July 2018 Volume 49, Issue 7

THE NORTHGATE NEWS



The July birth flowers are the **larkspur** and the **water lily**. Generally, larkspur indicates strong bonds of love as well as strong attachment, lightness, pure heart, sweet disposition and a desire for laughter. The water lily signifies purity, majesty, patience, love and compassion for all things and rising our of suffering. Source: <u>https://www.almanac.com/content/july-birth-flowers-o</u> and <u>http://www.flowermeaning.com/lotus-flower-meaning/</u>

Recycling in Burlington

It may seem like a "mission-impossible" to navigate the rules around recycling...here in Burlington, we CAN recycle quite a bit: glass, clean aluminum, plastic milk jugs, plastic food containers, pizza boxes (greasy is OK! -- food stuck on is a compostable item!), newspaper, junk mail, newsletters...that have, of course, been read thoroughly in ...but what about plastic grocery bags, bread bags and the like? These can be recycled at various locations throughout the Burlington area. In fact, there is box in the lobby of the management office for collecting these bags. The van crew (see the van schedule for dates and times!) takes them to the grocery store at the beginning of each month to for recycling. The plastic is typically used to make composite lumber. Below are the details and locations of the bag (and thin plastic) recycling locations (if you choose not to bring them to the office). Stop into the management office for an informational sheet that will give you the complete scoop on recycling!

Plastic bags

DISPOSAL OPTIONS

Plastic bags not accepted with <u>blue bin recycling</u>. Please do not put filmy plastic of any kind in your recycling bin or cart.

Many local grocery, hardware, and other stores accept plastic bags for recycling. To find a takeback location near you, enter your zip code on the <u>Plastic Film Recycling website</u>.

These common plastic bag types are also accepted at most takeback locations:

- Shopping bags
- Produce bags
- Newspaper sleeves
- · Dry cleaning bags
- Cereal box liners
- · Sandwich or freezer bags
- Bread bags

Check with the retailers below about plastic wrap... many will take it as well (thin plastic).

Some retailers also accept pellet bags, salt bags, and more. Check with the takeback location for their full specifications.

COST

There is no charge to participate in a plastic film takeback program.

LIMITATIONS, REGULATIONS AND OTHER SPECIFICATIONS

To be accepted at a takeback location, plastic bags must be clean and dry.

NOTES

Many supermarkets and chain retailers send plastic film to **Trex**, which uses the film to make composite lumber for decking and benches. See their website for a list of items they accept.

clean and dry!!

DROP-OFF LOCATIONS FOR PLASTIC BAG <u>RECYCLING</u>

**Closest: Northgate Management Office Lobby 275 Northgate Rd Burlington VT	🚗 <mark>0.00 miles</mark>
 Hannaford Supermarkets ♥ 1127 North Ave Sui 11 Burlington, VT ♥ (802) 862-8040 	🖨 2.5 miles
Shaw's ♀ 570 Shelburne St South Burlington, VT 、 (802) 860-2255	🖨 4.82 miles
Price Chopper ♀595 Shelburne Rd Burlington, VT ६ (802) 651-9826	🖨 4.84 miles
Lowe's Is9 HANNAFORD Dr SOUTH BURLINGTON, VT	🖨 5.44 miles
JCPenney ♥155 Dorset St South Burlington, VT ℃ (802) 860-6388	🖨 5.48 miles
 Hannaford Supermarkets 217 Dorset St University So. Burlington, VT (802) 863-6311 	🖨 5.63 miles
Price Chopper ♀ 1184 Prim Road Colchester, VT ℃ (802) 651-9409	🖨 5.98 miles
Shaw's ♥ 66 Mountain View Dr Colchester, VT ℃ (802) 654-7803	🖨 5.99 miles
 Hannaford Supermarkets ♥ 1233 Shelburne Rd Ste 210 So. Burlington, VT \$ (802) 652-4896 	🖨 6.13 miles
 Hannaford Supermarkets ♀ 218 Hannaford Supermarkets Dr So. Burlington, VT ५ (802) 864-0105 	🖨 7.92 miles
Price Chopper ♀41 Hinesburg Rd, Commerce Sq Shopping Ctr S Burlington, VT 、 (802) 864-9176	🖨 7.92 miles
Lowe's In Susie Wilson Rd Essex JUNCTION, VT	 9.07 miles
Walmart ♥863 Harvest Ln WILLISTON, VT 、 (479) 273-4000	🖨 11.07 miles

NROC COMMUNITY EVENTS

Every kid is a SUPERHERO at Northgate!!

