



10 Real-Life Romantic Stories That Top "The Notebook"

For the Romeos and Juliet's of the world, don't give up on true love just yet. In honor of Valentine's Day, here are some of the most romantic tearjerker true stories.

1. Romantic Rescue - Firefighter Mike Materia hugs Boston Marathon bombing survivor Roseann Sdoia after a press conference at Spaulding Rehabilitation Hospital. Roseann Sdoia was watching the 2013 Boston Marathon when the bomb went off. The explosion severed the bottom of her left leg, but the firefighter who helped save her life never left her side. Mike Materia held her hand, calming her down as they rushed to the hospital. He later visited Sdoia as she recovered, waiting with her for hours at doctor's appointments. Almost four years later, he proposed to the woman he helped rescue, and their love story even inspired a book.

2. Hidden Ring - An Australian couple went viral for the proposal of the decade when the clever fiancé hid the ring in plain sight for an entire year. Terry had crafted a wooden necklace for his girlfriend Anna to celebrate their one-year anniversary, but also carved out a secret compartment inside. When it came time to pop the question, he broke the seal and gave Anna the ring she'd unknowingly worn around her neck every day for months on end.

3. Young Love - A shortage of spending money didn't stop Cody Mitschelen from taking his girlfriend out for lunch. The teen went door-to-door mowing lawns to pay for a date. Luckily, Mitschelen's romantic ways caught the attention of the internet, prompting the restaurant to comp their meal. As for his hard-earned cash, the doting boyfriend spent it on the next best thing: a second date getting ice cream.

4. Never Too Late - The saying goes, "don't give up on love," and Maria Teresa Cobar is the living proof. The first-time bride finally found her soulmate at 80 years old. Carlos Victor Suarez, 95, lived across the hall at their nursing home and called their meeting as "love at first sight." Now, the couple spends their days together in the facility's honeymoon suite.

5. Childhood Crush - Don't discount a long-ago fling. After 25 years apart, two summer-camp sweethearts reconnected online in a chance encounter. Evan Leach sent a flirty message to Kim Kuhl, not realizing it was his teenage crush. (She'd changed her name from a previous marriage). Luckily, Kuhl remembered him immediately, and the two hit it off, getting hitched in Paris several years later.

6. The Year-Long Proposal - While Noah wrote Allie letters, Josh Schmitz went the more modern route by recording a message for his hopeful fiancée every day for an entire year.

Edited together, it was one epic way to pop the question. As for the answer? It was a resounding yes, of course!

7. In Sickness or Health - When doctors diagnosed Craig Lyons with terminal pancreatic cancer, he had to move up his wedding to fiancée Joan. But the couple didn't let the prognosis get in the way of their commitment to one another. During the reception, the bride shaved her head in solidarity with her ailing husband, and it's safe to say she looked simply beautiful.

8. The Girl Next Door - Sometimes you just know it from the start. When a young Thomas Howard laid eyes on his new neighbor, he decided right then she was the one. "I was only about 9 then and when I first saw Irene I thought, 'what a lovely girl, she's going to be my girl, this one' and my fondness for her grew since then," Thomas said. And he was right — over 80 years together, the childhood sweethearts are still in love.

9. 50 Years in the Making - It only took half a century for World War II vet Captain Paul Rothman and Holocaust escapee Geraldine Rosen to find each other, but fate brought them together. The New York residents lived just blocks apart, knew the same people, and worked in the same industry, but took decades to meet. Once they finally did, the coincidences were too strong to ignore. "She's the love of my life," said Paul. "What else is there to say?"

10. Second Time Around - After 23 years of marriage, they decided to call it quits. But another 23 years later, a forgiving couple realized they still loved each other, and decided to tie the knot again. While Roz and Ian Ellis may have drifted apart, they came "full circle"

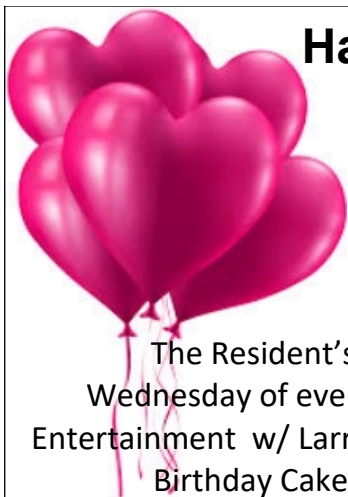
when their amicable divorce took an unexpected turn. "I never thought we'd get married again, but I'm so happy that we did," she said.



