



30 Amazing Facts That Will Make You The Most Interesting Person In The Room

1. Vending machines kill 4 times as many people as sharks per year.
2. The average four year-old child asks over four hundred questions a day.
3. More than 2,500 left-handed people are killed every year from using equipment meant for right-handed people.
4. The average adult human has two to nine pounds of bacteria in his or her body.
5. Starfish can re-grow their arms. In fact, a single arm can regenerate a whole body.
6. Google's founders were willing to sell to Excite for under \$1 million in 1999—but Excite turned them down.
7. Janis Joplin left \$2,500 in her will for her friends to "have a ball after I'm gone."
8. The population of Ireland is still 2 million less than it was before the potato famine, 160 years ago.
9. There's a basketball court above the Supreme Court. It's known as the Highest Court in the Land.
10. If the human brain were a computer, it could perform 38 thousand-trillion operations per second.
11. Multiple "Marlboro Men" have died from lung cancer.
12. The oldest person on Earth was born closer to the signing of the United States Constitution than to today.
13. When your mother was born, she was already carrying the egg that would become you.
14. A mosquito has 47 teeth.
15. The longest interval between the birth of twins is 87 days.
16. More people in the world currently suffer from obesity than from hunger.
17. The New York Yankees have won as many World Series as the next four closest teams combined.
18. A mouse can fit through a hole the size of a ballpoint pen.
19. Michael Jordan makes more money from Nike annually than all of the Nike factory workers in Malaysia combined.
20. Half of all humans who have ever lived have died from malaria.
21. The average hummingbird's heart rate is more than 1,200 beats per minute.
22. Cookie Monster's real name is Sid.
23. Humans share 50% of their DNA with bananas.
24. In 30 minutes, the human body gives off enough heat to bring a gallon of water to a boil.
25. Airplane food isn't very tasty because our sense of smell and taste decrease by 20 to 50 percent during flights.
26. In New York City, approximately 1,600 people are bitten by other humans annually.
27. Cotton Candy was invented by a dentist.
28. There are more cars than people in Los Angeles.
29. Bubble wrap was originally designed to be used as wallpaper.
30. Nutella was invented during WWII, when an Italian pastry maker mixed hazelnuts into chocolate to extend his chocolate.



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BIRTHDAYS... WELCOME... INFORMATION...

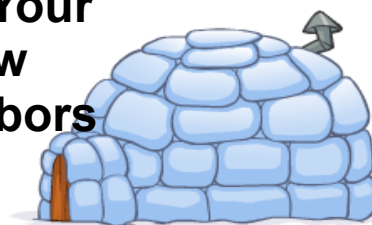


Happy, Happy Birthday

Fumiko F.	1/5	Betty D.	1/23
Josephine N.	1/9	Irene H.	1/24
Bella A.	1/9	Marty K.	1/26
Lillian A.	1/16	Ethel B.	1/28

*The Resident's Birthday Party is on **January 29th, 2019** at **2:30pm** in the **Dining Room**. Birthday Cake & Musical Entertainment by Tommy & Susan, Sponsored by Compassion Care.*

Meet Your New Neighbors



William & Sophie	109	Richie	322
Randy & Margaret	123	David	329
Maggie	131		

TRIPS, TOURS AND SHOPPING

Mondays, Wednesdays & Fridays are Doctor Appointment Days
Tuesdays & Thursdays Trips, Tours and Shopping



Day	Date	Time	Location of Activity
Thursday	3	9:00 - 11:30	Wal-Mart
		2:15- 4:15	Bank/Post Office
Tuesday	8	9:00 - 11:30	Wal-Mart
Thursday	10	9:00 - 11:30	Dollar Tree
		2:15 - 4:15	Hobby Lobby / Barnes & Noble
Tuesday	15	9:00 - 11:30	Wal-Mart
		2:15 - 4:15	Savers Thrift Store/ Big Lots
Thursday	17	9:00 - 11:30	Target / Ross
		2:15 - 4:15	99 Cents Store / Sprouts
Tuesday	22	9:00 - 11:30	Wal-Mart
		2:15 - 4:15	Wal-Mart
Thursday	24	9:00 - 11:30	Marshall's / TJ Maxx
		2:15- 4:15	Albertson's / CVS
Tuesday	29	9:00 - 11:30	Wal-Mart
		2:15 - 4:15	Kohl's / Walgreens
Thursday	31	9:00 - 11:30	Trader Joe's
		2:15 - 4:15	Rampart / Sun Coast Casino

MONTHLY FUN FACTS

Happy Birthday Employees!