Don't miss Northgate Kid's

August 4th, 2018 11:30 am – 2:30 pm

- Design your own free cape and mask
- Face Painting with Face Mania will be back!
- Portraits of your little super hero by artist Corrine Yonce
- Be green as a family sign up for a composting bucket and design your household bucket.
- Lots of FUN activities!
- Kids will get tickets for a yummy box lunch from THE GOOD FOOD TRUCK and ice cream FROM MR. DING-A-LING



Mark Your Calendars!

FISHING TRIP FOR DERBY WINNERS: July 21 (time to be announced)

Adult BBQ! August 11, 2018, 12:00 pm – 2:30 pm Rick's Catering will once again offer the adults here at Northgate a Barbecue, for adults only!! Each resident 18 and over, will receive a ticket for a meal of chicken OR ribs with all the "fixings". Neighbors loved socializing with their neighbors last year!

NROC AUTUMN HARVEST FESTIVAL AND HAYRIDE: October 13 11:00 am – 3:30 pm

YOUTH TEEN AND HALLOWEEN PARTY (with DJ!): October 26 (time to be announced)

NROC CRAFT FAIR: November 3: (time to be announced)

BUCKETS ARE STILL LEFT IN THE FIRST 100 FOR COMPOSTING! SIGN UP FOR A COMPOST BUCKET! THE FIRST 100 HOUSEHOLDS TO SIGN UP GET A GIFT. PHASE 1 IS COMPLETE AND WE'RE WELL INTO PHASE 2 WITH OUR NEXT 50! BUCKET LINERS WILL BE PROVIDED BY NROC ON AN ONGOING BASIS. NO COST TO YOU!

Would you like to see an event here at Northgate? Please call Carol at 802-658-2722 extension 19 to suggest it or email <u>cjaramillo@maloneyproperties.com</u>.



Our Resident Services Coordinator, Leean Sack, is going on maternity leave soon... If you'd like to drop off a card to congratulate Leean and her family, please bring it by the Management

office and we'll make sure she gets it!



Management News

<u>AIR CONDITIONER INSTALLATION</u>--Please remember there is a Northgate Air Conditioner Policy which must be followed when installing an air conditioner in your apartment. This policy has been approved by the Burlington Fire Marshall. Installing an air conditioner and putting a piece of board on the top is a violation of city fire code.

If you need an air conditioner installed, please contact the management office. There is a **\$65.00 charge to cover labor, materials and installation.** When summer is over, simply carefully store your air conditioner frame and it can be re-installed the following year.

SECURITY REMINDER -Please remember to close and lock your windows and doors when leaving your apartment and going to bed for the night. Security should be in the forefront of everyone's mind these days. Be safe, keep them locked.

CAR WASHING -Please remember that due to the high cost of water at Northgate, car washing is strictly prohibited on site. Northgate pays more than \$15,000 per month for water for its residents. Anyone found to be washing their car on site will be in violation of their lease.

RENT PAYMENTS-As residents at Northgate, it is a requirement of your lease that you pay your rent each month on the first of every month. Any rent payments received after the 5th of each month are considered late payments. It is important for the financial wellbeing of the property that every household pay their rent on time each month.

ITEMS ATTACHED TO NEW TRIM- We have noticed that many households have attached various items to the new trim on the buildings.

The notice that was sent to every household prior to the beginning of the work on each building very clearly states: "After the new wood trim has been installed and per the Northgate Home Improvement Policy there is to be no drilling or nailing into the vinyl siding, outside trim or fencing."

Please be advised that if you have installed these items they need to be removed immediately.

DECK EXTENSIONS- Due to the ongoing exterior rehab work we are asking residents please do not build any deck extensions/new decks in your backyard. As per the Home Improvement Policy, any requests that come into our office will be denied for this reason. Any deck built without prior approval risks being removed when your building is rehabbed.

