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COMMUNITY NEWS

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5 Huge Ways American Life Has Changed In The Past 50 Some Years

As generations pass and new ones emerge, it is normal for the present society to shift and change with the times, and also adapt to new technology and ideas. This is evident when comparing the present U.S.A. to one that existed 50 years ago. Here are a few, but not all, elements that have changed over the half-century.

1. Yearly Income - According to the United States Census Bureau, the median household income in 1965 was \$6,900. In 2014, the median household income was much higher at \$68,426. I know what you are thinking, "WOW! That's a huge difference!" It is a lot of money, but if we account for inflation, it is a much smaller increase. With inflation rates and loss of dollar value accounted for, the median household income of 2015 only amounts to \$9,092. You are probably thinking we hardly make more money at all. In some ways, that is true, but remember: median household incomes today are actually 24 percent higher than in 1965.

2. Political Views - I think we can all agree that politics today have changed drastically compared to that of 1965. Nowadays, non-citizen immigrants can vote in local elections and are on their way to voting in Federal elections. The amount of liberal voters has increased to its highest amount yet, 24 percent, while conservatives still lead the pack at 38 percent, though the gap is growing smaller every day. The biggest change in politics is the bias in mainstream media. Back in 1965, there was not near as much media coverage as there is today. It has gotten to the point where you cannot trust any popular media host because they are all biased, conservative, and liberal.

3. Technology - LED screen smart TVs, smartphones, virtual reality video games and self-driving cars;

these are a few of so many new personal technological advances in the last few years. So many things have changed technologically in the past half-century that it's almost impossible to list them all. Our world's technology is advancing at a rate we never could have imagined; a rate that excites me for the future

4. Average Life Expectancy - According to data360, the average human life expectancy in 1965 was approximately 70 years of age: 74 years for females and 67 for males. In 2015, the average human life expectancy is approximately 79 years: 82 years for females and 76 for males. This is most likely the result of advances in medicine, medical practices, and life-sustaining technology; advances for which I am very grateful.

5. Total Population - In 1965, the United States Census Bureau recorded a total U.S. population of 194.3 million citizens. By 2017, this number reached 325.7 million. This is nearly a 41 percent increase in total population in 50 years. With this expected growth rate in the U.S., 100 years from now we will be around 460 million strong. This means that cities will grow denser, and more farmland will be used to accommodate more mouths to feed.

Other than that, not much has changed or will change in this 100-year segment of U.S. time. Times change, the world changes and people with it. Who knows where this country will be in 50 years?

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BIRTHDAYS... WELCOME... INFORMATION...

Happy, Happy Birthday

| Liz | 9/4 | Leila | 9/16 |
|---------|-----|----------|------|
| Helen | 9/7 | Cheryl | 9/22 |
| Bill | 9/7 | Robert | 9/28 |
| Blanche | 9/8 | Marjorie | 9/29 |

The Resident's Birthday Party is the last Wednesday of every month, in the Dining Room. Entertainment w/ Larry sponsored by Compassion Care, Birthday Cake sponsored by CareMore.



TRIPS, TOURS AND SHOPPING

Mondays, Wednesdays & Fridays are Doctor Appointment Days Tuesdays & Thursdays Trips, Tours and Shopping

| Day | Date | Time | Location of Activity |
|----------|------|---------------|---------------------------------------|
| Tuesday | 2 | 9:00 - 11:30 | Wal-Mart Shopping |
| | | 2:15 - 4:15 | The 99 Cent Store |
| Thursday | 5 | 9:00 - 11:30 | Krispy Kreme & Deseret Thrift Store |
| | | 2:30 - 4:15 | Hobby Lobby, Target or Ross |
| Tuesday | 10 | 9:00 - 11:30 | Wal-Mart Shopping |
| Thursday | 12 | 9:00 - 11:30 | Trip to the Bank, DMV or USPS |
| | | 2:15 - 4:15 | Aliante Casino |
| Tuesday | 17 | 9:00 - 11:30 | Wal-Mart Shopping |
| | | 2:15 - 4:15 | The Dollar Tree & Dunkin Donuts |
| Thursday | 19 | 10:30 - 12:30 | KFC and Aliante Nature Discovery Park |
| | | 2:15 - 4:15 | Smith's Grocery Store |
| Tuesday | 24 | 9:00 - 11:30 | Wal-Mart Shopping |
| | | 2:15 - 4:15 | Hawaiian Barbeque or Habit Hamburgers |
| Thursday | 26 | 9:00 - 11:30 | Big Lots |
| | | 2:15 - 4:15 | WinCo Shopping or Target |

COST OF LIVING IN THE 1950'S VS. TODAY

The 1950s were a time of great prosperity and economic growth in the United States. Today, looking at the decade objectively, we realize it wasn't quite the post-war utopia portrayed in the media of the day or the nostalgic recreations since. Nonetheless, many look back fondly on what they view as a simpler time. One thing a lot of folks envy from that time is the cost of living. Everything in 2019 seems so much more expensive. Of course, no one in today's world expects to pay 18 cents for a gallon of gas, \$25 for a man's suit, or \$1,500 for a brand new car. Still, paychecks just don't seem to go as far now as they did then. Or do they?

