A MASK MUST BE WORN AT ALL TIMES WHEN YOU ARE IN THE LAUNDRY ROOM/COMMUNITY BUILDING.**

Preventative maintenance appointments are now being made. You will be called between 3:30 p.m. and 7:30 p.m. prior to your appointment and you'll be asked a series of questions pertaining to the appointment. Please try to be available for these calls, if you can.

We are contracting with 1800GOTJUNK to take away items that you no longer want. This will be a contactless way of doing hauling way junk instead of dumpster days. When it is your turn, you will receive a notice in your mailbox. We'll be starting in October and this process will progress through the fall, stop for the winter and pick up again in the spring. You will only get ONE notice, so please check your mailbox on a regular basis. Hauling away junk a free service that Northgate has done for its residents for over 20 years. The board of directors wants it continued so that there won't be dumping by the curb--- but unfortunately, dumping continues throughout the year the dumping continues. Hauling away your junk will discontinue if the dumping continues...the site can't afford to pay for both 1800GOTJUNK/ secure dumpsters and pay maintenance to haul away junk at an extra charge. Other than using this haul-away service when it's your turn, IF YOU HAVE AN ITEM THAT IS "FREE" **DO NOT** leave it at the curb or anywhere else on site. Call the office and we can set up an AD for you on Facebook or in the newsletter. If the item doesn't move, you can store it in your basement for the next big trash haul-away day.

Yoga and Guided Meditation continue to be available on Facebook AND on Town Meeting TV (formerly channel 17) (Burlington Telecom 17 / 217 / 317 and Comcast 1087). **MONDAY AT 1:00 PM IS DEDICATED TO NORTHGATE ON CHANNEL 17!** Tune in to see what's on or tune in on a session from Facebook!

CONTINUED RESOURCES

- The Vermont State Housing Authority is administering a federal program called the Rental Housing Stabilization Program. This program is designed to help residents who are experiencing difficulties **paying their rent**. Information and applications can be found at www.vsha.org.
- **3SquaresVT** – Has your household lost pay? Have your childcare expenses increased? 3SquaresVT is here for you and your family. You could be eligible to receive a 3SquaresVT benefit or increase the

benefit you already receive. They can help you apply. Visit our 3SquaresVT page, email 3svt@vtfoodbank.org, call 1-855-855-6181 or text VFBSNAP to 85511

- **CSFP** – The **Commodity Supplemental Food Program** (CSFP) is a federal nutrition program which offers free monthly nutrition information and nutritious foods to income-eligible older adults. Boxes are available for pick up if you are signed up to receive them every FIRST MONDAY at the Elks Club, 925 North Avenue at 11:15.
- **2-1-1** – The Vermont 2-1-1 database contains detailed descriptions of programs and services available to Vermonters that are provided by local community groups, social service and health-related agencies, government organizations, and others.
- **WIC**: Vermont WIC is open and most services are being done by phone appointment to align with social distancing efforts. To connect with WIC in your area, visit www.healthvermont.gov/local. If you are pregnant, postpartum, breastfeeding, a caregiver or parent with a child under five you may be eligible for WIC.
- **Meal Programs for Older Vermonters**: People age 60 and older are especially encouraged to stay at home in order to protect themselves from COVID-19 but staying well-nourished is also critical for your health. To help, you may be able to pick up meals to go or have meals delivered to your home. For more information about meals for older adults, please call the Helpline at 1-800-642-5119.

Want to pay your rent **online**? Call 802-658- 2722 or email Carol at cjaramillo@maloneyproperties.com. You will get a code and instructions by email.

COMPOSTING: This program has gone very well. Thank you to all who are composting! If you are a recent composter and want to compost weekly rather than biweekly, please call the office at 802-658-2722 or email Carol at cjaramillo@maloneyproperties.com. Because their service has expanded in the New North End, No Waste Composting now comes to Northgate **very early** on Thursday morning. At times, it may be before 8:00 am. **Therefore, please consider placing your bucket(s) outside your gate on Wednesday evening.** If you are composting more organic material than one bucket can handle, and need a second bucket, please call the office at 802-658-2722 or email Carol at cjaramillo@maloneyproperties.com.

