

GRUB DROP: A FOOD DRIVE COMPETITION

Hunger in the United States is on the rise.

We can fight hunger together, while staying apart! COVID-19 has increased hunger in the U.S., and food banks and pantries are struggling to meet the demand.

From **July 6th through September 30th**, office staff and residents have an opportunity to help feed those in their local communities. Our apartment community will be participating in *Grub Drop, A Food Drive Competition* hosted by *THS National*. All food donations will be made directly to the local food bank.

We will also be competing with other apartments to win an end of summer resident function to celebrate the apartment community who donates the **most food and helps feed the most people in their local our community**.

Thank you to **THS National** for helping put this together.

Please fill the provided paper bag with any unopened, non-perishable food items that you'd like to donate and bring it the lobby for drop-off no later than Wednesday, September 30th.



THS National, LLC

Thank you to THS National for sponsoring Grub Drop, A Food Competition Food Drive.

MoveForHunger.org

Move For Hunger is a national 501(c)3 non-profit organization that mobilizes the relocation industry to reduce food waste and fight hunger.



Suggested Food Items:

- Canned Tuna/Chicken
- Chicken Broth
- Peanut/Nut Butters
- Canned Fruit in light Syrup
- Juice Boxes (no sugar added)
- Canned Veggies
- Canned Soups/Stews/Chili
- Beans (canned or dried)
- Boxes Mac & Cheese
- Pasta Sauce
- Pasta, Rice, Quinoa
- Baby Food/formula
- Shelf Stable Rice/Almond/Soy Milk
- Spices
- Cereal/Oatmeal/Granola
- Cooking Oils

****Please no glass containers as they could break during transport.****