From the NROC Boardroom

The NROC Board of directors meeting was called to order at 5:55 p.m. on May 22, 2018.

Resident Open forum: A resident director mentioned that when the power-washing is completed on buildings, moving forward, it would be nice to get a phone call to let residents know that they can leave their windows open.

The board discussed and agreed that discussions happening in Washing DC regarding subsidies should be followed carefully.

Business: Burlington Telecom is coming to Northgate!! BTC will be coming to Northgate and will wire each building as residents call in for the service—this will begin in 2019. There are copies of the BTC proposal in the management office.

A motion was made to accept the proposal from Burlington Telecom to come to Northgate and proceed as proposed. All were in favor; the motion passed.

Board Open Forum: Question: Where does Northgate stand on the new law regarding growing marijuana? Answer: NROC (Northgate Residents Ownership Corporation) accepts federal dollars and therefore, despite what the state law is, the federal law takes precedence at Northgate, and possession, use, growing and selling are still illegal on a federal level. The directors asked MPI to draft and send a letter to the full resident membership explaining this and that the current NROC drug and alcohol policy is in full accordance with federal law.

The meeting was adjourned at 7:30

Management Office Closings

JULY - DECEMBER 2018

Note: When a holiday is on a Monday, the Management Office closes at 12:00 the Friday before.

July 4	Wednesday	Independence Day
August 16	Thursday	Battle of Bennington
September 3 (office closed at 12:00 on 8/31/18)	Monday	Labor Day
October 8 (office closed at 12:00 on 10/5/18)	Monday	Columbus Day
November 12 (office closed at 12:00 on 11/9/18)	Monday	Veteran's Day (observed)
November 22,23	Thursday,	Thanksgiving Holiday
	Friday	
December 25	Tuesday	Christmas Day

COMPOSTING AT NORTHGATE: ACCEPTING NAMES NOW!! CALL 658-2722 TO RESERVE A SPOT IN THE FIRST 100!



5

Feel free to contact No Waste Compost at this email address or phone number!

no waste compost@gmail.com

NORTHGATE YOUTH CALENDAR

July	A						
S UN	MON	TUE	WED	THU	FRI	SAT	
1	2 Community Group 1p-2:30p Outdoor Games 3p-4:30p Lake Monsters Leave @ 6p	3 Playdate 10a-11a Eco Club 1p-2:30p	4	5	6 Baking Club 11:30a-1p	7	All permission slips must be in by last business day before trip, permission slips will not be
8 Ice Skating 12:30p- 3p	9 Community Group 1p-2:30p Outdoor Games 3p-4:30p	10 Playdate 10a-11a Eco Club 1p-2:30p	11	12 Maple Street Pool 5:30p-8p	13 Baking Club 11:30a-1p	14	accepted day of PLAN AHEAD
15	16 Ethan Allen Tower/Hike 10a-12:30p Community Group 1p-2:30p Outdoor Games 3p-4:30p	17 Playdate 10a-11a Eco Club 1p-2:30p	18	19	20 Baking Club 11:30a-1p	21	Outdoor Games Subject to change due to weather
22 Maple Street Pool 1p-3p	23 Community Group 1p-2:30p Outdoor Games 3p-4:30p	24 Playdate 10a-11a Eco Club 1p-2:30p	25	26 Maple Street Pool 5:30p-8p	27 Baking Club 11:30a-1p	28 Lake Monsters Leave @ 5p	Permission slips needed for Ethan Allen hike, ice skating, Maple Street Pool, Lake
29 Kid's Color Run!! Details To Be Announced	30 Community Group 1p-2:30p Outdoor Games 3p-4:30p	31 Playdate 10a-11a Eco Club 1p-2:30p					Monsters

July 29 is the <u>first EVER</u> KID'S COLOR RUN!!! Much like the <u>Queen City Marathon</u>, our Northgate kid's will run a marathon of their own, receiving a colored bracelet at each water stop to show that they've made each station! HOW CAN YOU HELP?

Our kids need station volunteers and they also need sponsors! They'd like to collect some bottles to cash in for their prizes and supplies for their marathon. And of course, cash donations are accepted!!