If you DO store your bucket(s) outside, PLEASE **keep your bucket inside your gate** unless it is out for pick-up AND ensure that your bucket covers are tight on the bucket; **actually, keep the lid on tight regardless of where you store your bucket(s)!!!** Our composting contractor has found that many buckets do not have the lids on tight; this causes flies, maggots and will bring animals to your gate. Questions? Call 802-658-2722 or email Carol at cjaramillo@maloneyproperties.com. Thank you!

Resident Director Elections: Thank you to everyone who participated in the latest resident director elections. All of our directors on the ballot were re-elected. Congratulations to our raffle winners, Nerina M, Mike L and Brian W! We received 93 votes back--thank you! Our directors continue to meet electronically the fourth Tuesday of each month. You can access meeting packets and board minutes through our website, www.northgateapartmentsvt.org under the newsletter tab. If you have questions or comments, please call the office at 802-658-2722 or email cjaramillo@maloneyproperties.com.

Federal and State Elections: Are you registered to vote this fall? If you need a registration form, please call the office at 802-658-2722 or email Carol at cjaramillo@maloneyproperties.com.

REMINDER AS IT GETS COLDER: Fire Pits and open fires are not allowed anywhere at Northgate. Thank you.

Mommy's Moment

-Leean Sack

Saying that things have changed this past half year is the ultimate understatement. But you know what hasn't changed; Resilience!

As many of our lives have been turned upside down. I have seen such great strength in our community within Northgate as well as outside of Northgate.

We always talk about how resilient our kids are. Well where do you think they learn that from? They learn it from the adults in their lives that model resilience. Mothers, fathers, grandparents, aunts, uncles etc.

I have witnessed folks scrambling, adjusting, readjusting and rearranging to "make it work." I've witnessed folks step up to help a neighbor in need and folks checking in with each other. I've witnessed families scrambling to find childcare and folks stepping in to help and doing what they can. I've witnessed folks struggling and folks stepping in with words of encouragement and support. I've witnessed folks sharing whatever resources they may have or know of.

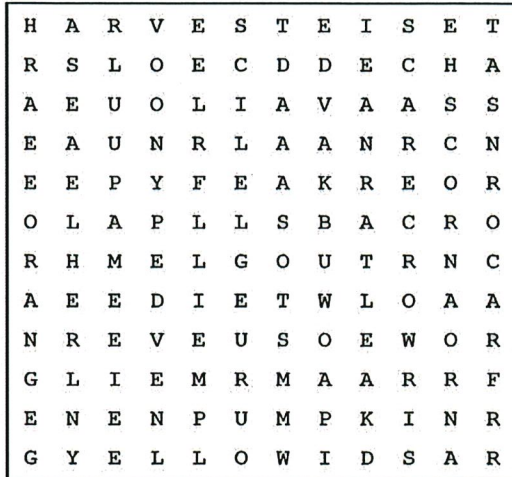
Unprecedented times for sure and despite everything going on the world right now, folks are "making it work" and proving to themselves that they are stronger than they ever thought they could be.

I hope for a day when we can look back and remember how resilient we had to be during this pandemic and our children see this as the ultimate moment... A Mommy's Moment.

FIND THE WORDS!!!

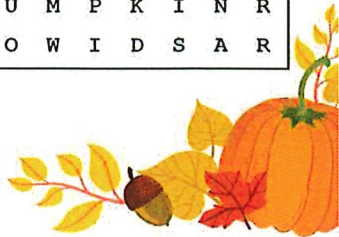
FUN FALL WORD SEARCH

Find each of the fall words hidden below.



WORDS TO FIND:

pumpkin	harvest
yellow	apples
scarecrow	hayride
autumn	red
leaves	Thanksgiving
sunflower	football
acorns	orange
corn	



Find more puzzles for children at enrichment.com/parent/activities-and-puzzles SCHOLASTIC

Fall Crossword

Follow the clues and complete the puzzle.



Word Bank

Rake	Fall
Acorn	Leaf
Color	

Down

1. This is another word for "autumn".
2. What is a squirrel's favorite nut?

Across

3. This item falls from a tree.
4. We use it to clean leaves in the yard.
5. Red is a _____ leaves turn.

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Work worksheets at www.education.com/worksheets

COLOR THE LEAVES!

