

## Resource Guide for Residents - Florida

POAH Communities understands that you and your family may have concerns and questions during this time of uncertainty regarding the COVID-19 pandemic. We are sharing the below resource guide with you in order to provide you with information and resources that will to keep you safe and comfortable in your home.

This Resource Guide lists contact information and links to local food distribution “grab and go” centers, school-based breakfast and lunch programs for children, senior services, emergency childcare, state unemployment applications, emergency funds, and more. POAH Communities will be updating this document on a regular basis as the situation changes, posting it on the POAH Communities website under our COVID-19 Response to Residents page.

If you or any member of your household need individual referral assistance, we encourage you to reach out to your on-site Management Office and/or Community Impact Coordinator. As a reminder, please contact your Primary Healthcare Provider or 911 immediately for any medical needs, as POAH Communities is not a healthcare provider.

Resource	Website	Region(s) Served	Phone Number	Assistance Type	Notes
<b>Florida Updates – COVID19</b>	<a href="https://floridahealthcovid19.gov/">https://floridahealthcovid19.gov/</a>	Statewide	1-866-779-6121	Information & Updates	State of FL’s main website for state-specific up-to-date information regarding the COVID-19 pandemic.
<b>Centers for Disease Control and Prevention (CDC)</b>	<a href="https://www.cdc.gov/coronaviruses/2019-nCoV/">https://www.cdc.gov/coronaviruses/2019-nCoV/</a>	Statewide	800-232-4636	Health / Medical	The CDC is a reliable source of accurate information regarding the COVID-19 pandemic.
<b>Miami Dade County Updates – COVID19</b>	<a href="https://www.miamidade.gov/global/initiatives/coronavirus/home.page">https://www.miamidade.gov/global/initiatives/coronavirus/home.page</a>	Miami Dade		Information & Updates	Miami Dade County’s main website for county-specific information regarding the COVID-19 pandemic.
<b>Florida Department of Economic Opportunity – Reemployment Assistance Info</b>	<a href="http://www.floridajobs.org/docs/default-source/ra-dua-documentation/dua-faqs-3-17-20-updates.pdf?sfvrsn=805543b0_4">http://www.floridajobs.org/docs/default-source/ra-dua-documentation/dua-faqs-3-17-20-updates.pdf?sfvrsn=805543b0_4</a>	Statewide	1-800-681-8102	Re-employment Assistance	Link features answers to frequently asked questions regarding Reemployment Assistance, in particular updated guidelines in response to COVID-19. Individuals who may qualify include those who are quarantined by a medical professional or government agency, those who are laid off or sent home without pay for an extended period of time by their employer due to COVID-19 concerns, or those who are caring

					for an immediate family member who is diagnosed with COVID-19.
<b>Manage Anxiety &amp; Stress</b>	<a href="https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html">https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html</a>	Statewide		Health / Medical	The outbreak of coronavirus disease 2019 (COVID-19) may be stressful for people. Fear and anxiety about a disease can be overwhelming and cause strong emotions in adults and children. Coping with stress will make you, the people you care about, and your community stronger.
<b>Miami Dade County – Light Bill Assistance</b>	<a href="https://www.miamidade.gov/global/service.page?Mduid_service=ser1504204216164378">https://www.miamidade.gov/global/service.page?Mduid_service=ser1504204216164378</a>	Miami-Dade	786-469-4640	Utility & Emergency Assistance	Visit website for information regarding LIHEAP, Care to Share program, and energy assistance for households with one person aged 60 or older
<b>Community Health of South Florida (CHI)</b>	<a href="https://www.chisouthfl.org/">https://www.chisouthfl.org/</a>	Miami	(305)252-4820	Health / Medical	CHI will continue to conduct drive through COVID-19 testing at its Doris Ison Health Center 10300 SW 216 St. Miami FL 33190 Monday through Friday from 9am to noon.
<b>Clinica Las Mercedes</b>	<a href="https://mercedesmedicalcenters.com/">https://mercedesmedicalcenters.com/</a>	Miami	305-423-4044	Health / Medical	
<b>Fresh Start Family Services</b>	<a href="https://www.freshstartmiami.org/">https://www.freshstartmiami.org/</a>	Miami	413-781-8800 305-623-9937	Health / Medical; Food / Meals; Financial; Housing; Services	
<b>La Colonia</b>	<a href="https://www.lacoloniamedicalcenters.com/">https://www.lacoloniamedicalcenters.com/</a>	Miami	305-823-3312	Health / Medical	
<b>New Bethel AME Church</b>		Miami	305-254-3454	Community	
<b>PsychSolutions, Inc.</b>	<a href="https://www.psychsolutionsinc.net/">https://www.psychsolutionsinc.net/</a>	Miami Springs	(786) 231 5888	Mental & Behavioral Health	
<b>Northeast Florida Community Action Agency (NFCAA)</b>	<a href="http://www.nfcaa.org/programs#low-income-home-energy-assistance-program">http://www.nfcaa.org/programs#low-income-home-energy-assistance-program</a>	Orange Park	904-362-8052	Utility Assistance	All appointments must be made through the appointment line 904-362-8052. Customers may go online to www.nfcaa.org under “Programs - LIHEAP” to print the application or one can be mailed prior to the appointment. Copies of all required