Can you help? Please call the office and relay your information about how you can help—by volunteering or sponsoring with bottles or cash gifts (the kinds hope to raise \$250.00 for the event). This is a healthy, positive, upbeat event that our Northgate kids have come up with themselves!

Resident Events and Information

Commodities Delivery for Senior Citizens

Monday, July2: Delivered between 12:00 and 1:30...please plan to be home for your delivery.

Van Rides**

Important Note: Waivers are now required for adults to sign before each van trip. They will be available and retained in the van.

Tuesday July 3rd 10:00 – 1:00 Price Chopper, Good Will, Home Goods, Dollar Tree

Friday July 13th 1:00 – 4:00 Costco

Saturday July 14th 8:45 – 1:00 Shelburne Farmer's Market/Shelburne Country Store

Friday July 20th 1:00 – 4:00 Wal-Mart, Christmas Tree Shops, Pet-food Warehouse

Friday July 27th 12:00 – 2:00 Hannaford/Food Shelf/Dollar General

** Extra Van Rides *may be* available upon request, please contact Carol for details: 658-2722 ext. 19 or cjaramillo@maloneyproperties.com.

RESIDENTS!!!

Do <u>YOU</u> have a special skill that can be used at a Northgate event? Are you a musician, photographer, artist, street entertainer, comedian, DJ??? If you are, and you have the time, please consider calling or emailing Carol to get you on a list of paid vendors for these events! (See page 9 for contact info!)

July Pantry Hours

Wednesday July 25th: 6:00 pm – 7:00 pm Friday July 27th 9:00 am-11:00 am and 2:00 pm – 4:00 pm

THE GOOD FOOD TRUCK

EVERY <u>TUESDAY</u> 5:00 PM – 6:30 PM

July's dumpster will be here on July 25th right past the 450's on Northgate Road and will remain there <u>until filled</u>. We've asked Casella that the dumpster be delivered around 8:00, but we have no control as to when it gets here. We also inquired about dumpsters being here later in the day; regrettably, there wouldn't be drivers available, as on Saturdays. If you have furniture that is in relatively good condition, call ReSource and they will come and pick it up for you. 802-658-4143 <u>https://resourcevt.org</u>

<u>SAFETY</u>

PLEASE BE AWARE!! There is a rash of bicycle thefts happening on site!! PLEASE make sure you and/or your children know to lock up their bicycles anytime they are not being used! The thefts are fast, and the bikes have not been recovered.

We're also in the warmer weather season which means people DO come on site and <u>try random doors</u> <u>and windows to see what's open.</u> PLEASE lock doors even when home and ground floor windows at night!

Assistance Dog Owners: Please be aware of this virus; there have been reported cases in Chittenden

County!!

Canine oral papillomas, also known as oral warts, are small, benign tumors of the mouth caused by the **papilloma virus**. They are found on the lips, gums, mouth, and rarely can also be located on other mucous membranes. **Canine** oral papillomas usually affect young **dogs**, under the age of 2.



Oral Papilloma Virus in Dogs - Pet Health Network www.pethealthnetwork.com/dog-health/dog-diseases...a-z/oral-papilloma-virus-dogs

This Month's Scramble

<u>Congratulations</u> June's Winner: Lyudmila Romanova found the word "uncoated" on page 5 in the March newsletter and won \$20.00. Lyudmila was 1 entry of 5 entries!! Thanks to everyone for playing!

July's scrambled word:

tryletabger

Find the word in the newsletter articles and bring the following information to the office for your chance to win \$20.00!

Bring the following information to the office (or place in the workshop mail slot) attention Carol Jaramillo:

- the page number
- the name of the article
- your name
- your apartment number



People Born in July...