Many Factors to Consider - When you compare the cost of living in the 1950s with today's cost of living, you have to consider a variety of factors. For example, some things are actually cheaper to produce now than they were in the 1950s. Of course, most of today's goods and services come with higher price tag, but people also get paid proportionately more.

Household Income Then and Now - In 1955, the median household income in the U.S. was around \$5,000. That means half of all households earned more than \$5,000, while half brought in less. Adjusted for inflation, that translates to around \$25,000 today. However, today's median household income is just over \$40,000. We're not really making that much more money though. That \$15,000 difference can be attributed, in large part, to the increase in the number of two-income households since the middle of the twentieth century. The big difference between expenses then and now is the amount of stuff we buy. We also tend to live in much bigger houses.

Average Home Size 1950 vs. Today - The average size of a new house in 1950 was 983 square feet. It now stands at 2,349 square feet. At the same time, family size went from about 3.5 persons per household, to around 2.5 today. A bigger house incurs more costs, even with fewer people living there.

Consumerism - We also buy more things to put into our homes today. Comedian George Carlin once described houses as "a place to keep your stuff while you go out and get more stuff." TVs, computers, mobile devices, game systems, microwave ovens, and gadgets of all sorts fill a typical 21st century dwelling. In the 1950s, a family had a television, a radio, and the most basic of household appliances and furniture. Today, many houses–certainly most new ones – have central air conditioning. This was unheard of in the 1950s, even in warmer climates.

There were fewer cars as well. By the end of the 1950s, less than 3% of households owned two or more vehicles. In 2009, it was almost 20%. More cars mean more car-related expenditures—from routine maintenance and fuel to major repairs and insurance premiums.

A Dollar Then, a Dollar Now - So, we're buying a lot more stuff with roughly the same amount of money, meaning consumption is taking up a bigger portion of household budgets. But do the items we purchase cost more today? The Bureau of Labor Statistics website has a fun little online gadget that allows you to convert dollar amounts from one year into those of another. For example, a loaf of bread in 1955 cost around 18 cents, which converts to about \$1.50 today. A new car in 1955 was about \$1,500. Today, that same car will cost you \$14,000.

TV Time - Of course, some items have come down in price; televisions for instance. In 1955, a new TV would set you back \$250.00. That's \$2,100 now. For that kind of money, you could now buy a top-of-the-line TV. Then again, we're buying a lot more of them. In fact, while the average household is 2.5 persons, it has 2.86 televisions. Also, in the 1950s, programming was free. Today, most people have cable, or satellite, a monthly expenditure that easily runs over \$100 a month. Add that to household expenses that people in mid-century America never dealt with, like Internet and mobile phone service.

Perhaps we need to assess what we really want from our standard of living, and adjust our expenditures accordingly. On average we are living better now than at any point in history, but the key to happiness may be in finding ways to make it more affordable



WHAT'S HAPPENING IN YOUR COMMUNITY



Come out and meet Nitro, a miniature horse. Thanks to volunteer Lindsey and her family.





GET TO KNOW YOUR NEIGHBORS

My name is Myrna Hudson, I was born in Brush, CO, and raised in Fort Morgan, CO. I was born during the dust bowl and Mom hung wet sheets at the windows to keep the dirt out of the old house where we lived. My Father was promoted, and we moved to Fort Morgan and had a real house with a real lawn and no blowing dirt. I remember WWII as my Father served in the Navy in the Pacific as a translator. It was very hard for my Mother and my brother and me. We moved into a new house when Dad came back. We had a real indoor bathroom. What a treat that was to us kids. No more fighting the wasps in the outhouse.

In 1946 I came down with polio. Since little was known about this, our house was quarantined. Really isolated the whole family. I was paralyzed in both legs and throat; so, I could not walk or talk. My amazing parents and a wise doctor were my support and after 2 years I learned to walk again. Not so much for talking as I stuttered quite badly. Thanks to that and walking funny, I was bullied in school. I hated school but did well. When I was old enough, I went to work at a soda fountain as the supervisor. My high school was school, work at my job, and homework usually long hours. My delight during those years was in the summer when I worked in the mountains at a dude ranch as the horse wrangler. I sure, learned a lot about horse care and dealing with "city slickers." Horses never judged me, and I loved them.