					documentation must be submitted with the application. A list of the required documentation can also be downloaded from the website along with the application.
<b>Elevate Life Church</b>	<a href="http://live.elevatelife.tv/">http://live.elevatelife.tv/</a>	Orange Park	904-437-4064	Community	
<b>Faith Community Church of God</b>	<a href="https://www.faithccop.org/">https://www.faithccop.org/</a>	Orange Park	904-264-7540	Community	
<b>St. Vincent de Paul – Orange Park</b>	<a href="https://stcatherineop.com/">https://stcatherineop.com/</a>	Orange Park	904-264-0577	Community	
<b>Grace Anglican Church</b>	<a href="https://www.graceanglican.church/">https://www.graceanglican.church/</a>	Fleming Island	904-541-1234	Community	
<b>Brevard County Community Action Agency</b>	<a href="https://www.brevardfl.gov/HumanServices/CommunityResources/ActionAgency">https://www.brevardfl.gov/HumanServices/CommunityResources/ActionAgency</a>	Melbourne	(321) 633-1951	Utility & Emergency Rental Assistance	Go to website to download application for LIHEAP or other emergency rental assistance, or call/email Stephanie Bryant at 321-633-1951 or <a href="mailto:stephanie.bryant@brevardFL.gov">stephanie.bryant@brevardFL.gov</a> for more information
<b>Daily BREAD</b>	<a href="http://dailybreadinc.org/daily-bread-corona-virus-update/">http://dailybreadinc.org/daily-bread-corona-virus-update/</a>	Melbourne	321-723-1060	Food / Meals	Assist with Food & Household Supplies
<b>South Brevard Sharing Center</b>	<a href="https://www.mysbsc.org/">https://www.mysbsc.org/</a>	Melbourne	321-727-8581	Food / Meals	Assist with Food & Household Supplies
<b>Circles of Care</b>	<a href="https://www.circlesofcare.org/current1/home-page.html">https://www.circlesofcare.org/current1/home-page.html</a>	Melbourne	321-722-5200	Mental Health & Counseling Services	Assist with Mental Health & Counseling Providers for support during difficult times
<b>Brevard County Emergency Management</b>	<a href="https://www.brevardfl.gov/emergency-event/status-reports">https://www.brevardfl.gov/emergency-event/status-reports</a>	Melbourne	321-637-6670	Information	Information on catastrophic event in the area
<b>Instacart – Groceries Delivered</b>	<a href="https://www.instacart.com/">https://www.instacart.com/</a>	Statewide		Food / Meals	Home delivery of online grocery orders. First delivery is free. 5% service fee for orders. Minimum fee is \$2.
<b>Second Harvest Food Bank of Central Florida</b>	<a href="https://www.feedhopenow.org/site/SPageServer/">https://www.feedhopenow.org/site/SPageServer/</a>	Melbourne	407-295-1066	Food / Meals	Visit the website or call for updates – and use their Food Locator tool to find a food pantry near you: <a href="https://www.feedhopenow.org/site/SPageServer/?pagename=need_food">https://www.feedhopenow.org/site/SPageServer/?pagename=need_food</a>