People born in July are very good organizers and ethical in their approach to work. Their hard work and determination towards their tasks is commendable and hence, they often inspire others to do as well as themselves. They are good with their culinary skills being good cooks and they make good managers too, but their super organizing skills can get annoying as they tend to be perfectionists and very critical. They love to be surrounded by nature and make good gardeners. They are great with kids too, have loads of energy to keep them engaged, and teach them new things. Qualities that best describe July born individuals are organized, steady, stable, lovable, charming and warm. They are a great success with family members. Children always see them as someone who is a lot of fun and has interesting facts to pass on. They are deeply loved and often admired by family members. Source: <u>https://www.astrospeak.com/slides/personality-traits-ofjuly-born-individuals</u>



NROC MANAGEMENT DIRECTORY and OFFICE HOURS (5/28/18 - 9/3/18)

 MONDAY
 8:00 AM - 4:30 PM

 TUESDAY
 8:00AM - 4:30 PM

 WEDNESDAY BY APPOINTMENT ONLY
 THURSDAY

 THURSDAY
 8:00 AM - 4:30 PM

 FRIDAY
 8:00 AM - 2:30 PM

OFFICE PHONE

(802) 658-2722

Our answering service will answer calls outside of normal business hours listed above

OFFICE STAFF & EXTENSION NUMBERS

Laura Barnett: Ext. 11 Office Manager - Work Orders & Emergency Line, general inquiries

Emily Verner: Ext. 36

Youth Program Assistant (Receptionist -- Thursdays only)

Donna Chagnon: Ext 14

<u>Property Manager</u> - Questions about the property or your unit, rent questions, site policy compliance, lease compliance.

Sara Noth: Ext. 15

<u>Property Manager</u> - Questions about the property or your unit, site policy compliance, subsidy and income re-certification questions.

Jeff Winkler: Ext. 16

<u>Systems and Operations Coordinator</u> - Access coordinator for inspections and special projects, energy conservation questions and coordinator of site wide resident events.

Carol Jaramillo: Ext. 19

<u>Community Builder</u> - Supporting the NROC Board of Directors, represents resident thoughts and concerns to the Board of Directors and Property Management. <u>cjaramillo@maloneyproperties.com</u>

NROC Fax Number: 802-864-4005

TYY: 711

NROC Monthly Info Line for Van Rides/Other events: 802-862-4815

Website: <u>www.northgateapartmentsvt.org</u> – newsletters, Board of Director meeting agendas and minutes, helpful links, make online rental payments, NROC blog.







A Tale of the Fourth of July: July 4th, 1826

By Jeff Winkler



Most Americans celebrate the Fourth of July each year with a summer BBQ, perhaps attend a parade, or listen to a reading of the Declaration of Independence. Then of course there are all those wonderful fireworks displays in the evening. This scenario has pretty much been an American tradition since the year of 1776. July 4th of 1826, however, was a uniquely different day. That July 4th marked America's 50th birthday as a nation. That July 4th also noted the deaths of John Adams and Thomas Jefferson.



Jefferson (pictured left and Adams (pictured lower right) have become synonymous with the term, American independence. Adams led the charge in The Continental Congress, pressing for a unanimous vote that would declare Great Britain's 13 American colonies, a free and independent nation. Jefferson of course wrote the defining document of our new nation when he authored the Declaration of Independence. To have both these men pass into history on this day of days was an event truly unique and special. Adams' son, John Quincy Adams, actually saw the hand of God intertwined with the events of that day.

Sick and infirmed, it seemed as if both these men had willed themselves to stay alive long enough to see, one last time, their cherished Fourth. In Quincy, MA, when finally told

that it was the Fourth, Adams was heard to say, "It is a great day. It is a good day." Adams would linger on into the day. That afternoon he would speak

what those at his bedside recalled as his last coherent words, "Thomas Jefferson survives." Amidst a thunderstorm John Adams' heart stopped beating at 6:20 in the afternoon. Coinciding with Adams' last breath, those with him at the time, "would remember ever after, there was a final clap of thunder that shook the house; the rain stopped, and the last sun of the day broke through dark, low hanging clouds bursting forth...with uncommon splendor at the moment of his exit."



Unknown to Adams, his long-time friend, Thomas Jefferson, had not survived him at all. At Monticello, VA, Jefferson had been lapsing in and out of consciousness since July 2nd. On several occasions, he would ask if it was the Fourth? Finally as July the 3rd became July the 4th, Jefferson was informed that

he had indeed lived to see the day that celebrated his greatest accomplishment. Jefferson finally succumbed at 12:50 in the afternoon. It was remembered that this was approximately the same time that his Declaration was presented to Congress on that July 4th of 1776, fifty years ago to the day.

