



# HEALDSBURG

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*Senior Living*

A Pacifica Community

IT'S A NEW DAY.  
AND IT'S YOURS!





At Pacifica Senior Living, we don't expect our residents to "fit" into one of our communities. We've designed our communities to "fit" them – to meet their different needs, preferences, dreams and goals. From Independent Living to Assisted Living and Memory Care, our communities welcome residents to live by their own design.

Our communities provide residents with every service and amenity they need, want and deserve to live each day just as they choose. We respect their individuality and understand that each person is in charge of the direction his or her life takes. We're simply here to support them. Every step of the journey.

**It's a New Day. And It's Yours!**











## SENIOR LIVING SERVICES

Pacifica Senior Living communities offer a variety of care and lifestyle choices to support our residents in living well.

### Independent Living

Active seniors retire to carefree living at its best. No housework. No yardwork. No worries. Just time to spend as they choose. Our communities feature spacious apartment homes, amenities, services and engaging programs – all designed to provide residents with the lifestyle to which they've aspired.

### Heartland™ Assisted Living

Delivering the optimal balance of independence and support, Heartland™ Assisted Living helps our residents live fulfilling, dignified lives. Each resident has a customized service plan that meets his or her individual needs. With support available 24 hours a day, our residents enjoy assistance with activities such as:

- Meals
- Medication Management
- Bathing & Dressing
- Mobility
- Transportation







## Legacies™ Memory Care and Transitions™ Care

Our Legacies™ Memory Care programs provide those with Alzheimer's disease, dementia or other forms of memory loss with the support, care and respect they deserve to continue living a full, enriching life. Each resident receives a personalized care plan that is carefully implemented by our compassionate staff.

### Skilled Nursing Care

Our Skilled Nursing setting provides 24-hour post-acute care for individuals who require an emphasis on rehabilitation and recuperation following a hospital stay. In addition, if returning home is not a safe option, long-term custodial care is available at a daily rate.

### Respite Care

There are times in our lives when we need a little extra help. Pacifica's Respite Care program is available to allow families an opportunity to take a break from the daily tasks required for a loved one. Our program is also perfect for individuals who are recuperating from a hospital/rehabilitation stay, or simply wish to experience the Pacifica lifestyle.  
*(Respite Care based on availability.)*

### Companion Living

Companion Living enables seniors to enjoy all the care, services and amenities of a Pacifica Senior Living community with the added benefits of forging a new friendship, enhanced well-being and cost savings of sharing a suite, just to name a few.  
*(Companion Living available only in Memory Care.)*







## DESIGNED FOR LIVING WELL

Our communities are designed to help our residents live well, surrounded by services, amenities and programs.

### Dining

Dining is a delight at Pacifica Senior Living. Meals are prepared fresh daily by our on-site chefs and are served in beautifully appointed, restaurant-style settings by attentive dining room staff.

### Life Enrichment

Our Life Enrichment programs offer a variety of opportunities to meet new friends, discover new interests, exercise and maintain health, enjoy exciting outings and excursions, and so much more.

### Transportation

A full-time, certified driver is available through the community's transportation department. Scheduled services take residents to nearby medical appointments, shops, religious services, banks, postal centers and more.

### Pet Friendly

Pets are part of the family, so Pacifica Senior Living communities are pet friendly\* and have designated pet areas for convenience.

*\*Weight limitations*

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[HealdsburgSeniorLiving.com](http://HealdsburgSeniorLiving.com)

725 Grove Street  
Healdsburg, CA 95448

P 707.433.4877



CA License #496801635





# WELCOME

Welcome to Healdsburg Senior Living, a beautifully appointed Pacifica Senior Living community that elevates Assisted Living, Memory Care and Skilled Nursing Care to a new standard of excellence.

Offering affordable lifestyles for Independent Living, Heartland™ Assisted Living and Legacies™ and Transitions™ Memory Care, Healdsburg Senior Living just may be the best value in luxury senior living in the Healdsburg area. Rich with amenities and services, Healdsburg Senior Living welcomes residents to enjoy a worry-free lifestyle that beautifully balances independence and support.

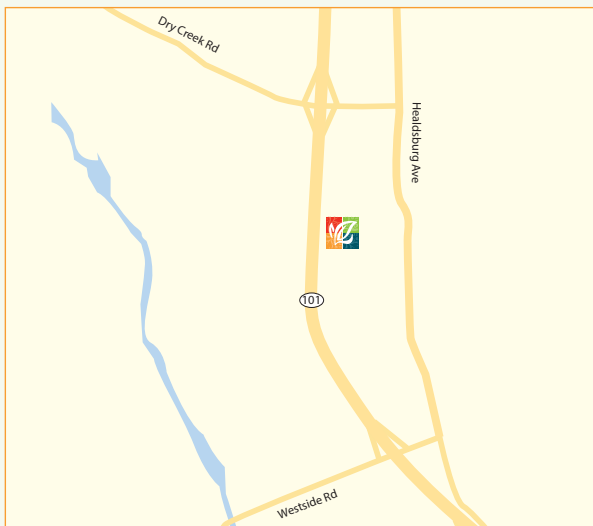
Our community has been thoughtfully created and designed to provide seniors with an enriching, fulfilling lifestyle, the company of peers and the peace of mind

that comes with 24-hour support by a trained staff. From a variety of floor plans to inviting spaces both indoor and out, Healdsburg Senior Living offers residents their choice of private apartments as well as community areas in which to gather with friends and enjoy social interaction.

