



AVILA SENIOR LIVING
at Downtown SLO

It's a New Day.
And It's Yours!



Our Mission

Privately owned, Pacifica Senior Living strives to create a lifestyle of independence and peace of mind for each individual and their family.

We do what we love and what we truly believe in – providing compassionate, personalized care services with dignity and respect.

Our dedicated, professional team supports each resident and goes above and beyond to help them feel at home.



At Avila Senior Living at Downtown SLO, we've designed our community to meet the different needs, preferences, dreams and goals for each resident. From independent living to assisted living our community welcomes residents to live by their own design.

Our community provide residents with every service and amenity they need, want and deserve to live each day just as they choose. We respect their individuality and understand that each person is in charge of the direction his or her life takes. We're simply here to support them. Every step of the journey.

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Senior Living Services

Avila Senior Living at Downtown SLO offers a variety of care and lifestyle choices to support our residents in living well.

Independent Living

Active seniors retire to carefree living at its best. No housework. No yardwork. No worries. Just time to spend as they choose. Our community features spacious apartment homes, amenities, services and engaging programs – all designed to provide residents with the lifestyle to which they've aspired.

Heartland™ Assisted Living

Delivering the optimal balance of independence and support, Heartland™ Assisted Living helps our residents live fulfilling, dignified lives. Each resident has a customized service plan that meets his or her individual needs. With support available 24 hours a day, our residents enjoy assistance with activities such as:

- Meals
- Medication Management
- Bathing & Dressing
- Mobility
- Transportation



Welcome



Welcome to Avila Senior Living at Downtown SLO, a full-service retirement community, nestled amongst the beautiful and historic county of San Luis Obispo.

The charming community offers many distinctive style of living options from Garden-style apartment homes to Atrium-style with fireplace. Or, you may prefer residing in our quaint Cottage or Duplex homes.

Be a part of the historic community with a brief walk to the enchanting downtown area. A short drive outside of this quaint town, and you will be amid beautiful sandy beaches and hot springs. Our objective is to elevate the quality of life and create a new standard of excellence. We offer an all-inclusive, worry free way of life.

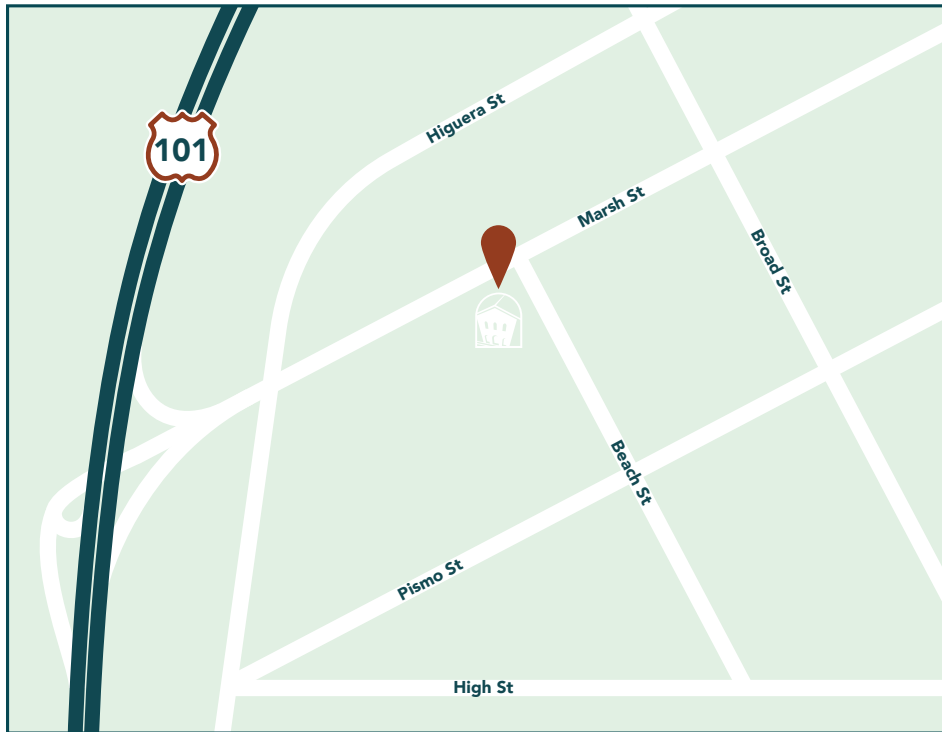
Rich with amenities and services, Avila Senior Living at Downtown SLO affords independence and comfort.

Our community has been thoughtfully organized and designed to provide active seniors with an enriching, fulfilling lifestyle, the company of peers and the peace of mind of 24-hour support from our trained staff.

At Avila Senior Living at Downtown SLO, it's a new day. And it's yours! Make the most of it. Right here.



