



Thanksgiving at Plymouth

In September 1620, a small ship called the Mayflower left Plymouth, England, carrying 102 passengers—an assortment of religious separatists seeking a new home where they could freely practice their faith and other individuals lured by the promise of prosperity and land ownership in the New World. After a treacherous and uncomfortable crossing that lasted 66 days, they dropped anchor near the tip of Cape Cod, far north of their intended destination at the mouth of the Hudson River. One month later, the Mayflower crossed Massachusetts Bay, where the Pilgrims, as they are now commonly known, began the work of establishing a village at Plymouth.

Did You Know?

Lobster, seal and swans were on the Pilgrims' menu. Throughout that first brutal winter, most of the colonists remained on board the ship, where they suffered from exposure, scurvy and outbreaks of contagious disease. Only half of the Mayflower's original passengers and crew lived to see their first New England spring. In March, the remaining settlers moved ashore, where they received an astonishing visit from an Abenaki Indian who greeted them in English. Several days later, he returned with another Native American, Squanto, a member of the Pawtuxet tribe who had been kidnapped by an English sea captain and sold into slavery before escaping to London and returning to his homeland on an exploratory expedition. Squanto taught the Pilgrims, weakened by malnutrition and illness, how to cultivate corn, extract sap from maple trees, catch fish in the rivers and avoid poisonous plants. He also helped the settlers forge an alliance with the Wampanoag, a local tribe, which would endure for more than 50 years and tragically remains one of the sole examples of harmony between European colonists and Native Americans.

In November 1621, after the Pilgrims' first corn harvest proved successful, Governor William Bradford organized a celebratory feast and invited a group of the

fledgling colony's Native American allies, including the Wampanoag chief Massasoit. Now remembered as America's "first Thanksgiving"—although the Pilgrims themselves may not have used the term at the time—the festival lasted for three days. While no record exists of the historic banquet's exact menu, the Pilgrim chronicler Edward Winslow wrote in his journal that Governor Bradford sent four men on a "fowling" mission in preparation for the event, and that the Wampanoag guests arrived bearing five deer. Historians have suggested that many of the dishes were likely prepared using traditional Native American spices and cooking methods. Because the Pilgrims had no oven and the Mayflower's sugar supply had dwindled by the fall of 1621, the meal did not feature pies, cakes or other desserts, which have become a hallmark of contemporary celebrations.



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BIRTHDAYS... WELCOME... INFORMATION...



Happy, Happy Birthday

Adria C	11/1	Annette	11/19
Jerry L	11/08	Mary H	11/21
John F	11/15	Charlie	11/24
Darrell F	11/16		

The Resident's Birthday Party is the last Wednesday of every month, in the Dining Room. Entertainment w/ Larry sponsored by Compassion Care, Birthday Cake sponsored by CareMore.

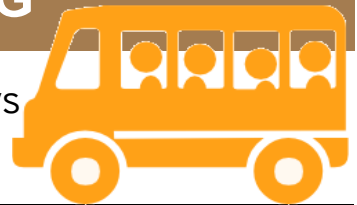
Meet Your Neighbors



Annette	139	Marie J	157
Sylvia M	144	Arlene	260

TRIPS, TOURS AND SHOPPING

Mondays, Wednesdays & Fridays are Doctor Appointment Days
Tuesdays & Thursdays Trips, Tours and Shopping



Day	Date	Time	Location of Activity
Thursday	1	9:00 - 12:30 2:15 - 4:15	Horses for Hero's Trip and picnic Aliante Casino
Tuesday	6	9:00 - 11:30 2:15 - 4:15	Wal-Mart <i>Knitting & Crocheting Group VA Hospital to donate items</i>
Thursday	8	9:00 - 11:30 2:15 - 4:15	Bank, Post Office &/or DMV Hobby Lobby, Target, Ross or WinCo
Tuesday	13	9:00 - 11:30	Wal-Mart
Thursday	15	9:00 - 11:30 2:15 - 4:15	The 99 Cent Store Aliante Casino
Tuesday	20	9:00 - 11:30 2:15 - 4:15	Wal-Mart <i>Nevada Homeless Alliance Trip to donate items</i>
Tuesday	27	9:00 - 11:30 2:15 - 4:15	Wal-Mart Krispy Kreme & Deseret Industries Thrift Store
Thursday	29	9:00 - 11:30 2:15 - 4:15	The Dollar Tree Hobby Lobby, Target, Ross or WinCo

