

VOLUME 8 ISSUE 7

Silver Sky

NEVADA HAND

COMMUNITY NEWS

January 2019

30 Amazing Facts That Will Make You The Most Interesting Person In The Room

- 1. Vending machines kill 4 times as many people as sharks per year.
- 2. The average four year-old child asks over four hundred questions a day.
- 3. More than 2,500 left-handed people are killed every year from using equipment meant for right-handed people.
- 4. The average adult human has two to nine pounds of bacteria in his or her body.
- 5. Starfish can re-grow their arms. In fact, a single arm can regenerate a whole body.
- 6. Google's founders were willing to sell to Excite for under \$1 million in 1999—but Excite turned them down.
- 7. Janis Joplin left \$2,500 in her will for her friends to "have a ball after I'm gone."
- 8. The population of Ireland is still 2 million less than it was before the potato famine, 160 years ago.
- 9. There's a basketball court above the Supreme Court. It's known as the Highest Court in the Land.
- 10. If the human brain were a computer, it could perform 38 thousand-trillion operations per second.
- 11. Multiple "Marlboro Men" have died from lung cancer.
- 12. The oldest person on Earth was born closer to the signing of the United States Constitution than to today.
- 13. When your mother was born, she was already carrying the egg that would become you.
- 14. A mosquito has 47 teeth.
- 15. The longest interval between the birth of twins is 87 days.
- 16. More people in the world currently suffer from obesity than from hunger.
- 17. The New York Yankees have won as many World Series as the next four closest teams combined.
- 18. A mouse can fit through a hole the size of a ballpoint pen.
- Michael Jordan makes more money from Nike annually than all of the Nike factory workers in Malaysia combined.

- 20. Half of all humans who have ever lived have died from malaria.
- 21. The average hummingbird's heart rate is more than 1,200 beats per minute.
- 22. Cookie Monster's real name is Sid.
- 23. Humans share 50% of their DNA with bananas.
- 24. In 30 minutes, the human body gives off enough heat to bring a gallon of water to a boil.
- 25. Airplane food isn't very tasty because our sense of smell and taste decrease by 20 to 50 percent during flights.
- 26. In New York City, approximately 1,600 people are bitten by other humans annually.
- 27. Cotton Candy was invented by a dentist.
- 28. There are more cars than people in Los Angeles.
- 29. Bubble wrap was originally designed to be used as wallpaper.
- 30. Nutella was invented during WWII, when an Italian pastry maker mixed hazelnuts into chocolate to extend his chocolate.



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BIRTHDAYS... WELCOME... INFORMATION...

Happy	у, Нар	py Birth	nday
Bonnie	1/1	Ed	1/21
Thelma	1/5	Mae	1/25
Jenny	1/6	Robert	1/26
Don	1/18		

The Resident's Birthday Party is the last Wednesday of every month, in the Dining Room. Entertainment w/ Larry sponsored by Compassion Care, Birthday Cake sponsored by CareMore.



TRIPS, TOURS AND SHOPPING

Mondays, Wednesdays & Fridays are Doctor Appointment Days Tuesdays & Thursdays Trips, Tours and Shopping



Day	Date	Time	Location of Activity
Thursday	3	9:00 - 11:30 2:15 - 4:15	The Dollar Hobby Lobby, Target, Ross, Winco or Smith's
Tuesday	8	9:00 - 11:30	Wal-Mart
Thursday	10	9:00 - 11:30 2:15 - 4:15	Trip to the Bank Aliante Casino
Tuesday	15	9:00 - 11:30 2:15 - 4:15	Wal-Mart The 99 Cent Store
Thursday	17	9:00 - 11:30 2:15 - 4:15	Bellagio Conservatory & Botanical Garden Hobby Lobby, Target, Ross, WinCo or Smith's
Tuesday	22	9:00 - 11:30 2:15- 4:15	Wal-Mart Kohl's, Kirkland's, Tuesday Morning or Home Goods
Thursday	24	9:00 - 11:30 2:15 - 4:15	Krispy Kreme Donuts & Deseret Industries Thrift Store Aliante Casino
Tuesday	29	9:00 - 11:30 2:15- 4:15	Wal-Mart Burlington Coat Factory
Thursday	31	9:00 - 11:30 2:15- 4:15	Trader Joe's Hobby Lobby, Target, Ross, WinCo or Smith's