Maribel O.	1/11	Med Tech
Trina G.	1/25	Med Tech
Sharon L.	1/25	Med Tech
Manny M.	1/29	Caregiver



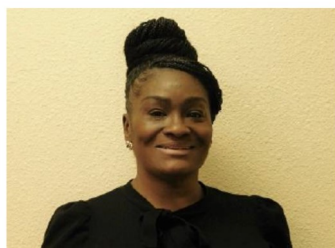
Zodiac Sign
Capricorn Dec 22 - Jan 19
Aquarius Jan 20 - Feb 18

January
Birth Flower is
Carnation

Birthstone
is **Garnet**



MEET CAROLINE!



It is with great pleasure that we announce Caroline Sanders is joining our team as our new Housekeeper.

Caroline comes to us with ten years' experience in the healthcare field. Most recently, she worked as a Resident Care Associate with Brookdale Senior Living. Prior to that, she worked as Caregiver with Timeless Residential. Caroline is also a certified Medical Assistant.

Caroline was born in Monroe, Louisiana. She relocated to Las Vegas in 24 years ago.

In her free time, Caroline enjoys reading, going to church, and spending time with family.

You can find always Caroline with a warm smile on her face, or singing some tunes down the hall!

Please join us in welcoming Caroline to the team and wishing her great success!

COMMON MISCONCEPTIONS

- Twinkies have a shelf life of approximately 45 days (25 in their original formulation)—far shorter than the common (and somewhat jocular) myth that Twinkies are edible for decades or longer. They generally remain on a store shelf for only 7 to 10 days.
- Fortune cookies, despite being associated with Chinese cuisine in the United States, were invented in Japan and introduced to the US by the Japanese. The cookies are extremely rare in China, where they are seen as symbols of American cuisine.
- Microwave ovens do not cook food from the inside out. 2.45 GHz microwaves can only penetrate approximately 1 centimeter (0.39 in) into most foods. The inside portions of thicker foods are mainly heated by heat conducted from the outer portions.
- It is rarely necessary to wait 24 hours before filing a missing person report. In instances where there is evidence of violence or of an unusual absence, law enforcement agencies in the United States often stress the importance of beginning an investigation promptly. The UK government website says in large type, "You don't have to wait 24 hours before contacting the police".
- "Edelweiss" is not the national anthem of Austria, but an original composition created for the musical *The Sound of Music*. The Austrian national anthem is "Land der Berge, Land am Strome" ("Land of the Mountains, Land on the River").
- "Twinkle, Twinkle, Little Star" was not composed by Wolfgang Amadeus Mozart when he was 5 years old.

WORD SEARCH - MOST COMMON PETS

R	G	L	I	Z	A	R	D	G	O	A	T	U	A
T	L	F	H	E	L	T	R	U	T	E	S	R	I
A	U	S	G	S	E	K	A	N	S	U	H	A	G
C	I	R	U	R	I	E	R	D	R	I	B	L	A
T	A	I	I	E	I	F	L	G	B	D	O	I	I
U	G	T	N	T	A	F	T	E	S	S	L	B	L
S	T	N	E	S	B	O	T	R	U	T	L	R	I
D	E	F	A	M	E	M	T	L	R	F	E	E	G
I	R	B	P	A	G	O	I	G	A	O	L	G	A
T	G	H	I	H	R	U	U	H	T	T	A	I	E
G	K	U	G	R	I	S	C	H	I	C	K	E	N
O	A	B	A	A	R	E	D	F	E	R	R	E	T
D	T	N	R	N	A	U	D	U	A	A	T	S	K
R	I	S	R	I	A	A	A	F	N	I	T	O	H

CAT
BIRD
CHICKEN
IGUANA
FISH

GUINEA PIG
RAT
DOG
FERRET
HAMSTER

LIZARD
SNAKE
GERBIL
TURTLE
MOUSE

GET TO KNOW YOUR NEIGHBOR BENJAMIN



Meet Ben! Laughter is one of the secrets to Ben's long and happy life and is a philosophy he lives by each and every day. Ben was born in Minneapolis, Minnesota and grew up with four other siblings – a total of four boys and one girl in their family. Ben's mother was the matriarch and ran the household all while fostering a sense of humor in the house and her family. Ben can still think back to funny times with his siblings and mother and spontaneously smile at all the memories.