Thomas Jefferson wrote his last letter on June 24th, 1826. In that letter he expressed his final thoughts on the annual celebration of the Fourth of July, and the nation that he had helped found:



"May it be to the world, what I believe it will be, (to some parts sooner, to others later, but finally to all,) the signal of arousing men to burst the chains, under which monkish ignorance and superstition had persuaded them to bind themselves, and to assume the blessings & security of selfgovernment. That form which we have substituted, restores the free right to the unbounded exercise of reason and freedom of opinion. All eyes are opened, or opening, to the rights of man. The general spread of the light of science has already laid open to every view the palpable truth, that the

mass of mankind has not been born with saddles on their backs, nor a favored few booted and spurred, ready to ride them legitimately, by the grace of God. These are grounds of hope for others. For ourselves, let the annual return of this day forever refresh our recollections of these rights, and an undiminished devotion to them."

I do believe that John Adams would have agreed with him. Adams too left some thoughts for America and her future generations, "Oh posterity, you will never know how much it cost us to preserve your freedom. I hope that you will make a good use of it, for if you do not, I shall repent in Heaven that I ever took half the pains to preserve it."

John Adams lived to be 90 years of age; Thomas Jefferson 83. Much of their lives were dedicated to building a nation, the likes of which had never been seen before. Both served that nation in varying capacities, including holding the office of President of the United States of America. On each July 4th, let us all remember what these men gave to our nation, the opportunity to, "life, liberty and the pursuit of happiness;" the opportunity to be a free and independent people.

WORD SEARCH

Here's a word search puzzle for all you puzzle-folks who like to challenge your brains!

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	-V/	J	R	С	R	E	K	М	Е	Т	R	R	G	Р	Q	Ι
	0	Т	R	T	Р	N	W	D	E	N	S	K	Е	A	S	L
	AMERICA	G	Н	Q	Ι	Р	0	0	0	R	R	N	D	М	W	0
	BLUE CELEBRATE	K	A	Н	С	М	Р	A	R	A	D	Е	Е	С	A	Н
	FIREWORKS FLAG	0	S	Ζ	N	F	L	A	G	K	T	U	D	Е	В	G
	FOURTH FREEDOM	S	Е	Р	Ι	R	Т	S	Y	Ι	S	L	T	L	Х	L
	HOLIDAY INDEPENDENCE	Y	K	T	С	N	B	L	N	K	Ζ	В	H	Е	Q	Κ
	JULY PARADE	F	D	L	S	A	U	U	E	Т	Ι	Н	W	В	W	М
	PICNIC RED	L	S	0	Ι	J	0	T	F	A	R	D	H	R	G	N
	STARS STRIPES	Ι	N	D	Е	р	E	N	D	Е	N	С	Е	A	Ζ	R
	SUMMER UNITED	Q	G	Q	Q	F	K	U	L	Ι	T	Ζ	V	Τ	U	S
	WHITE	Е	Ζ	В	R	Ζ	S	Ζ	D	N	R	J	С	Е	E	G

Source:

https://www.google.com/search?q=July+word+search&rlz=1C1WPZB_enUS777US777&tbm=isch&source=iu&ictx=1&fir=f1avQqrlkALr 3M%253A%252C_b2rZV5J8En52M%252C_&usg=_cwR69RaIPUfKA207fVSr6OgXhmU%3D&sa=X&ved=0ahUKEwjk4Z3x6JnbAhWImlkK HT8ADmgQ9QEILTAC#imgrc=7JoMH6Qco9DmSM:

