

NORTHGATE COMMUNITY NEWS, Summer 2020

JUST THE FACTS...

Volume 31, Summer

Hello Northgate Neighbors. Unfortunately, the COVID-19 virus is still with us. It's more important than ever to wear a mask outside and wash your hands frequently. Every household should have received a mask for each member from Maloney Properties. (Thank you MPI!)

The office staff is still answering phone calls--remotely! The phone calls are forwarded to one of three cell phones and are answered by Donna, Sara or Titus. That is why you can't leave a message, as the calls are bounced from day to day. IF you don't get an answer, keep trying! It just means that the phones are very busy. Work orders currently for emergencies only. The work orders will be forwarded to a contractor working with Maloney Properties. We are all in the office on different days; the offices and community hall remains closed to the public right now. As soon as this changes, we'll be sure to let you know.

The second phase of exterior work has begun on Fairfield Drive. 100 units will have canopies added and siding replaced. The door replacement will be deferred until next year when staff may be able to enter units. The full project should be completed by the Autumn of 2021.

The board of directors continue to meet remotely by Zoom.

We're not meeting in person for yoga or guided meditation, but these two programs are available on Facebook AND on Channel 17 (**Burlington Telecom 17 / 217 / 317 and Comcast 1087**). Thus far, our guided meditation instructor has provided two 30-minute sessions and our yoga instructor has provided us with one 30-minute kids yoga session. **MONDAYS AT 1:00 PM IS DEDICATED TO NORTHGATE ON CHANNEL 17!** Tune in to see what's on or tune in on a session from Facebook! This is still in its infancy, so stay tuned.

RESOURCES:

- 3SquaresVT – Has your household lost pay? Have your childcare expenses increased? 3SquaresVT is here for you and your family. You could be eligible to receive a 3SquaresVT benefit or increase the benefit you already receive. They can help you apply. Visit our 3SquaresVT page, email 3svt@vtfoodbank.org, call 1-855-855-6181 or text VFBSNAP to 85511
- CSFP – The Commodity Supplemental Food Program (CSFP) is a federal nutrition program which offers free monthly nutrition information and nutritious foods to income-eligible older adults. Boxes are available for pick up if you are signed up to receive them every FIRST MONDAY at the Elks Club, 925 North Avenue at 11:15.
- **2-1-1** – The Vermont 2-1-1 database contains detailed descriptions of programs and services available to Vermonters that are provided by local community groups, social service and health-related agencies, government organizations, and others. **CALL THIS NUMBER TO FIND OUT ABOUT THE LATEST FOOD DROPS AND TO SCHEDULE YOUR APPOINTMENT TO GET A FOOD BOX.**
- **WIC:** Vermont WIC is open and most services are being done by phone appointment to align with social distancing efforts. They have also temporarily expanded our food list to add options for some hard to find items.

Check the expanded food list to see what has been added. Please visit our website or text VTWIC to 855-11 to apply. To connect with WIC in your area, visit www.healthvermont.gov/local. We will continue to provide breastfeeding support, nutrition education, and community referrals. If you are pregnant, postpartum, breastfeeding, a caregiver or parent with a child under five you may be eligible for WIC.

- **Meal Programs for Older Vermonters:** People age 60 and older are especially encouraged to stay at home in order to protect themselves from COVID-19 but staying well-nourished is also critical for your health. To help, you may be able to pick up meals to go or have meals delivered to your home. For more information about meals for older adults, please call the Helpline at 1-800-642-5119.

Want to pay your rent online? Call 802-658- 2722 and have your email address ready! You will get a code and instructions by email.

A message from No Waste Compost: Composting begins for the whole state of Vermont on July 1, 2020. Northgate has been composting for those by choice for the past two years, and we've found that we have a very efficient system. You should have receive a bucket with instructions as well as a letter explaining what to expect the weekend of 6/27/20. Please pay close attention to the instructions. You'll find it is a great way to reduce your trash for Fridays and to help your environment. **FOR ALL RESIDENTS WHO ARE ALREADY COMPOSTING, YOUR SERVICE WILL NOT CHANGE. PLEASE SIMPLY CONTINUE THE WAY YOU ALWAYS HAVE.**

Because their service has expanded in the New North End, No Waste Composting now comes to Northgate **very early** on Thursday morning. At times, it may be before 8:00 am. Therefore, please consider placing your bucket(s) outside your gate on Wednesday evening if you are not an early riser.

If you DO store your bucket(s) outside, PLEASE ensure that your bucket covers are tight on the bucket. Many buckets do not have the lids on tight; in the warmer weather, this causes flies, maggots and will bring animals to your gate. Questions? Call 802-658-2722. Thank you!

Reminder for the Summer at Northgate:

NO POOLS OF ANY KIND ARE ALLOWED IN COURTYARDS

NO BARBEQUE GRILLS (GAS OR CHARCOAL) ARE ALLOWED IN COURTYARDS; WHEN USING A GRILL, IT MUST BE AWAY FROM THE SIDING.

AS ALWAYS, TOYS USED DURING THE DAY MUST BE PLACED NEATLY BY THE SIDE OF YOUR APARTMENT AT THE END OF THE DAY.

YOUR TRASH BARRELS ARE TO BE PLACED OUTSIDE THE MORNING OF TRASH PICKUP, NOT THE NIGHT BEFORE.

CHILDREN 5 YEARS OF AGE AND YOUNGER MUST BE ACCOMPANIED BY AN ADULT OR RESPONSIBLE CARETAKER WHILE OUT ON NORTHGATE PROPERTY.

THERE IS A 24 HOUR NOISE ORDINANCE IN BURLINGTON. PLEASE BE MINDFUL OF YOUR VOICE, TELEVISION AND MUSIC WHILE WINDOWS ARE OPEN DURING THIS WARM SEASON.

STAY SAFE AND WELL