



PACIFICA
SENIOR LIVING

COUNTRY CREST

INDEPENDENT LIVING • ASSISTED LIVING • MEMORY CARE

It's a New Day.

And It's Yours!

The background of the entire page is a light purple color with a repeating pattern of stylized, overlapping leaf shapes in a slightly darker shade of purple. The leaves are elongated and pointed, arranged in a way that creates a sense of movement and depth.

Our Mission

Privately owned, Pacifica Senior Living strives to create a lifestyle of independence and peace of mind for each individual and their family. We do what we love and what we truly believe in – providing compassionate, personalized care services with dignity and respect. Our dedicated, professional team supports each resident and goes above and beyond to help them feel at home.



It's a New Day.

At Pacifica Senior Living, we don't expect our residents to "fit" into one of our communities. We've designed our communities to "fit" them – to meet their different needs, preferences, dreams and goals. From independent living to assisted living and memory care, our communities welcome residents to live by their own design.

Our communities provide residents with every service and amenity they need, want and *deserve* to live each day just as they choose. We respect their individuality and understand that each person is in charge of the direction his or her life takes. We're simply here to support them. Every step of the journey.

And It's Yours!

Senior *Living* Services

Pacifica Senior Living communities offer a variety of care and lifestyle choices to support our residents in living well.

Independent Living

Active seniors retire to carefree living at its best. No housework. No yardwork. *No worries.* Just time to spend as they choose. Our communities feature spacious apartment homes, amenities, services and engaging programs – all designed to provide residents with the lifestyle to which they've aspired.

Heartland™ Assisted Living

Delivering the optimal balance of independence and support, Heartland™ Assisted Living helps our residents live fulfilling, dignified lives. Each resident has a customized service plan that meets his or her individual needs. With support available 24 hours a day, our residents enjoy assistance with activities such as:

- Meals
- Medication Management
- Bathing & Dressing
- Mobility
- Transportation



Welcome

Welcome to Pacifica Senior Living Country Crest, our cozy senior living community that elevates assisted living and memory care to a new standard of excellence.

Offering an affordable, choice of living arrangements Pacifica Country Crest just may be the best value in senior living in the area. Rich with amenities and services, Pacifica Country Crest welcomes residents to enjoy a worry-free lifestyle that beautifully balances independence and support.

Conveniently located in Oroville with Oroville Medical Center close by, Pacifica Country Crest is close to shopping, healthcare services, religious services, cultural and educational opportunities.

Our community has been thoughtfully created and designed to provide active seniors with an enriching, fulfilling lifestyle, the company of peers and the peace of mind of 24-hour support by a trained staff. And our memory care unit provides a safe and secure environment for the peace of mind.

At Pacifica Senior Living Country Crest, it's a new day. And it's yours! Make the most of it. Right here.





Follow our driving directions to reach our Assisted/Memory Care community in Oroville, CA.

From CA-70 W:

- Take the CA-162/Oroville Dam Blvd. exit and go left
- Follow all the way down until you reach Olive Highway and go right
- When you reach Foothill Blvd. make a right
- Turn left onto Edgewood Drive
- Make your first right onto Concordia Lane. Go to the top of the hill and we are the building on the left



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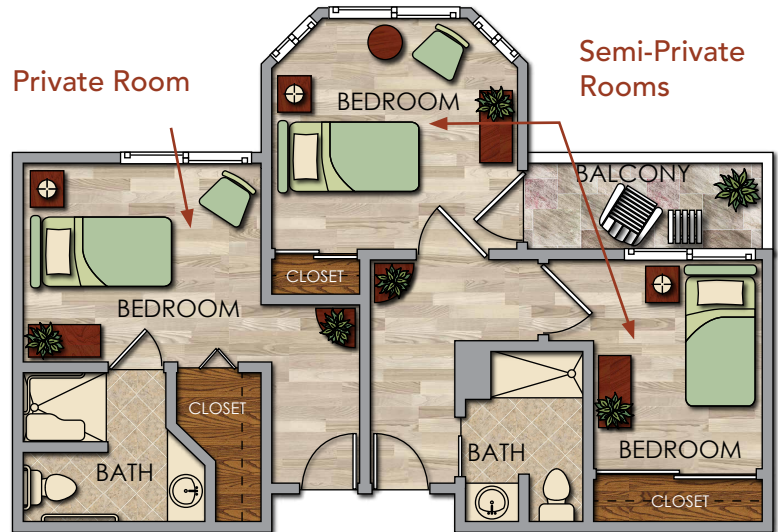
530.533.7857 | 55 Concordia Lane | Oroville, CA 95966 | www.PacificaCountryCrest.com