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BIRTHDAYS... WELCOME... INFORMATION...



Happy, Happy Birthday

Patty 2/12

Ruth T 2/16

Ardis 2/24

The Resident's Birthday Party is the last Wednesday of every month, in the Dining Room. Entertainment w/ Larry sponsored by Compassion Care, Birthday Cake sponsored by CareMore.

Get to Know Your Neighbors

1. Introduce yourself.
2. Wish someone a good day.
3. Start a conversation in the elevator.
4. Smile.
5. Listen more, talk less.
6. Learn a new game.
7. Try a new activity.
8. Invite another resident to take a walk.
9. Sit in a new area in the dining room.
10. Participate in daily activities.

TRIPS, TOURS AND SHOPPING

Mondays, Wednesdays & Fridays are Doctor Appointment Days
Tuesdays & Thursdays Trips, Tours and Shopping



Day	Date	Time	Location of Activity
Tuesday	5	9:00 - 11:30	Wal-Mart
		2:15 - 4:15	The 99 Cent Store
Thursday	7	9:00 - 11:30	The Dollar Tree
		2:30 - 4:15	Hobby Lobby, Target, Ross, WinCo or Smith's
Tuesday	12	9:00 - 11:30	Wal-Mart
Thursday	14	9:00 - 11:30	Trip to the Bank
		2:15 - 4:15	Aliante Casino
Tuesday	19	9:00 - 11:30	Wal-Mart
		2:15- 4:15	Kohl's, Kirkland, Tuesday Morning or Home Goods
Thursday	22	9:00 - 11:30	Shopping at Burlington
		2:15 - 4:15	Hobby Lobby, Target, Ross, WinCo or Smith's
Tuesday	26	9:00 - 11:30	Wal-Mart
		2:15- 4:15	Trader Joe's
Thursday	28	9:00 - 11:30	Krispy Kreme Donuts & Deseret Industries
		2:15- 4:15	Aliante Casino

NATIONAL WEAR RED DAY

National Wear Red Day®
Friday, February 1, 2019

The Nation Goes Red in February

On the first Friday of every February, which is designated as American Heart Month, the nation comes together, igniting a wave of red from coast to coast. From landmarks to news anchors and neighborhoods to online communities; this annual groundswell unites millions of people for a common goal: the eradication of heart disease and stroke.

What day is Go Red for Women?

This coming National Wear Red Day, **Feb. 1, 2019**, will mark 16 years since the initial National Wear Red Day, which was first observed to bring

national attention to the fact that heart disease is the #1 killer of women, and to raise awareness of women's heart health.

What are the early signs of heart disease?

Heart failure signs and symptoms may include:

- Shortness of breath (dyspnea) when you exert yourself or when you lie down.
- Fatigue and weakness.
- Swelling (edema) in your legs, ankles and feet.
- Rapid or irregular heartbeat.
- Reduced ability to exercise.
- Persistent cough or wheezing with white or pink blood-tinged phlegm.

FRIDAY, FEBRUARY 1

WEAR RED for awareness.

SHARE #WearRedDay
on social media.



SUPER BOWL PARTY



Sunday, Feb. 3, 2019 @ 3:30

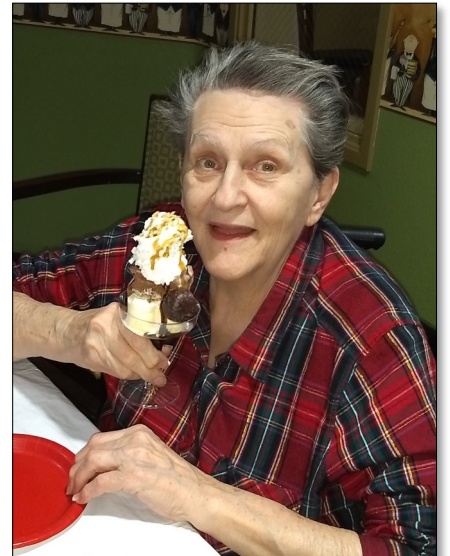
Join us in the Living Room to watch the Super Bowl
and munch on Hot Dogs, Chips and Drinks.