<b>Salvation Army of FL</b>	<a href="https://salvationarmyflorida.org/locations/">https://salvationarmyflorida.org/locations/</a>	Statewide		Health / Medical; Food / Meals; Housing	Visit the website to find locations near you.
<b>Salvation Army – Melbourne Pantry</b>		Melbourne	321-724-0494	Food / Meals	Monday – Thursday 9 AM to 4 PM, Friday 9 AM – 12 PM. Pantry is located at 1080 S. Hickory Street Melbourne FL 32901 – located in the Social Services building, closed for lunch 12-1 PM.
<b>Aging Matters</b>	<a href="https://agingmattersbrevard.org/">https://agingmattersbrevard.org/</a>	Melbourne	321-639-8770		
<b>Dollar General</b>	<a href="https://www.dollargeneral.com/">https://www.dollargeneral.com/</a>	Statewide		Other	Dollar General’s first hour of business daily is dedicated to seniors, before opening to the public.
<b>Comcast</b>	<a href="https://www.xfinity.com/wifi">https://www.xfinity.com/wifi</a>	Statewide	1-855-846-8376	Other	Comcast will be pausing their data plans. There will be no disconnects or late fees. They also offer additional cost savings programs for low income households and students.
<b>CVS – Rx Delivery</b>	<a href="https://www.cvs.com/content/delivery?icid=cvs-home-covid19-banner-Rx-delivery">https://www.cvs.com/content/delivery?icid=cvs-home-covid19-banner-Rx-delivery</a>	Statewide	888-300-4419	Health / Medical; Food / Meals	Please call your local store or visit the website for more info regarding Rx delivery.  CVS COVID-19 information hotline: 1-888-300-4419
<b>Publix</b>	<a href="https://www.publix.com/">https://www.publix.com/</a>	Statewide		Food / Meals	Beginning Tuesday 3/24/2020, Publix will open two mornings a week from 7 AM to 8 AM for customers age 65 and above exclusively. Publix is also suspending refunds on products purchased during the declared COVID-19 emergency to discourage hoarding of food and other supplies.
<b>Meals on Wheels</b>	<a href="https://www.mealsonwheelsamerica.org/find-meals">https://www.mealsonwheelsamerica.org/find-meals</a>	Statewide	1-888-998-6325	Food / Meals	Please visit the website or call to reach out to your local Meals on Wheels service.
<b>Target</b>	<a href="https://www.target.com/">https://www.target.com/</a>	Statewide		Health / Medical; Food / Meals	Target is dedicating an hour each week for the elderly and those with underlying health concerns – who are the most vulnerable to

					COVID-19 – to shop. Please call your local store to learn more or visit the website.
<b>Walgreens – Rx Delivery</b>	<a href="https://www.walgreens.com/topic/pharmacy/prescription-delivery.jsp">https://www.walgreens.com/topic/pharmacy/prescription-delivery.jsp</a>	Statewide		Health / Medical; Food / Meals	Please call your local store or visit the website to learn more.
<b>Walmart</b>	<a href="https://www.walmart.com/">https://www.walmart.com/</a>	Statewide		Health / Medical; Food / Meals	Please visit the website or call your local store to learn more about delivery services.
<b>Stop and Shop</b>	<a href="https://stopandshop.com/">https://stopandshop.com/</a>	Statewide		Food / Meals	Senior hours from 6 AM – 7:30 AM.
<b>The Florida Department of Health in Brevard County</b>	<a href="http://brevard.floridahealth.gov/">http://brevard.floridahealth.gov/</a>	Brevard County	321-726-2920	Health	Monday thru Friday 8AM-5PM
<b>211 Florida</b>		Brevard County	321- 632-6688	Connects area residents to critical health and social service resource	24 hours a day, 7 days a week
<b>Coastal Psychiatric Urgent Care</b>		Brevard County	321-586-5444	Urgent care psychiatric services	Monday thru Friday 9AM-5PM
<b>American Red Cross</b>		Brevard County	321-890-1002	Provides relief and support to those in crisis	Tuesday thru Thursday 9AM-5PM Saturday 9AM-5PM
<b>Acquaviva's Pharmacy</b>		Melbourne	321-725-7188	Free Prescription delivery	Monday thru Friday 9AM-5PM