HANDY "AT-A-GLANCE" INFORMATION

- <u>Northgate is owned and operated by its residents</u>. Maloney Properties, Inc. (MPI) <u>manages</u> Northgate—MPI does not own Northgate. The decisions at Northgate are made by a Board of Directors; 9 residents and 4 community representatives. The Board of Directors meetings are always on the fourth Tuesday of every month at 5:30 pm, unless indicated otherwise.
- Northgate is in <u>Ward # 4</u>. Northgate residents vote at St. Marks Youth center, 1271 North Avenue.
- Northgate's <u>zip code</u> is **05408**, for the New North End.
- Northgate's Vermont Representatives (Chittenden 6-1)
 - Carol Ode: COde@leg.state.vt.us
 - Kurt Wright: kwright@leg.state.vt.us
- Northgate's City Councilors:
 - Kurt Wright (Ward 4): kwright@burlingtonvt.gov
 - David Hartnett (North District): dhartnett@burlingtonvt.gov
- <u>Council meeting schedule</u>: https://www.burlingtonvt.gov/CityCouncil/City-Council-Meeting-Schedule or call 802-658-7000
- <u>City Hall</u> phone number: 802-865-7000... <u>Mayor</u>: Miro Weinberger Web: <u>https://www.burlingtonvt.gov/</u>
- Police non-emergency phone number: 802-658-2704
- Police EMERGENCY phone number: 911
- <u>Car-Share Vermont</u>: 802-861-2340
- Champlain Valley Office of Economic Opportunity (CVOEO): 802-862-2771 or online at https://www.cvoeo.org/
- <u>Chittenden Emergency Food Shelf</u>: 802-658-7939
- <u>Chittenden Solid Waste District (CSWD)</u>: 802-872-8111 or online at: <u>https://cswd.net/</u>
- <u>Community and Economic Development Office (CEDO)</u>: 802-865-7144 or online at cedofd@burlingtonvt.gov
- <u>Dr. Dynasaur (SCHIP—healthcare for kids</u>): 1-800-250-8427 or online at http://www.greenmountaincare.org/vermont-health-insurance-plans/dr-dynasaur
- <u>Department of Children and Families</u> (3 Squares, Fuel Assistance, Life Line, Reach Up, Reach Ahead, Housing Assistance, Emergency Assistance, childcare Subsidy, and more...): online at http://dcf.vermont.gov/ or call: <u>Benefits Call Center</u>:1-800-479-6151 <u>Child Abuse Hotline</u>: 1-800-649-5285 <u>Child Care Helpline</u>: 1-800-649-2642 <u>Child Support Helpline</u>: 1-800-786-3214
- <u>Good News Garage</u>: 802-864-3667
- Good Will: 1080 Shelburne Road, South Burlington 802-658-5359
- Home Instead Senior Care: 802-860-4663
- Heineburg Senior Center: 802-635-3343
- Howard Center: 802-488-6000 or 802-488-6100 (Pine Street)
- Meals on Wheels: 802-862-6253
- <u>Re-Source</u>: 329 Harvest Ln #200, Williston, VT 05495 802-658-4143 <u>https://resourcevt.org</u>
- Sara M. Holbrook Center: 802-862-6342
- <u>Social Security</u>: 1-800-772-1213 TTY: 1-800-325-0778 128 Lakeside Ave Suite 107 Burlington VT 05401
- Spectrum Youth and Family Services: 802-864-7423
- <u>Support And Services at Home (SASH) (medical services in your home)</u>: 802-863-2224 or email: SASH@cathedralsquare.org and online at https://sashvt.org/



NROC BULLETIN BOARD

Do you want to pay your rent online? Call 658-2722 x-11 to get your code mailed to you to sign up! It is easy and secure.

July's Dumpster will be here on Wednesday, July 25th right past the traffic circle on Northgate Road (around the 450's).

NROC COMPOSTS!!



To those of you who ARE composting...you DO <u>NOT</u> have to have a full bucket to put it out! Our compost partners will <u>gladly accept</u> whatever you have in your bucket (that is appropriate) and re-line your bucket with a new liner! So...put out those buckets...full or not! Congratulations to the first 73 households who are composting! Many of the folks who have been composting report a decrease in garbage and that composting is easy! The first 100 buckets will have gifts in them (only 27 for the first 100 left).

Would you like to see an event here at Northgate? Contact Carol to suggest it; 658-2722 ext. 19 or cjaramillo@maloneyproperties.com

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Check out the newsletter on the NROC website at: <u>http://www.northgateapartmentsvt.org</u> (click on Community, then newsletter or Blog) you can also find handy links for school closings, the weather, the city of Burlington and the state of Vermont. ECRWSH PrstStd US Postage Pd Burlington VT Permit 400