THANKSGIVING BECOMES AN OFFICIAL HOLIDAY

Pilgrims held their second Thanksgiving celebration in 1623 to mark the end of a long drought that had threatened the year's harvest and prompted Governor Bradford to call for a religious fast. Days of fasting and thanksgiving on an annual or occasional basis became common practice in other New England settlements as well. During the American Revolution, the Continental Congress designated one or more days of thanksgiving a year, and in 1789 George Washington issued the first Thanksgiving proclamation by the national government of the United States; in it, he called upon Americans to express their gratitude for the happy conclusion to the country's war of independence and the successful ratification of the U.S. Constitution. His successors John Adams and James Madison also designated days of thanks during their presidencies.

In 1817, New York became the first of several states to officially adopt an annual Thanksgiving holiday; each celebrated it on a different day, however, and the American South remained largely unfamiliar with the tradition. In 1827, the noted magazine editor and prolific writer Sarah Josepha Hale—author, among countless other things, of the nursery rhyme “Mary Had a Little Lamb”—launched a campaign to establish Thanksgiving as a national holiday. For 36 years, she published numerous editorials and sent scores of letters to governors, senators, presidents and other politicians. Abraham Lincoln finally heeded her request in 1863, at the height of the Civil War, in a proclamation entreating all Americans to ask God to “commend to his tender care all those who have become widows, orphans, mourners or sufferers in the lamentable civil strife” and to “heal the wounds of the nation.” He scheduled Thanksgiving for the final Thursday in November, and it was celebrated on that day every year until 1939, when Franklin D. Roosevelt moved the holiday up a week in an attempt to spur retail sales during the Great Depression. Roosevelt's plan, known derisively as Franksgiving, was met with passionate opposition, and in 1941 the president reluctantly signed a bill making Thanksgiving the fourth Thursday in November.

THANKSGIVING TRADITIONS

In many American households, the Thanksgiving celebration has lost much of its original religious significance; instead, it now centers on cooking and sharing a bountiful meal with family and friends. Turkey, a Thanksgiving staple so ubiquitous it has become all but synonymous with the holiday, may or may not have been on offer when the Pilgrims hosted the inaugural feast in 1621. Today, however, nearly 90 percent of Americans eat the bird—whether roasted, baked or deep-fried—on Thanksgiving, according to the National Turkey Federation. Other traditional foods include stuffing, mashed potatoes, cranberry sauce and pumpkin pie. Volunteering is a common Thanksgiving Day activity, and communities often hold food drives and host free dinners for the less fortunate.

Parades have also become an integral part of the holiday in cities and towns across the United States. Presented by Macy's department store since 1924, New York City's Thanksgiving Day parade is the largest and most famous, attracting some 2 to 3 million spectators along its 2.5-mile route and drawing an enormous television audience. It typically features marching bands, performers, elaborate floats conveying various celebrities and giant balloons shaped like cartoon characters.

Beginning in the mid-20th century and perhaps even earlier, the president of the United States has “pardoned” one or two Thanksgiving turkeys each year, sparing the birds from slaughter and sending them to a farm for retirement. A number of U.S. governors also perform the annual turkey pardoning ritual.



WHAT'S HAPPENING AT OUR COMMUNITY



Crafting with Shadow Ridge High School



Exercise Class with Volunteer Rita

BREAST CANCER AWARENESS LUNCHEON



GET TO KNOW ELEANOR DRYSDALE

Eleanor was born, Eleanor Catherine Carlile in French Camp California to her parents Catherine and Clellan "Buster" Carlile. Her father's worked as an Electrical Engineering and he was employed by Pacific Gas and Electric, working construction and road building projects. Eleanor was their only child as her mother passed giving birth. Eleanor was raised by her Aunt Audley (Father's sister) and Uncle Axel, with her two older cousins Arlene and Leona. The family moved to Oakland California when Eleanor was in grade school.