Conveniently located, Healdsburg Senior Living is close to shopping, healthcare services, religious establishments and cultural and educational opportunities.

At Healdsburg Senior Living, it's a new day – and it's yours! Make the most of it right here.





**Follow our driving directions to reach our senior living community in Healdsburg, CA.**

**From the South:**

- Follow US-101 N toward Eureka
- Take exit at Dry Creek Road
- Turn right onto Dry Creek Road
- Turn right onto Grove Street
- Our community will be on the right

**From the North:**

- Follow US-101 S toward San Francisco
- Take exit 505 toward Dry Creek Road
- Turn left onto Dry Creek Road
- Turn right onto Grove Street
- Our community will be on the right

**From the East:**

- Follow CA-128 W
- Continue straight onto Alexander Valley Road
- Turn left onto Healdsburg Avenue
- Turn right onto Grove Street
- Our community will be on the right



**HEALDSBURG**

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# ASSISTED LIVING AT HEALDSBURG SENIOR LIVING

## HEARTLAND™ ASSISTED LIVING

Healdsburg Senior Living's Heartland™ Assisted Living program is ideal for those who may benefit from assistance to remain living independently while enjoying a fulfilling lifestyle. Offering a unique combination of people, lifestyles, services and care, Heartland™ Assisted Living delivers the optimal balance of independence and support.

Our dedicated staff provides personalized, 24-hour assistance, ensuring residents enjoy freedom of choice, dignity, respect and the comfort of care. Families enjoy the peace of mind that comes with knowing their loved ones are happy and well cared for.



**HEALDSBURG**

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### Your Monthly Fee Includes:

- Private studio, one-bedroom or two-bedroom apartment
- Nutritious dining experience serving three meals each day
- All utilities and kitchenette with full-size refrigerator and microwave
- Weekly housekeeping services
- Scheduled transportation services
- 24-hour, on-site staff
- All apartment home maintenance
- Social, cultural and recreational activities and programs
- Access to rich community amenities and spaces
- Care services and assistance

# HEARTLAND™ ASSISTED LIVING RATES

## **Additional Assisted Living Care Services May Include:**

- Certified caregivers available 24/7
- Escort to meals and activities
- Showering, bathing and dressing assistance
- Assistance with personal grooming/hygiene
- Medication assistance
- Incontinence management

*\*Personal Care services for each resident are additional to the monthly rental rates. Prior to move-in, each resident is interviewed to determine the level of care and the cost associated with each level.*

*\*Incontinence products not included*



# MEMORY CARE AT HEALDSBURG SENIOR LIVING LEGACIES™ & TRANSITIONS™ MEMORY CARE



## **Legacies™ Memory Care**

Our Legacies™ Memory Care program provides those with Alzheimer's disease, dementia or other forms of memory loss with the support, care and respect they deserve to continue living a full, enriching life. Each resident receives a personalized care plan that is carefully implemented by our compassionate staff.

## **Transitions™ Care**

Transitions™ is a new, comprehensive Memory Care program that caters to the needs of individuals with early stages of memory loss in an open Assisted Living setting where they can benefit from social and emotional support.



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# LEGACIES™ & TRANSITIONS™ MEMORY CARE RATES

## **One Monthly Fee\* Includes the Following Memory Care Services and Amenities:**

- Three nutritious meals served daily
- Assistance with meals
- Encouragement and support for participation in life-enrichment programs and activities
- Wellness checks
- Transportation to medical appointments
- Weekly linen and personal laundry
- Daily housekeeping
- All utilities



# SKILLED NURSING CARE AT HEALDSBURG SENIOR LIVING

Our Skilled Nursing services provide 24-hour post-acute care for individuals who require rehabilitation and recuperation following a hospital stay. In addition, if returning home is not a safe option, long-term custodial care is available at a daily rate.



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# ASSISTED LIVING FLOOR PLANS



STUDIO



ONE-BEDROOM



TWO-BEDROOM



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# MEMORY CARE FLOOR PLANS



PRIVATE 1



PRIVATE 2



COMPANION 1



COMPANION 2





## OUR MISSION

Privately owned, Pacifica Senior Living strives to create a lifestyle of independence and peace of mind for each individual and their family. We do what we love and what we truly believe in – providing compassionate, personalized care services with dignity and respect. Our dedicated, professional team supports each resident and goes above and beyond to help them feel at home.



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Assisted Living | Memory Care



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