AN AMERICAN ORIGINAL



Stephen Foster has been called America's first pop artist, thanks to the musical artistry he put into penning some of the 19th century's most memorable songs. You may not be familiar with all 200 of his hits, but his classics "Oh! Susanna," "Camptown Races," "Old Folks at Home" (known as "Swanee River"), and "My Old Kentucky Home," have earned their rightful place in America's national songbook. Don't be surprised to find yourself humming some of these tunes on January 13, Stephen Foster Memorial Day.

Long before the technology was available to record music, Foster was a professional songwriter. He was born near Pittsburgh, Pennsylvania, in a community of

immigrants from Italy, Scotland, Ireland, and Germany. His own musical compositions would eventually reflect the influence of European musical traditions as well as church hymns. Living in an era before formal public schooling, Foster taught himself how to play the clarinet, violin, guitar, flute, and piano. He likely wrote his first hit, "Oh! Susanna," as a teenaged member of a secret society known as the "Knights of the S.T." (Square Table). "Oh! Susanna" became so popular that it was the anthem of the California Gold Rush.

Foster may today be lauded as an American icon, but in 1855 his life took a bad turn. His parents and best friend died, he separated from his wife, and he became heavily indebted to his publishers.

It may come as no surprise that it was during this time in his life that he wrote "Hard Times Come Again No More." Sadly, with no copyright laws to protect his songwriting, Foster did not reap much financial reward for this or any other of his most popular compositions. By the early 1860s, his life was a daily struggle, and he was forced to move in and out of hotels in New York City. He died on January 13, 1864, with just 38 cents in his wallet. Although he died a pauper, he has achieved legendary status at the forefront of America's artistic elite.

COMMON MISCONCEPTIONS

- Twinkies have a shelf life of approximately 45 days (25 in their original formulation)—far shorter than the common (and somewhat jocular) myth that Twinkies are edible for decades or longer. They generally remain on a store shelf for only 7 to 10 days.
- Fortune cookies, despite being associated with Chinese cuisine in the United States, were invented in Japan and introduced to the US by the Japanese. The cookies are extremely rare in China, where they are seen as symbols of American cuisine.
- Microwave ovens do not cook food from the inside out. 2.45 GHz microwaves can only penetrate approximately 1 centimeter (0.39 in) into most foods. The inside portions of thicker foods are mainly heated by heat conducted from the outer portions.
- It is rarely necessary to wait 24 hours before filing a missing person report. In instances where there is evidence of violence or of an unusual absence, law enforcement agencies in the United States often stress the importance of beginning an investigation promptly. The UK government website says in large type, "You don't have to wait 24 hours before contacting the police".
- "Edelweiss" is not the national anthem of Austria, but an original composition created for the musical *The Sound of Music*. The Austrian national anthem is "Land der Berge, Land am Strome" ("Land of the Mountains, Land on the River").
- "Twinkle, Twinkle, Little Star" was not composed by Wolfgang Amadeus Mozart when he was 5 years old.

WHAT'S HAPPENING AT YOUR COMMUNITY











Crafting w/ Shadow Ridge High School





MAE SCOTT

Mae was born in Clinton Louisiana, in the East Feliciana Parish, to Mattie Kelly and Amos Holiday. Mae's mother was a homemaker and her father a farmer and a construction work on Highway 36.

Growing up, Mae attended Connieville Elementary School, halfway between Baton Rouge and Clinton.

In 1941, Mae's family moved to Scotlandville Louisiana where her father began working at a rubber plant. In 1944, Amos took ill and went to Pineville Louisiana for a health issue. He was diagnosed with lung cancer.