At age 7 Eleanor attended and performed in a dance recital at the San Francisco's World's Fair on Treasure Island at .

One of Eleanor's favorite things to do was to go to the movies with her friends. They enjoyed seeing Serial "Cliffhangers" for only 10¢.

Eleanor and her family moved to Sunnyvale California where she graduated from Fremont Union High School at age of 16. Her first Job was a bookkeeper for a small propane company. Eleanor says, men were paid more because they were viewed as the sole financial family support. A wife's income was not regarded as essential. Oddly, a woman could not sign for a loan, yet the wife was liable for her husband signature debt even after divorce or death.

Eleanor worked as the Account Controller for Avery Construction Company. Throughout her working career she continued her education and earned her Associate degree in Accounting .

Eleanor met her future husband Robert Drysdale, who was her cousin Sam's best friend when she was only 14 years old. They began dating when she was 17 and married the following year. Prior to their marriage, Robert served 2 years in the Navy. Robert was a firefighter and Police Officer in Sunnyvale, California.

Eleanor and Robert had three children, Michael, Bryan and Catherine, 10 grandchildren 4 girls and 6 boys, and 6 great-grandchildren.

Later on, Robert worked as a wedding photographer and we owned our own portrait studio. Robert, and his children started the first hour portrait studio in the nation and eventually had 187 stores. It is now known as the Picture People.

Eleanor enjoyed an active life style throughout her life. Her favorite activities included water skiing, scuba diving, swimming, and pretty much anything in the water. She even learned to snow ski at age 40, she started on the bunny slop.



Eleanor is a devout San Francisco Giants, 49ers, Oakland Warriors, A's and Oakland Raiders.

Some of Eleanor's notable memories include: The 1989 San Francisco Earthquake was a particularly stressful day for Eleanor as she had friends and relatives attending the World Series Game at Candlestick Park when the Earthquake began and no means of communication. What normally took her 25 minutes to get home, took 3 hours that day to drive home from work and thankfully she found no damage to her home and her family were all alright.

Since becoming a resident of Silver Sky at Deer Springs , Eleanor feels like she is living on a cruise ship, where everything is done for you. There are so many activities, that you cannot keep up with them.

RELIGIOUS SERVICES AND BIBLE STUDY GROUP

Sundays 7:30 AM Catholic Mass Channel 6 KVCW (TH)

Fridays 11:00 AM Catholic Services w/Deacon Frank (MR) Rosary to follow service



Thank you to all our Veterans!

"As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them."

-John Fitzgerald Kennedy



Blackjack Tournament

Monday, November 12th 9:00 - 3:30

Tuesday, November 13th 9:00 - 3:30

Play offs - Wed., November 14th 9:00 - 10:30

Finals - Wednesday, November 14th 12:30

~ Grand Prize Winner ~

Two Tickets to a Cirque du Soleil Show

WHO'S WHO AT YOUR COMMUNITY

Robert Colbert R.N., R.F.A. - Vice President Assisted Living

Nicole Graham M.H.A., R.F.A. - Executive Director

Valerie Hall R.N. - Director of Wellness

Joe Leininger - Food Service Director

Erin Butler R.N. - Assistant Administrator

Barbara Phillips - Activity Coordinator

Roselee Coleman - Dining Services Coordinator

Shadé Momodu & Airmarie Markley - Receptionists

Nancy Voag - Transportation

Office Hours:

Monday - Sunday 8:00AM - 6:00PM

If you have any questions,

Please call or come by,

6741 N. Decatur Blvd. Bldg. 3

Las Vegas, NV. 89131

(702) 462-7700

Message From Your Executive Director

Flu Season is Here

How To Avoid Getting the Flu

1. Get a Flu shot.
2. Stay away from anyone who's coughing or sneezing.
3. Keep your hands away from your face and far from your mouth and nose.
4. Wash your hands often and especially after using the restroom.
5. Only use a tissue one time.
6. Toss your own tissue in the trash.
7. Avoid sharing food.
8. Get enough sleep.
9. Eat healthy.
10. Speak up, if you are feeling sick, tell someone.