Memory Care Floor Plans

Apartment features include:

- Decorative flooring
- Large closets
- Full kitchens
- Large, accessible bathroom
- Bright lighting
- Accessible showers
- Individual climate control
- Emergency call system
- Cable/Telephone ready
- Window coverings
- Some patios and balconies



Semi-Private Rooms

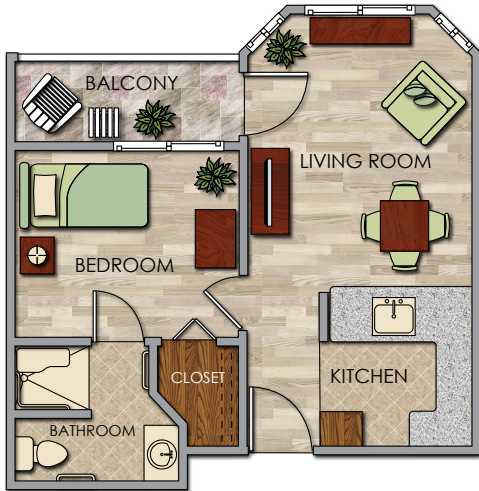

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Assisted Living Floor Plans



One Bedroom



Deluxe One
Bedroom & Den



One Bedroom
& Den



Deluxe One
Bedroom


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Heartland™ Assisted Living

The Heartland™ Assisted Living program at Pacifica Country Crest provides seniors with the supportive services they need to continue living as independently and vibrantly as possible.

Our specialized Wellness Team creates a customized, personal care program for each resident based on an assessment conducted with the resident and his or her family prior to move-in, ensuring all needs will be met properly.

Residents are regularly reassessed to make sure the most appropriate support is delivered.

Services may include:

- Medication management: monitoring, supervision or administration
- Bathing, dressing and grooming
- Escort to meals
- Full activity schedule
- Toileting
- Mobility
- Health programs
- Medical appointment scheduling
- Wellness checks
- Transportation



Heartland™ Assisted Living

One inclusive monthly fee* includes the following Assisted Living services and amenities:

- Apartment home
- Apartment home maintenance
- 24-hour accessible staff
- Three nutritious meals served daily in the gourmet dining room plus snacks available anytime
- Life-enrichment programs and activities
- Weekly housekeeping and linen services
- Snack center
- Scheduled transportation and day trips
- Courtyard and walking paths
- Full-time nurse on-duty
- Community health resource referrals
- All utilities (except phone)
- Cable television ready
- Personal laundry facilities

**Incontinence products not included*

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Legacies™ Memory Care



Our Legacies™ Memory Care Program provides those with Alzheimer's disease, dementia and other forms of memory loss with the support, care and respect they deserve in order to continue living a full, enriching life.

Memory loss affects different people in different ways. Our compassionate and highly trained Wellness Team creates a fully personalized care plan to meet each resident's unique needs, adapting plans as the behaviors associated with memory loss progress or change.

Our specialized approach to memory care is grounded in improving residents' quality of life. Residents engage in many interactive activities that, for example, improve coordination and strengthen social connections. One favorite program is Music and MemorySM, in which residents listen to carefully selected, individualized playlists of their favorite songs to help stimulate their minds, memories and cognitive functions.