WHAT'S HAPPENING IN YOUR COMMUNITY



Volunteer
Scott's
Old
Fashion
Ice
Cream
Parlor
Party



GET TO KNOW YOUR NEIGHBOR

Delbert Schrader was born April 17, 1944 in Los Angeles California to Waylan and Elmer Schrader. His father was a sub-contractor painter and painted Richfield Service Stations from Kansas to California. His mother attended Los Angeles Community College and studied nursing. Delbert grew up with four siblings, Carolyn, Michael, Mari, and Stephen.

At a young age Delbert was diagnosed with Cerebral Palsy and persevered through many challenges.

To earn a little spending money Delbert's worked after school at the neighborhood grocery store. He enjoyed the interaction with his co-workers and the customers. In his free time he liked bowling with his uncle.

Delbert attended Leuziener High School in Lawndale California. He graduated in 1962. Coincidentally his mother graduated from nursing school that same day. Delbert said they had a grand party and celebrated all day.

Delbert continued his education by attending El Camino Jr College studying business and accounting. Delbert completed his studies in 1964.

While in school Delbert worked as an accounting clerk for Security Pacific Bank. The bank was later acquired by Bank of America. Delbert worked there for 40 years until he retired in 2004.

Shortly after completing Jr. College, Delbert met his future wife, Mayre at church. It was love at first sight and they had a lot in common. Mayre also worked in accounting as an administrative assistant for World Vision. Delbert and Mayre married six months after their first meeting.

In 1976 Delbert and Mayre decided to start their family by adopting a baby girl. They named her Rhonda. Their church helped with the adoption arrangements as well as baby supplies.

Delbert says he loves television and his favorite TV Shows included: Ozzie and Harriet, Beverly Hillbillies, Bonanza, Dick Van Dyke, Dragnet, Green Acres, Hawaii 5-0, and I love Lucy

Delbert and Mayre moved to Silver Sky at Deer Springs in April 2018. They feel very lucky to be living in such a beautiful community. Delbert especially enjoys the activity trips.



RELIGIOUS SERVICES

Sundays	7:30 AM	Catholic Mass Channel 6 KVCW (TH)
Fridays	11:00 AM	Catholic Services w/Deacon Frank (MR) Rosary to follow service
Fridays	2:00 PM	Stephen Ministries w/ Volunteer residents Myrna (TH)

GO RED FOR WOMEN



~ Go Red Day ~
Luncheon at
Decatur Pines
Friday, Feb. 1st,
at 11:30

Plan on wearing Red to show
your commitment and passion
for fighting Heart Disease.

Join Us for Lunch & Learn
Guest Speaker Jessica
from CareMore + Entertainment
w/ Arthur James

WHO'S WHO AT YOUR COMMUNITY

Robert Colbert R.N., R.F.A. - Vice President Assisted Living
Nicole Graham M.H.A., R.F.A. - Executive Director
Valerie Hall R.N. - Director of Wellness
Joe Leininger - Food Service Director
Dawn Lewis - Director of Community Engagement
Erin Leroux R.N. - Assistant Administrator
Barbara Phillips - Activity Coordinator
Roselee Coleman - Dining Services Coordinator
Shadé Momodu - Receptionist
Nancy Voag - Transportation

Office Hours:
Monday - Sunday 8:00AM - 6:00PM
If you have any questions,
Please call or come by,
6741 N. Decatur Blvd. Bldg. 3
Las Vegas, NV. 89131
(702) 462-7700



Thank you to Shadow Ridge High School students for assisting us in making these adorable snowmen.



Resident Council
Is the Last Monday of the
month at 2:00PM (MR)

**Congratulations to Our 2019
Resident Council Board**
Eleanor - President
Myrna - Vice President
Secretary - Barbara