Ben lived in his hometown of Minneapolis for 50 years. Shortly after High School, Ben met and married Ida, a girl from the neighboring city of St. Paul. In addition to her beauty, Ida had a quick wit and lots of spirit. In fact, at their first meeting, Ben and Ida had an argument. After their second meeting and another argument, and in that moment, Ben knew he'd met a feisty woman and he asked her out on a date. The rest is history.

Ben and Ida married and had two wonderful children, Nancy and Perry. Truth be told, although Ben keeps everyone laughing today, Ida was the real joke teller in the family!

After raising their family in Minneapolis, Ben and Ida moved to Los Angeles, California and lived there for 15 years to be closer to their children. Both Ben and Ida worked for the May Company (a predecessor of Macy's). As a Shoe Coordinator, he oversaw the shoe department in 17 different stores throughout the Los Angeles area. When Ben turned 65, the couple decided to move to Las Vegas and call it their home. Ben started working at New West Mattress where he worked for a few years, and then landed a job at Best Mattress Company. After decades as a working man, Ben finally retired at the age of 80. Ben says he would still be working 'til this day – if only he could walk like he was 50 years old again. Ben and Ida watched Las Vegas grow up to become the city it is today. Ben mentioned that back then, you had to go to downtown Las Vegas for all the fun. During those days, Ben dabbled with the sports books and Ida enjoyed the slots.

Ben and Ida were married for over 60 years. After Ida's passing, Ben moved to Silver Sky in April of 2015. His apartment is elegantly decorated by his son with beautiful furnishings and lots of family photos hung along the walls. Ben is grateful that he raised a responsible daughter to manage all his paperwork and bills so that he can sit back, relax, and enjoy the good life. Ben feels blessed to have raised such wonderful children. In addition, Ben is the proud grandpa to his daughter's adorable dog, Mocha, also known as his "grand-doggy".

Ben loves living at Silver Sky and enjoys playing poker. One of his favorite things to do to stay active is to exercise and socialize at Nifty After Fifty. He enjoys watching sports and is excited for the NFL Raiders to make their move to Las Vegas and he looks forward to cheering them on in the near future. His favorite NBA basketball team is the Los Angeles Lakers, as they were originally from his hometown of Minneapolis. At the age of 93, Ben is most thankful for his wonderful life and family. He still brings laughter to all he meets.



RELIGIOUS SERVICES

Wednesdays	2:30pm	Torah Class w/ Rabbi Chaiton (AR/ Every Other Wednesday)
Thursdays	2:00pm	Catholic Services w/ Joe or Ray (TH)
Saturdays	10:00am	Prayer Group & Communion w/ Jenny (TH)
Sundays	10:00pm	Bible Study w/ Judy (AR)

WHAT'S HAPPENING AT OUR COMMUNITY



Santa made a special appearance during lunch!



Martha loves our Pet Therapy pup, Frankie



Putting our Gingerbread House Making skills to the test

WHO'S WHO AT YOUR COMMUNITY

Robert Colbert, RN, RFA - Vice President Assisted Living

Mike Trail, CPhT, RFA - Administrator

Jeanne Koester, RN - Director of Wellness

Joe Leininger - Executive Chef

Erin Butler - Assistant Administrator

Sabrina Severson - Medication Care Specialist

Barbara Phillips - Activity Coordinator

Karen Rodriguez - Activity Specialist

Jorge Reyes - Dining Services Coordinator

Jose Monroy - Lead Facilities Technician

Yvonne Vera & Lisa Cecere- Receptionists

Office Hours:

Monday - Sunday 8:00AM - 6:00PM

If you have any questions,

Please call or come by,

(702) 835-9040

8220 Silver Sky Dr. 89145