Amos never smoked or drank alcohol, so it is thought that his condition was the result of working at the Rubber Plant. Sadly, he passed shortly after his diagnosis in 1944.



Mae's early teenage years, involved helping her mother Mattie, raise her four

younger siblings and tend to the home, where they raised poultry and produce for sale. Mae recalls growing okra, crowder peas, red and white potatoes, turnips, mustard greens, and watermelon. They raised turkeys, chickens, and guinea ducks.

At the age of sixteen Mae began working in Restaurants along Scenic Highway which ran between Baton Rogue and Scotlandville.

In 1945, Mae attended McDonogh 35 College Preparatory High School in New Orleans, but, due to her mother becoming ill, Mae had to quit and care for her.

In 1947, Mae worked at Wayside Café, owned by Zura Briggs in Scotlandville. She worked the cash register and was also a dispatcher for the cab stand adjacent to the restaurant.

Mae met her future husband, Emmanual Henry Taylor while on the train from New Orleans to Baton Rouge to visit her sister. She gave him her phone number but would not give him her address. He called Mae and invited her to his mother's home in Guns Alley Louisiana, to visit with him and his family. Mae recalls that Emmanual was well dressed for the occasion. He was employed by the Henderson Sugar Refinery in New Orleans. Mae enjoyed her visit and maintained contact with Mr. Taylor for eight months, before he proposed marriage. In 1949, they were married in the Coate House located in New Orleans. They had one daughter Diane, before they eventually separated. Mae says that Emmanuel was extremely jealous.

Mae met her second husband, Charlie Scott in New Orleans and then in 1962 they moved to 1409 Belzar in Las Vegas. Charlie worked two jobs, a cleaner and a porter at the Sands in 1971. He then trained and become a dealer for the Sands. Mae worked at a cleaners, before she was hired to work as a maid at the Flamingo.

Mae moved to Silver Sky at Deer Springs in 2016 and says she is very happy here. She loves to socialize, get foot massages and participate in exercise classes.

RELIGIOUS SERVICES

Sundays

7:30 AM Catholic Mass Channel 6 KVCW (TH)

Fridays

11:00 AM Catholic Services w/Deacon Frank (MR) Rosary to follow service

MOST COMMON NEW YEARS RESOLUTIONS

- Survey of 100,000 adults
- 1. Exercise more 38 %
- 2. Lose weight 33 %
- 3. Eat more healthily 32 %
- 4. Take a more active approach to
- health 15 %
- 5. Learn new skill or hobby 15 %
- 6. Spend more time on personal
- wellbeing 12 %
- 7. Spend more time with family and
- friends 12 %
- 8. Drink less alcohol 12 %
- 9. Stop smoking 9 %
- 10. Other 1 %

WHO'S WHO AT YOUR COMMUNITY

Robert Colbert R.N., R.F.A Vice President Assisted Living
 Nicole Graham M.H.A., R.F.A Executive Director
• Valerie Hall R.N Director of Wellness
Joe Leininger - Food Service Director
Dawn Lewis - Director of Community Engagement
Erin Leroux R.N Assistant Administrator
Maurice Lewis - Medication Care Specialist
• Barbara Phillips - Activity Coordinator
• Roselee Coleman - Dining Services Coordinator
Shadé Momodu & Airamae Markley - Receptionists
Nancy Voag - Transportation
Office Hours:
 Monday - Sunday 8:00AM - 6:00PM
 If you have any questions,
Please call or come by, C744 N. Departure Plude Plate 2
 6741 N. Decatur Blvd. Bldg. 3 Las Vegas, NV. 89131
(702) 462-7700

Don't Miss the NEW YEAR'S EVE PARTY! December 31, 2018 Starting at 4:00PM Bring your boxed Dinner and Enjoy Entertainment in the Dining Room 5:00 Special Bingo Night 6:00 Blackjack, Pokeno, Rummikub, etc.





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