Over



Follow these driving directions to our Avila Senior Living community:

Coming from North County

- Get on highway 101
- Take exit 202A onto Marsh St
- Continue on Marsh Street for .5 miles and the facility will be on the right

Coming from South County

- Get on highway 101
- Take exit 202A onto Marsh St
- Continue on Marsh Street for .5 miles and the facility will be on the right



AVILA SENIOR LIVING
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Lic. # 405850034

Floor Plans



Studio Apartment Home



One Bedroom Apartment Home

Independent and Assisted Living



At Avila Senior Living at Downtown SLO, our community is a warm and welcoming atmosphere – where new friends can be made, and a fun active lifestyle can always be enjoyed.



From studios to one-bedroom and two-bedroom homes, our apartments are equipped with individually controlled heating and air conditioning along with the convenience of month-to-month rent and emergency call system.

In addition to comfort and an abundance of social, fitness and personal enrichment programs, with delicious meals prepared daily as well as housekeeping and paid utilities, you'll have time to rediscover life's pleasures!

The Heartland™ Assisted Living program at Avila Senior Living at Downtown SLO provides seniors with the supportive services they need to continue living as independently and vibrantly possible.

Our specialized Wellness Team creates a customized, personal care program for each resident based on an assessment conducted with the resident and his or her family prior to move-in, ensuring all needs will be met properly.

Residents are regularly reassessed to make sure the most appropriate support is delivered.

Services may include:

- Medication management
- Bathing, dressing, grooming and toileting
- Escort to meals and activity programs
- Mobility Assistance
- Health programs, Medical appointment scheduling and Wellness checks



Independent and Assisted Living



Avila Senior Living at Downtown SLO promotes a lifestyle which fosters independence, while providing 24-hour assistance when necessary. With a highly trained, dedicated staff of professionals, our community enables residents to choose the service package that suits them best. As individual's health needs change, residents are able to stay in comfortable, familiar surroundings and obtain the support and assistance that they may require.

We provide a variety of exceptional services in your monthly fee, including:

- Pet friendly
- Individual heating and air conditioning
- Activities program, 7 days a week
- Weekly housekeeping and linen laundry
- 24-hour staffing and Full-time licensed nurse
- Personal Emergency Call Pendant
- All utilities paid (except phone)
- Cable and Wi-Fi
- Library, computer center
- Hair salon and barber services
- Scheduled Transportation
- Month-to-month rent
- Delicious and nutritious chef prepared meals

*Monthly Level of Care fee based on individual needs assessment

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Respite Care



At Avila Senior Living at Downtown SLO, we admire and respect those who care for their loved ones at home. But we also understand the challenges and stresses faced by a caregiver. There are times when you need a break from your responsibilities to focus on yourself. Respite Care can provide you with the time and peace of mind you deserve while providing your loved one with 24-hour care and access to our engaging lifestyle.

This short-term stay option is also ideal for those considering a move to Avila Senior Living at Downtown SLO. Respite Care allows you and your loved one to experience the support and services we provide on a trial basis.

Respite Care includes:

- Furnished apartment (private or companion)
- Access to 24-hour personal care and assistance
- Three balanced meals and snacks daily
- A variety of life enrichment programs and activities
- Full housekeeping and laundry services



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Respite Care

There are times in our lives when we need a little extra help. Pacifica's Respite Care program is available to allow families an opportunity to rest from the daily tasks required for a loved one. Our program is also perfect for individuals who are recuperating from a hospital/ rehabilitation stay, or to just simply experience the Pacifica lifestyle. Trained team members work together to enhance continued dignity and trust. We know the difference a smile and kind word can make.

Companion Living

Companion Living enables seniors to enjoy all the care, services and amenities of a Avila Senior Living at Downtown SLO community with the added benefits of forging a new friendship, enhanced well-being and the cost savings of sharing a suite, just to name a few.



Our communities are designed to help our residents live well, surrounded by services, amenities and programs.

Dining

Dining is a delight at Avila Senior Living at Downtown SLO. Meals are prepared fresh daily by our on-site chefs and are served in beautifully appointed restaurant-style settings by attentive dining room staff.

Life Enrichment

Our Life Enrichment programs offer a variety of opportunities to meet new friends, discover new interests, exercise and maintain health, enjoy exciting outings and excursions . . . and so much more.

Transportation

A full-time, certified driver is available through the community's transportation department. Scheduled services take residents to nearby medical appointments, shopping trips, religious services, banks, postal services and more.

Pet Friendly

Pets are part of the family, so Avila Senior Living at Downtown SLO communities are pet friendly* and have designated pet areas for convenience.

*Weight limitations





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Lic. # 405850034

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For a list of Pacifica Senior Living owned and managed communities,
please visit our website at: www.PacificaSeniorLiving.com

