

Pacifica Tidings



PACIFICA
SENIOR LIVING

BELLEAIR
Assisted Living
Memory Care

November/December
2021



A Note from the Executive Director

Happy Holiday Season,
It's hard to believe Thanksgiving is around the corner! I am incredibly grateful to our wonderful residents, families, and staff for creating a true sense of family at Pacifica Belleair. We have gone through many changes in 2021 and we will continue to work hard to best serve our residents and community.

As we enter this holiday season, we are excited to host our Resident & Family Holiday parties in our beautiful court yards! Details regarding dates and RSVPs will be emailed to

all families soon. In addition, the deadline to donate to the employee holiday fund is approaching. The donations will be presented to staff at our annual resident holiday party where we can recognize them for their compassion and care to our residents. Funds will be accepted at the front desk until December 10th.

We look forward to celebrating this holiday season with all of you!

With warm regards,
Beth Bradley

Who am I?

My variety comedy series ran for nine years in the '60s and '70s. By that point I had a string of memorable songs including the number one record "Everybody Loves Somebody". However, I might be best remembered as one half of a very popular film duo of the 1950s.



Welcome to Our Community

Donell W.
Eleanor R.
Kenneth W.
Louise B.
Ruth M.
Rose Marie P.

Special Events & Memorable Moments

Happy Veteran's Day to all who have served our country!



Health & Fitness by

Parentgiving.com

They give us some helpful tips on how to stay healthy...

Quit Smoking. Take this critical step to improve your health and combat aging. Smoking kills by causing cancer, strokes, and heart failure. Smoking leads to excessive wrinkling by attacking skin elasticity. Many resources are available to help you quit.

Keep active. Do something to keep fit each day, something you enjoy that maintains strength, balance, and flexibility and promotes cardiovascular health. Physical activity helps you maintain a healthy weight, prevents or controls illness and helps to reduce stress and avoid falls. It also helps to improve sleep, and you may look and feel better, too.

Eat well. Combined with physical activity, eating nutritious foods in the right amounts can help keep you healthy. Many illnesses, such as heart disease, obesity, high blood pressure, type 2 diabetes, and osteoporosis, can be prevented or controlled with dietary change and exercise. Calcium and vitamin D supplements can help women prevent osteoporosis.

Birthdays

November:

Kenneth W.—11/23

Jim R.—11/30

December:

Alfredo D.—12/1

Betty R.—12/07

Donald J.—12/13

Alice B.—12/19

Our Birthday Celebration
is on Wednesday 11/24
and Wednesday 12/15.

Spiritual Activities

“Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.”

Matthew 11:28-30

Non-denominational
Church Service held every
1st & 3rd Sunday of the
month at 2pm in the Com-
munity Center.

Who Am I?

(answer)

Dean Martin..

Dean Martin was born Dino Paul Crocetti on June 7th, 1917 in Steubenville, Ohio. A high school dropout, Dean worked in speakeasies and illegal casinos to get by in his early years. He even boxed under the name "Kid Crochet" though he only won one match out of twelve. He began his music career singing in bands and on his own in various clubs in the early '40s.

It wasn't until he met Jerry Lewis that his career would take off. It was making the rounds as Martin and Lewis in New York nightclubs that turned them into overnight successes. They brought their act to Hollywood and debuted on screen in the 1949 film "My Friend Irma". This began a succession of films with Martin playing the straight man for Lewis' madcap antics leading to the label the "organ grinder and the monkey". Tired of being underrated as the talentless straight man, Martin broke up the act in 1956 to pursue a solo career.

FUN FACT: Dean has three stars on the Hollywood Walk of Fame—one each for recordings, movies and television.

Management Team

Executive Director:

Beth Bradley

Resident Care Directors:

Mandy Gifford & Nicole Fusco

Marketing Director:

Cintia DeAlencar

Maintenance Director:

Nick Parisotto

Food Service Director:

Marcellus Miles

Director of Communication:

Cindy Chadduck

Compliance Officer:

Gina Newby

Business Office Manager:

Ashley Janczak

Activities Director:

Grace Miller



Our Mission

Privately owned, Pacifica Senior Living strives to create a lifestyle of independence and peace of mind for each individual and their family.

We do what we love and what we truly believe in – providing compassionate, personalized care services with dignity and respect.

Our dedicated, professional team supports each resident and goes above and beyond to help them feel at home.



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(727) 467-9464
Lic.# 9666*

Welcome Home!