Life Enrichment Programs

- Individual and group activities, including gardening, cooking, watching movies and reminiscing
- Dementia-specific activities, such as memory boxes and scrapbooks
- Creative arts and music activities that include rhythm, singing and listening, including our Music & MemorySM program
- Extensive indoor/outdoor activity program with therapeutic exercises
- Exercise programs that include stretching, walking and balance activities
- Stress-free classes ranging from patterning to sensory stimulation
- Programs that encourage intergenerational relationships and community involvement
- Spiritual opportunities for people of all religions
- Scheduled outings
- Monthly support group and ongoing support for families



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Legacies™ Memory Care Rates

One monthly fee* includes the following Memory Care services and amenities:

- Licensed nurse on staff
- Well trained, professional staff providing 24-hour supervision
- Monthly training of staff
- Appropriate ratio of staff to residents
- Assistance with activities of daily living (bathing, dressing, grooming, eating, etc.)
- Supportive and caring environment
- Individualized care plans focusing on personal health concerns
- Medication management
- Three delicious meals served daily in a family home setting
- Daily monitoring of nutrition and diet needs
- Dietician approved meals
- Specialized programming including groups and one-on-one activities as well as our proprietary Music & MemorySM program
- Housekeeping, personal laundry and linen services

**Incontinence products not included*



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Respite Care

At Pacifica Country Crest, we admire and respect those who care for their loved ones at home. But we also understand the challenges and stresses faced by a caregiver. There are times when you need a break from your responsibilities to focus on yourself.

Respite Care can provide you with the time and peace of mind you deserve while providing your loved one with 24-hour care and access to our engaging lifestyle.

This short-term stay option is also ideal for those considering a move to Pacifica Country Crest. Respite Care allows you and your loved one to experience the support and services we provide on a trial basis.

Ask the Community Relations Director for the daily rate.

Respite Care includes:

- Furnished apartment (private or companion)
- Access to 24-hour personal care and assistance
- Three balanced meals and snacks daily
- A variety of life enrichment programs and activities
- Full housekeeping and laundry services



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Legacies™ Memory Care

Our Legacies™ Memory Care program provides those with Alzheimer's disease, dementia or other forms of memory loss with the support, care and respect they deserve to continue living a full, enriching life. Each resident receives a personalized care plan that is carefully implemented by our compassionate staff.

Adult Day Program

Our Adult Day Program, offered in select communities, is alive with engaging, enriching activities that invite and welcome all seniors to participate. Just as our residents enjoy personalized care, so do our program participants. This is the perfect way to meet new friends and share new experiences.

Respite Care

There are times in our lives when we need a little extra help. Pacifica's Respite Care program is available to allow families an opportunity to rest from the daily tasks required for a loved one. Our program is also perfect for individuals who are recuperating from a hospital/rehabilitation stay, or to just simply experience the Pacifica lifestyle. Trained team members work together to enhance continued dignity and trust. We know the difference a smile and kind word can make.

Companion Living

Companion Living enables seniors to enjoy all the care, services and amenities of a Pacifica Senior Living community with the added benefits of forging a new friendship, enhanced well-being and the cost savings of sharing a suite, just to name a few.

Designed for *Living Well*

Our communities are designed to help our residents live well, surrounded by services, amenities and programs.

Dining

Dining is a delight at Pacifica Senior Living. Meals are prepared fresh daily by our on-site chefs and are served in beautifully appointed restaurant-style settings by attentive dining room staff.

Life Enrichment

Our Life Enrichment programs offer a variety of opportunities to meet new friends, discover new interests, exercise and maintain health, enjoy exciting outings and excursions . . . and so much more.

Transportation

A full-time, certified driver is available through the community's transportation department. Scheduled services take residents to nearby medical appointments, shopping trips, religious services, banks, postal services and more.

Pet Friendly

Pets are part of the family, so Pacifica Senior Living communities are pet friendly* and have designated pet areas for convenience.

**Weight limitations*





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For a list of Pacifica Senior Living communities, visit our website at
www.pacificaseniorliving.com



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