I graduated from high school and went to Denver University in the nuclear physics program. Unfortunately, I had to leave that program due to allergic reactions in the chemistry lab. I quit college and went to work as a teletypist —precursor to the computer. Following that I was married and moved to the farm country and became a farm wife which is a major job. We had a ranch/farm with cattle and assorted animals as well as a dry land wheat crop. 24 hours a day was never enough to get things done. I had two children 5 years apart. My daughter lives in Charlotte, NC and my son is here in 'Vegas. I have four grandchildren and 1 great grandson.

I knew I could not keep up with the strenuous farm life as my legs began to be a problem; so, I went back to college and earned my MA degree in Special Education focus on Emotionally Behavioral Disordered. I was working as a reading specialist while attending college and was on the board of directors at the local school district. Moving to a larger school I established 2 EBD programs in the upper elementary and middle schools. I finally landed a dream job as the Special Education Coordinator at a residential school for adjudicated



adolescent girls. Loved that position as the rewards of seeing our girls go from seriously abused girls into high functioning young women was terrific. I grew very close to my girls. Unfortunately, after years at that job, my health went south, and I moved to Las Vegas to be close to my son and family. I worked at CCSD for 4 years and that finished my teaching. I was not a teacher here, but a simple babysitter in a canned teaching environment. Was stressful and my doctor nixed my teaching. I retired and became a volunteer at the elementary Title I schools providing support for teachers and children in need. I was also very active in my church as a Stephen Minister. I lived in my little house in Henderson with a garden that was the love of my life. I moved again to Centennial and now am here at Deer Springs for the duration. I so miss my raised garden and ability to travel. I still try to be an advocate for anyone who needs assistance.

RELIGIOUS SERVICES

| Sundays | 7:30 AM | Catholic Mass Channel 6 KVCW (TH) |
|---------|--------------|--|
| Fridays | 11:00 AM | Catholic Services w/Deacon Frank (MR) Rosary to follow service |
| Wednes | days 2:00 PM | Gratitude and Encouragement w/ Volunteer residents Myrna (TH) |



WHO'S WHO AT YOUR COMMUNITY

| • | • • • • • • • • • • • • • • • • • • | • |
|---|---|---|
| • | Robert Colbert R.N., R.F.A Vice President Assisted Living | • |
| • | Nicole Graham M.H.A., R.F.A Executive Director | • |
| • | Rosemary DeLeon LPN - Administrator in Training | • |
| • | Erin Leroux R.N Director of Wellness | • |
| • | Joe Leininger - Food Service Director | • |
| • | Dawn Lewis - Director of Community Engagement | • |
| • | Barbara Phillips - Activity Coordinator | • |
| • | Salvador Martinez-Valle - Sr. Lead Maintenance Tech | • |
| • | Shadé Momodu & Mike Martin - Receptionists | • |
| • | | • |
| • | Office Hours: | • |
| • | Monday - Sunday 8:00AM - 6:00PM If you have any questions, | • |
| • | Please call or come by, | • |
| • | 6741 N. Decatur Blvd. Bldg. 3 | • |
| • | Las Vegas, NV. 89131 (702) 462-7700 | • |
| • | • • • • • • • • • • • • • • • • • • • | • |

1950's Pop Culture

- 1. Which aspiring rock-and-roll singer appeared on the Ed Sullivan Show in 1956, but could only be shown from the waist up?
- 2. Which rising young star from the movie Rebel Without a Cause died in an automobile accident in 1955?
- 3. Which television game show first aired in 1956 and is still running today?
- 4. What famous baseball player married Marilyn Monroe in 1954?
- 5. What piece of women's clothing, named after a dog, became popular in the 1950s?
- 6. What teen idol sang, Kookie, Kookie, Lend Me Your Comb?
- 7. What type of hat/cap did both Davy Crockett and Daniel Boone wear on TV in the 50s?
- 8. Eating what type of live fish became popular in the 1950s?
- 9. What famous cowboy of the 1950s was really named Leonard Slye?
- 10. What was the name of the circular plastic 1950s toy that was placed around the waist and operated by gyrating the hips?



Resident Council Is the Last Monday of the month at 2:00PM (MR)



Save the Date Think Pink Luncheon 11:00 - 12:00 On Friday, October 4th



- 10. Hula Loop
- Roy Rogers
 - Asifblod .8
 - 7. Coonskin
- 6. Edd "Kookie" Burns
 - Poodle Skirt
 - oiggeMiM sol .4
 - The Price Is Right
 - 2. James Dean
 - zivlə . İ

2950's Pop Culture Answers